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MK NEWS

Get out and about in the parks this winter

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Dons win in penalty shoot-out

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Loading bay moved day before scaffold collapse

BY ALICIA BABAEE

alicia.babaee@mk-news.co.uk

A VITAL piece of equipment was removed from the scaffolding structure at Jurys Inn the day before it collapsed, an inquest has heard.

Evidence suggests that a loading bay was taken down before it was finished with in order for other work to continue.

Carpenter John Robinson, who was on the scaffolding when it crashed to the ground on April 11, 2006, died in hospital three days later.

Yesterday a solicitor said evidence yet to be heard by the inquest would suggest substantial parts of scaffolding were missing.

Mr Robinson, 49, from Condor Close, Eaglestone, suffered broken ribs, lacerations to his left thigh and eye, and abrasions to his calf.

His injuries were not considered to be life-threatening but he died suddenly from a blood clot on April 14.

Witnesses described how the moveable loading bay, designed to lift heavy pallets of cladding tiles onto the 19 levels of scaffolding, was taken down by North Notts Scaffolding on April 10 on the instruction of main contractor McAleer and Rush.

Tiles had not yet been delivered to the 17th, 18th and 19th levels.

Previously two pallets, weighing 1,200 kilos, the equivalent of 60 holiday suitcases, had been loaded onto the scaffolding every two days but the dismantling of the loading bay changed the working method.

Patrick McClory, one of two site managers working for McAleer and Rush, admitted that he had not read all the safety documentation provided by subcontractors.

The Northern Ireland resident was due to take over from another site manager who was emigrating to Australia. They were both working on the site at the time of the collapse.

Mr Weston, representing Mr Robinson's employer Lee Smith Carpentry Ltd, suggested that the loading bay was taken away early due to an appointment for utilities companies to connect the building to electricity and gas. They could not do this while the loading bay was still in place.

Mr McClory said: "There was an abundance of works to be done at low level."

When asked if he had read all the documentation and weekly scaffolding reports Mr McClory said: "It was at an advanced stage.

"It was an ongoing process. I was reading through various method statements."

He could not recall finding complete records of weekly scaffolding inspections following the departure of his colleague and said he was not aware that adding extra pallets would cause problems.

Mr Robinson's son, Mark Robinson, and another worker, were taken to hospital but they survived.

Witnesses described hearing a 'rumble' as they saw the structure topple to the floor.

Andrew Salter who was working on a nearby site said: "It was like watching something in the movies, it was surreal, it was like thunder."

Other witnesses described the weather that day as 'horrendous'.

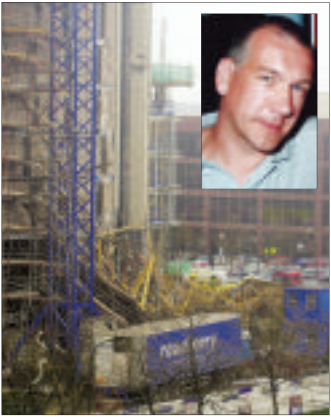
A truck driver dived under the cab of his vehicle for protection as the scaffolding came down.

John Scurr, a vascular surgeon, complimented staff at Milton Keynes General Hospital for recognising that Mr Robinson was at risk of a blood clot and dealing with it in the best way possible considering his injuries.

He said: "He suffered a sudden, massive, pulmonary embolism."

Home Office pathologist Dr Ken Shorrock said: "He would not have died when he did had he not been involved in the accident."

The inquest could last up to two weeks.



The scaffolding crash at in April 2006 that cost the life of carpenter John Robinson, inset

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Pilot Mustafa Aolad who will whisk away Kanti Majithia and Sarla Pabari to wed in a Dakota aircraft

Hindu marriage is 'made in heaven'

BY ROB GIBSON
rob.gibson@mk-news.co.uk

A COUPLE will tie the knot in style when they marry in an aeroplane 2,000 feet above Milton Keynes.

Kanti Majithia, 66, will marry Sarla Pabari, who lives in Bletchley, during a Hindu wedding ceremony as they fly over the city on Saturday, January 26.

Around 30 guests will board a Douglas Dakota DC-3 to witness the couple exchange their oaths mid-flight.

Mr Majithia said: "It was my idea. I thought it would be something different; something new.

"It's very exciting."

According to the pilot, Mustafa Aolad, the event will recreate a scene from the 1964 Bollywood blockbuster Sangam, capturing the golden age of aviation and the romance of the bygone era.

In the morning the bride and groom will arrive at Jaipur Indian restaurant in the city centre, where they will share a traditional Indian breakfast with guests, followed by a hot cup of cha.

After breakfast the congregation will travel in a fleet of white stretch limousines to the register office in Bletchley for the formal ceremony.

A Rolls Royce will then whisk the couple, with their entourage in tow, towards Cranfield Airport where the flight crew will be waiting. A priest will bless the plane before it takes off, escorted by a World War Two Spitfire fighter.

The planes will fly over Milton Keynes before passing over the groom's home in Leicester and returning within half-an-hour.

Organiser and master of ceremonies, Jay Pabari, said: "It's totally remarkable because of their age but they're both very young at heart.

"They've both lost partners over the last four or five years and their friendship has grown – everybody needs a partner.

"They're a very happy couple."

Once back on terra firma the couple will return to the Jaipur for a reception,with 150 guests.

MP speaks out on rail chaos

HEAVY disruption on rail lines that caused chaos for commuters during the first few days of the new year led to a debate in the House of Commons last night.

The disruption was caused by engineering works being carried out by Network Rail on the west coast main line at Rugby in Warwickshire taking longer than expected. it meant knock on effects for MK travellers.

The issue was to be discussed during an Opposition Day in the House of Commons last night (Tuesday, January 8).

MP for North East Milton Keynes, Mark Lancaster, was set to highlight local commuters' concerns.

"Yet again last week we saw how it was the poor Milton Keynes commuter that suffered the brunt of both the Government's and Network Rail's incompetence," said Mr Lancaster yesterday.

"Having campaigned long and hard for 'I before E' or infrastructure before expansion' a key element must be a reliable rail service for Milton Keynes residents, something that seems far from certain at the moment."

Mr Lancaster added that he has written to the chief executive of Network Rail asking when the further engineering works planned for Milton Keynes are due to take place and, to seek his assurance that they will be completed with the minimum of interference to local commuters.

Burglary boys given 'last chance'

TWO boys have been offered their 'last chance' after magistrates spared them a prison sentence for burglary and criminal damage.

The youths, both from Milton Keynes, are aged 15 and 16 but cannot be named for legal reasons. They appeared with their parents at Milton Keynes Youth Court yesterday.

Both defendants pleaded guilty to entering a garage and shed in Daniels Welch, Coffee Hall, on July 31 last year, and stealing cases of drink.

The teenagers also admitted causing criminal damage on November 12, when they broke a garden fence and verbally abused the elderly owner.

Taking into account their previous convictions, chairman of the bench, Leslie Geddes, said: "There was a very good chance of both of you going into custody.

"You are right on the edge of going inside."

The 15-year-old was convicted last year for a string of offences including racially aggravated common assault. Last April a Muslim woman was racially abused and spat on in a city underpass. DNA obtained from spit on her headscarf identified the 15-year-old.

Yesterday he was sentenced to a two-year supervision order, ordered to pay costs of £60 and £160 compensation.

Ms Geddes said: "These are serious offences and you are extremely lucky not to go into custody.

"This is your last chance today.

"We expect you not to commit any more offences."

The 16-year-old was given a nine-month curfew order, which means he will be electronically tagged and must stay indoors from 8pm to 7am.

He was ordered to pay costs of £60 and £70 compensation.

On-line tributes to dead marine

BY LAURA HANNAM

laura.hannam@mk-news.co.uk

A TWENTY-FIVE-YEAR-OLD marine from Milton Keynes has died while on leave in Portsmouth.

Tributes from friends and family to Second Lieutenant Neville Antony Lockwood, who died on Friday, December 21, have flooded in to a group set up on the social networking website Facebook.

The circumstances of his death are not yet clear and an inquest was opened by the Portsmouth and South East Hampshire coroner, on Wednesday January 2.

Second Lt Lockwood, from The High Street, Two Mile Ash, had started his officer's training at a base in Lympstone, Devon in September 2007.

He joined the Royal Marine reserves in London in November 2006 after graduating from Plymouth University in 2003.

On the website, friends said he was 'finally doing the job he had always dreamed of and was so very happy doing it'.

They also speak of his cracking sense of humour, his pranks and his love of rugby and underwater hockey, known as octopush.

One friend said he was universally loved and admired. The tragic loss of a life that touched so many people is overwhelming.

Second Lt Lockwood lived in Two Mile Ash from the age of four and attended Two Mile Ash Middle School and Denbigh School in Shenley Church End.

A spokesman for the Ministry of Defence said: "We can confirm that a Royal Marine officer died in Portsmouth on December 21 2007.

"His next of kin have been informed.

"The thoughts and sympathies of the Royal Navy and the Royal Marines are with his family at this difficult time."

The inquest has been adjourned for several months.

Second Lt Lockwood's funeral will be held at The Church of the Holy Cross, High Street, Two Mile Ash on Monday January 14 at 12pm.

He will be buried with his father's ashes interred with him at New Bradwell Cemetery.

Dead: Royal Marine Second Lieutenant Neville Lockwood

Under age smokers are buying cigarettes from pub machines

NEARLY 80 per cent of pubs visited in a recent undercover operation by trading standards officers in Milton Keynes allowed a child to buy cigarettes from a vending machine.

The operation was organised to further highlight the need for publicans to be vigilant in making sure young people cannot easily buy cigarettes from machines on their premises.

Following the law change in October this year raising the legal age for buying cigarettes from 16 to 18, MK Council wrote to publicans with advice about how they could make sure the law is obeyed.

But in an undercover operation in December a 14-year-old boy working with trading standards officers visited 14 public houses and on 11 occasions he was able to buy cigarettes from a machine.

This was in the light of a recent study by the British Heart Foundation that found an estimated 46,000 11-15-year-olds in England and Wales buy cigarettes from vending machines – one in six of children who regularly smoke.

Trading standards officers were disappointed at how easy it had been for the child to buy cigarettes considering they had written to all pubs telling them about the best way to police their machines.

Senior trading standards officer, Allan Martin, said: "The publicity surrounding the legislation has been very thorough. In addition we provided advice and information to businesses locally.

"We will be making further investigations and contacting the businesses concerned."

Under the existing law, shopkeepers who sell cigarettes to children under 18 can be fined up to £2,500.

Recent Government research found around 450 children start smoking every day

The same research finds that 20 per cent of Britain's 15-year-olds – 16 per cent of boys and 25 per cent of girls – are regular smokers.

Hungry footballer stole mince pies

A TEENAGER told magistrates he stole two boxes of mince pies at Christmas because he was hungry.

The 15-year-old Milton Keynes boy, who can not be named for legal reasons, admitted stealing the pies along with a bottle of drink from the Budgens store in Kents Hill on December 22.

He appeared with his mother at Milton Keynes Youth Court yesterday.

Addressing the magistrates, he said: "The temptation got the better of me. I had been playing football for hours and I was hungry.

"I know it's not acceptable and I was stupid."

Police arrested the youth after he was recognised on CCTV.

He told them he did not have any money at the time to pay for the goods.

Magistrates ordered him to pay costs of £60 and compensation to the store.

He was also given a referral order for three months, meaning he must attend meetings with the Youth Offending Team.

BUS STOP PLAYS STABLE IN CHURCH NATIVITY DISPLAY
SEE PAGE 11

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Fare points

SIR – Your front page story on recent rise in fares brings out some interesting points.

You have stated that the cost of peak day (travel before 9.30 am) return ticket from Milton Keynes to Euston has gone up from £30.90 to £37.70 which means a rise of more than 20 per cent and this is outrageous.

On the other hand you have mentioned that average price rise is 4.8 per cent. Can the train operators explain why there is a steep rise in Milton Keynes to London on one day peak travel card?

The part of the present problem dates back when the previous Conservative government destroyed the integrated railway system (British Rail) by means of privatisation. This has resulted in several companies running different parts of the rail system. A private company, Railtrack was responsible for laying rail tracks and maintenance. Maintenance is carried out even today by private companies.

Train services are operated by private operators, some of them big and some small. They are allowed to compete with each other and they can charge what they like.

Before the recent increase Virgin trains charged £50 from Milton Keynes to Birmingham during peak time and Silverlink charged less than half that.

It was unfortunate that two of the projects at Rugby and Liverpool street stations out of 35 major schemes Network Rail worked on over the Christmas and New Year period have seen over-run into the New Year.

The works at Rugby and Liverpool street themselves, in the medium-to long-term, also bring significant benefits to passengers. It is part of the wider context of investment in Britain's railway. Network Rail being owned by the state ploughs all the profits back into the system for further improvements.

Network Rail has started its own apprentice scheme to train technicians and engineers for maintenance. There is a broad consensus of the need for investment in Britain's railway.

This investment should be justified if the public are benefited by means of affordable rail fares.

This can be done by Network Rail taking over the running of train services from the private operators.

At present the shareholders of the private operators are benefited by the investment and not the general public.

Arun Vaidyanathan
sent by e-mail

Driving passengers off the rails and into cars

SIR – I have just read about the further increase in rail fares affecting travellers across the country.

We are witnessing complete and utter madness whereby the cost of train travel is progressively becoming relatively more expensive each year.

The sad reality is that for most journeys across the UK it is cheaper to drive or fly, even with fuel prices at their highest for years.

However, passenger levels have grown so much that now getting a seat is hard enough – this is due to high house prices in areas such as London and the cost of the congestion charge and parking forcing people onto the trains that they don't actually like using.

One can only guess that the train companies are trying to screw as much revenue out of their monopolies as possible. I am one such person who has had enough of the railways and now travel by car – I save time and money every week!

Surely this is an unsustainable situation for travellers - wages are not rising anywhere near as fast as travel, council tax, food and fuel costs.

Therefore commuters' standard of living is actually worsening each year with less and less disposable income available.

The Labour Government has had years to try and sort out this mess but it is getting worse – we need a simple, standardised fare structure across the country based on the actual distance travelled.

Nobody seems to care about passengers welfare - it is all about franchises and profits.

Labour seem to think that the answer is to try and make car travel more expensive rather than train travel cheaper. Admittedly there is some new investment in lines but this is nowhere near enough and rail passengers need to make themselves heard – either boycott the trains or join in the nationwide protests that are being organised.

Perhaps Phyllis Starkey can spare a bit of time from worrying about nail bars to help thousands of her constituents.

William Morland
Anson Road, Wolverton

Hot air and no wind

SIR – I am writing to say how devastated I was to hear of the decision regarding the Emberton Windfarm.

I understand the need for 'green' power and I know that Milton Keynes prides itself on it's green outlook.

But this windfarm is not viable due to the low levels of wind in the area. Why ruin a beautiful tract of unspoilt countryside for nothing more than a gesture towards renewable energy?

Windfarms are a good idea but why not build them in locations where they can bring true benefits?

All 15 parish councils objected to the proposal – why were the views of the rural population of Milton Keynes ignored?

Serena von der Heyde
The Barn Hardmead, Newport Pagnell

■ SIR – You've got to laugh; reading the letters page about windfarms and solar panels. I could write a diatribe on our collective stupidity.

It's like a scene from Titanic, but this time the band has been joined by most of the passengers and, as the ship sinks and it plays on, the lifeboats are surprisingly empty...

Firstly to GJ White, do some research via reputable sources on solar panels and then you would answer your own question.

The things have come on a bit since they first started powering calculators.

Secondly the wind farm debacle.

Yourenergy is a company, existing to make a profit for shareholders and as such it is trying to sell a product. That it receives subsidies is not of any importance.

Unless it sells its product, it doesn't make profit, can't reinvest in R&D, the technology doesn't improve nor does the supply and demand factors which reduce overall prices.

So that is why I would have expected a fully independent and impartial audit to advise on the suitability of the proposed project giving the appropriate decision makers enough time to make an informed decision.

If it is then concluded the wind farm is inappropriate because of poor potential, then it should be refused, not on the basis of Nimbyism, but because it is not the best solution to our local needs.

The council would then be expected to have in place some form of overall strategy to make the area fuel and waste self sufficient, based on a thorough audit of expected energy demands and waste generated by all the new homes expected in the area.

D.Sinclair
Pennycress Way. Newport Pagnell

■ SIR – I read with interest the many letters you have published expressing both anger and dismay at the conduct of the development control committee in reaching its provocative decision to grant planning permission [for a wind farm].

It was exactly the same story when many of us in Stony Stratford, including the town council, Phyllis Starkey and Milton Keynes Council elected members, attempted to secure a planning inquiry into the inclusion of Area 11 in the local plan.

There was a persistent rebuttal by the Liberal Democrats of all well-reasoned arguments. I am afraid that their approach is one of 'they can say what they like and we will do what we like'.

I hope the electorate at the forthcoming local elections will remember this and vote accordingly

Deryck Tucker
sent by e-mail

Spare that tree

SIR – It could be called 'The Chainsaw Massacre'.

The tree cutters have gone to work in Marsh Drive, Great Linford.

Little seems to have been spared from their choice of what should go.

Many fruit trees – apple, plum, pear, cherry and blackberry and rose bushes, which I have watched bear fruit year after year have all been cut down to stumps.

These would have provided habitat and food to numerous birds, squirrels and other creatures who lived in the area.

The redway which leads through Giffard Park just below Marsh Drive near France Furlong has been particularly savaged.

No doubt some cutting down was in order and a lot of the hedgerows were overgrown, but cutting back does not seem to have been their method of choice at all, more 'if any doubt, cut it out'.

The cutters seem to have been allowed by the council to chop all they want.

B M B Glade
France Furlong, Great Linford

MORE LETTERS ON PAGE 6

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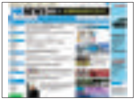

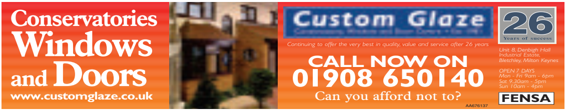
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Breathless in Olney: Simon Williams with the team after completing the Cardiac Arrest cross country event in Olney in November as a warm up for taking part in Tough Guy challenge later this month

Rookie runners take on ‘The Killing Fields’

BY LAURA HANNAM
laura.hannam@mk-news.co.uk

A PERSONAL trainer who completed the Iron-Man triathlon last year is training up eight novices to take part in a gruelling cross country race over fear-inducing obstacles.

Simon Williams, a self-employed personal trainer from Emerson Valley, has been giving eight of his clients extra training sessions around Willen Lake to help them complete the Tough Guy competition at the end of January.

The ten mile course, on a farm in South Staffordshire, is a test of physical and mental endurance designed to take competitors beyond their limits on obstacles known as The Killing Fields.

The obstacles include crawling under barbed wire and through underwater tunnels, jumping over bales of hay that are set on fire, log climbs up to 40ft high, rope walks over stinging nettles and much more.

The group have been training together for the last five months and hope to complete the course working as a team.

They will be joined by 31-year-old trainer Simon, who took part in the race last January and completed the Iron-Man triathlon in June.

In November the team ran a cross country race at Olney, called Cardiac Arrest, in preparation for the big day on Sunday January 27.

Simon said: “They all made it round but it was nothing compared to the Tough Guy, for a start it was nowhere near as cold.

“Tough Guy is very very difficult it is all through mud and fields, sometimes the water you run through is up to your ankles and sometimes it is up to your neck.

“They say however long it would take you to run 10 miles you should double it for Tough Guy.

“It is a proper SAS military-style hard-core race.”

“It is one of those things that you get a phenomenal sense of achievement at the end.”

The eldest of the team is 45-year-old Liz Carrighan from Bilbrook, Furzton, who has run several marathons but has never taken part in an event like Tough Guy.

“I thought I would like to try a new challenge,” she said.

“I would never have done this on my own, but I think we are a good team - we have all said we will get each other round. There is a lot of team camaraderie. We are not going to win it, we are just going to have fun and get round there and raise money for charity.”

She said the most daunting obstacle is likely to be the under water tunnel.

“Also it is the end of January and we are going to be getting very wet so the cold is going to be a real, real challenge for me.”

Entries for the Tough Guy event raise money for a horse sanctuary in Tattenhall, South Staffordshire.

The rest of the team include Lou Atkinson, 32, from Great Holm, Andy Bell, 44, from Newton Longville, Olly Tomlinson, 20, from Cranfield, Amy Ball, 28, from Deanshanger, Jon Rainford, 25, from Broughton, Russell Brazier, 25, from Central Milton Keynes and Aleck Holshaw, 34, from Loughton.

■ Simon Willams’ Boot Camp, set up in September, has been so successful that he will be running an additional Saturday session from January 12. The camp will run from 10am and meets at Fitness First Gym in the Theatre District. To register or for further details, pick up a form from the gym, call Simon on 07900 880 122 or e-mail info@activ8fitnessmk.co.uk

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Found dead: Carl Bere

Hit-and-run charge man bailed

A MAN has appeared in court charged in connection with the death of hit-and-run victim Carl Bere.

Hasnath Chaudhury, 41, of Westbourne Road, Luton, allegedly failed to stop at the scene of the incident on September 30 last year.

Mr Bere, 28, from Bletchley was found dead by another driver by the side of the A5 Southbound between Redmoor and Caldecotte.

Mr Chaudhury appeared at Milton Keynes’ Magistrates’ Court on Friday, charged with being the driver of a Vauxhall Vectra which failed to stop when Mr Bere was injured.

He is also charged with having no insurance and failing to report the incident to the police.

The case was adjourned for a week and the defendant was granted unconditional bail.

WOLVERTON CONSERVATION AREA UNDER SCRUTINY
SEE PAGE 8

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MKLETTERS EXTRA

Letters to The Editor, MK NEWS, 1 Diamond Court, Fox Milne, Milton Keynes MK15 0DU | letters@mk-news.co.uk

Housing office a waste of 'scarce resources'

SIR – The intemperate personal attack and deliberately misleading statements from Margaret Burke (Letters, January 4) leave me no option but to set the record straight.

It is perfectly understandable that SOME residents of Bradville, and Margaret is one of them, would like the Bradville Housing Office to remain open.

But tenants from Greenleys, Conniburrow, etc. do not find its location useful.

The evidence is there for all to see – people are voting with their feet.

On average, only 11 tenants per day visit this housing office. Margaret's so-called higher counts are deliberately misleading. They include housing staff, surveyors, community safety wardens, etc going in and out of the office. Low footfall and expensive repair bills mean that this housing office is not value for money. It is wasting scarce resources.

Even so, before recommending the closure of the office, council officers carried out a widespread consultation exercise. This showed that over 60 per cent of tenants who replied prefer to contact the council by phone. The minority who prefer personal contact are very clear that they would find Central Milton Keynes the most convenient location to visit, with about a quarter preferring a housing officer to visit them in their home.

The cabinet listened to tenants' views and is providing a housing service in Central Milton Keynes, as well as a home visiting service for those tenants who prefer that or are unable to make the trip to the city centre.

Let me assure those who signed the petition that their views have also been taken into account. Housing officers will continue to provide local drop-in surgeries in Bradville as well as home visits.

It's a pity Margaret has not informed Bradville residents of that.

Cllr Irene Henderson
Cabinet member for social care, housing and health,
Milton Keynes Council

No right turn at Hockey Stadium roundabout

SIR – Have you noticed on the newly remodelled roundabouts over the A5 and near the Hockey Stadium, that it's impossible to turn right?

Well at least according to the road markings. They only allow turning left or straight on. There are no right turn arrows.

As I often want to turn right, I'm left with the dilemma of which straight on lane should I choose when I'm turning right?

As a local I know where to go and clearly to turn right you take the lane closest to the roundabout, but what kind of crazy thinking marks this as a straight-on lane?

Maybe the road planners could explain themselves this nonsense.

Trevor Clift
Crowborough Lane, Kents Hill

No holiday gain for school kids at Easter

SIR – I felt your story on the extra days that MK school children will get this year rather biased.

It suggests that children will gain from the move of the Easter break, as they will also get the Easter bank holidays off.

What you fail to mention is that the summer term has been extended by two days to allow for this.

I hope you will be remedying this omission in you next edition.

S Peters
sent by e-mail

Elected mayor would bring power balance

SIR - Is MK Council in touch with citizens or not?

When Cllr Isobel McCall said that 'except for one individual nobody supports having an elected mayor' presumably she was referring to Cllr Brian White.

Whether she realised it or not, she was illustrating his point exactly. When she says 'nobody' she means no other councillors.

But what about the rest of us?

I am increasingly disillusioned by the failure of the council to address the issues of MK expansion in an intelligent way.

The proposals for traffic lights on V4 are just one example along with a range of issues in Central Milton Keynes. English Partnerships and various developers seem to have all their own way.

Perhaps an elected mayor is just what we need to provide a proper balance of power.

And after all, the sky hasn't fallen in over London since it had an elected mayor.

This is a decision for the people not for councillors. Cllr White has clearly touched a raw nerve somewhere.

E Williams
Brampton Court, Bradville

Poo rules should apply to horse owners

SIR – Rightly, we dog owners are expected to clear up the mess that our animals leave behind them.

In and around New Bradwell are a number of horse owners.

As a horse leaves far more mess behind it that any dog I think it is reasonable for them to stop and clear up after their animals – but they don't.

As a result there are parts of the area where we have to gingerly pick our way past the deposits that have been left by horses.

Is it not time that the council applied the same rules to horse riders as it does to dog walkers?

Peter Phillips
Newport Road, New Bradwell

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[illegible]

Family leads call for council homes

[illegible]

> The need for publicly owned housing has never been greater. The number of new council houses to be built is nil and the number of new homes for local people is nil
>
> – [illegible]

[illegible]

4,000 Christmas calls to ambulance service

[illegible]

No plans for city Crown Court

[illegible]

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Review of railway conservation area

RESIDENTS and businesses in Wolverton are being invited to give their views about a review of a conservation area set up to preserve the Victorian industrial heritage of the railway town.

> Wolverton conservation area is unusual in that it seeks to protect the character of Victorian industrial buildings, commercial areas and domestic housing rather than picturesque villages or historic town centres
>
> **– Martin Ellison, council conservation officer**

For a period of six weeks from mid January, the public and interested parties are urged to give their opinions on the conservation area that protects one of the best examples of a railway town in the UK.

Only a handful of towns in the country can claim to have a similar heritage to Wolverton, such as Swindon or Crewe.

Its significance is further enhanced by the presence of structures along the line of the original London to Birmingham railway, built by George Stephenson and his son, Robert.

These include the embankment on which the Royal Train Shed and the bridge that carried the original line over the canal.

Now the review is to re-appraise the special historic character of those parts of the town that lie within the conservation area and whether any amendments to the existing boundaries are required.

Conservation areas are designated to protect places that are of special historic character or appearance and council's have a duty to carry out regular reviews.

Wolverton conservation area was designated in 2001 following a detailed appraisal of the town and its history. Further measures were introduced in 2003 to protect features that are vulnerable to change, such as windows and doors.

The review will help to clarify how the conservation area works and will consider proposals to expand the area slightly.

Martin Ellison, council conservation officer of the design and conservation section, said: "Once designated the council has a legal duty to ensure that the special historic character of conservation areas is preserved or enhanced.

"Reviewing the conservation area allows an opportunity to re-assess the features and characteristics that distinguish Wolverton as a place.

"Wolverton conservation area is unusual in that it seeks to protect the character of Victorian industrial buildings, commercial areas and domestic housing rather than picturesque villages or historic town centres."

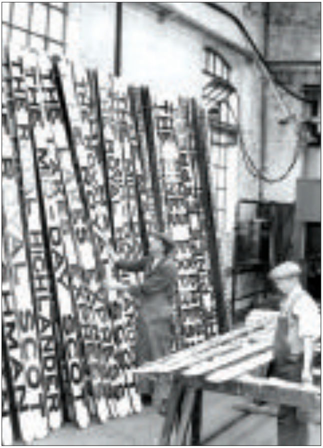
A key goal of the review process is to safeguard the character and appearance of many of the historic industrial features while allowing the town to develop and grow sensitively.

The special character of places like Wolverton and the manner in which both the town's housing and industry developed over time give the town particular historic fascination.

The issues that people raise about the conservation area will help the council make decisions about proposed developments that lie within the designated area.

Also the review will enable the design and conservation team to provide more detailed and clearer advice to residents and owners of businesses in the future.

■ Advice about the draft Wolverton Conservation Area Review can be obtained from Martin Ellison on 01908 252501.



When trains had names: The signwriters' workshop at Wolverton Works around 1930

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Milton Keynes General Hospital

Care assistants to replace paramedics on ambulance duty

BY LAURA HANNAM

laura.hannam@mk-new.co.uk

SEVENTY care assistants are being recruited to man ambulances in a move that has been questioned by paramedics.

The South Central Ambulance Trust (SCAT) is expecting to have the emergency care assistants (ECAs) trained and able to attend to patients in the Oxfordshire and Buckinghamshire division by April this year.

The trust says ECAs will crew ambulances alongside a paramedic or technician and provide a better use of resources by freeing up paramedics to be used elsewhere.

The trust is also getting three more double crewed ambulances (DCAs) and six more one-manned Rapid Response Vehicles (RRVs) by April.

ECAs are being trained in the basic principles of first aid, basic life support and resuscitation, but cannot perform invasive techniques or administer certain drugs.

Concerns have been raised by UNISON, the union representing ambulance staff, that there are inconsistencies in the training ECAs are given across the South Central Ambulance Trust.

A spokesman said: "There is supposed to be a set course but the four divisions are teaching different things."

He added: "ECAs are supposed to be working with paramedics or technicians but they are going out with just two ECAs or on their own."

He said ECAs can perform CPR but must wait for a paramedic before making other decisions such as to move a patient.

"It is a worry at this particular moment, but may not be such a concern when we are up to full crew in April," he added.

A spokesman for SCAT said: "The introduction of ECAs is a national initiative, brought in by the Department of Health, to be implemented by all ambulance trusts across the UK."

"It is about ensuring the right care at the right time in the right place.

"The provision of the ECA means that paramedics can devote all of their time to the care of the patient and it means we can provide a wider range of paramedic skills within the community.

"For instance we can place more paramedics in Rapid Response Vehicles to respond to life threatening calls as well as place them in ambulances and also within the community.

"The ECA will have an important support role and they will also receive mentoring from our qualified clinicians."

She said the trust is not worried the standard of care will be affected as ECAs will not be sent to incidents which will require them to have extended skills.

"We are responding to the national initiative to send better care to the patient in a quicker time frame by sending the most appropriately qualified person to a particular call which will have been categorized by staff in our emergency operations centre," she said.

Friday night traffic chaos

THE city's roads were in chaos after a major pile up and a chemical spillage.

A four-car pile-up on the A5 on Friday left some drivers stuck in queues for up to an hour.

Police were called to the incident at 5.40pm on Friday (January 4) on the A5 northbound carriageway close to the junction with the Abbey Hill roundabout.

Traffic jams backed up down the northbound carriageway to the junction with the H5 Portway grid road.

A woman who was travelling in a red Suzuki Alto was taken to Milton Keynes General Hospital to be treated for minor injuries.

The driver of the Suzuki has been reported for careless driving.

The three other cars involved included a bronze Honda Civic and a black Volkswagen Polo.

The road was not reported clear until 7pm that evening.

Elsewhere a chemical spillage caused traffic congestion around J14 of the M1.

Police advised motorists to avoid the area after a white Renault van lost its load at 1.30pm on Friday.

Seven 1,000-litre barrels of a chemical – believed to be phosphoric acid – fell from the van and about 1,000 litres leaked on to the carriageway.

The Fire Service and Environmental Agency were called to the scene to try to contain the spillage.

Police closed the southbound exit and entry slip road to the motorway, the A5130 between the motorway and Newport Pagnell and the Northfield roundabout, where the H5 Portway and H6 Childs Way meet.

Motorists were advised to seek an alternative route during rush hour.

The northbound entrance and exit slip roads remained open but traffic was diverted towards Newport Pagnell.

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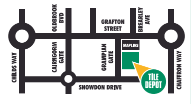
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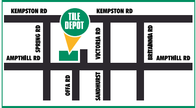
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Nativity scene at Church of the Servant in Furzton

Nativity scene has city bus shelter stable

Concrete cows and the Xscape building appear in Furzton church display

BY ALICIA BABAEE

alicia.babaee@mk-news.co.uk

MARY and Joseph gave birth to Jesus in a Milton Keynes bus shelter, according to one city display.

Churchgoers at the Church of the Servant King in Furzton were treated to the unusual Nativity scene this Christmas.

The congregation was encouraged to make models of their own homes as part of the city display.

The backdrop, also made by a parishioner, was a city skyline which included the iconic Xscape building.

And there were even concrete cows and a roundabout to complete the locally adapted setting for the Christmas story.

Reverend Mike Morris, from the ecumenical church, said: "Last year we visited a friend in London, who had decided they would put their Nativity scene on a map of the area they lived in to make it relevant to today.

"A few years ago we built Bethlehem out of cardboard boxes, so in church this year we invited people to build models of their houses so we could make MK."

Parishioner Bill McCloskey came up with the idea that Mary and Joseph should have their baby in a bus shelter rather than an inn, to bring it in line with modern day surroundings.

He suggested that the display be called MKAD, instead of BC.

Around six people brought houses in for the scene, and two local schools, Emerson Valley and Howe Park, made models of their school buildings.

Children from the church's Sunday club made a roundabout and the concrete cows, which were the wrong colour in brown and white, were taken from Revd Morris' daughter's farmyard animal set.

The father of two put up the display up at the church on Dulverton Drive on Christmas Eve, prior to the 4pm service.

He said: "The response has been quite good.

"It's right at the front of the church so it's the main focal point.

"We probably will save it and use it again, because the bus shelter is really good."

The display can be seen until February.

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Theatre bulb handout a touch of 'genie-ous'

MILTON Keynes Theatre's dazzling production of Aladdin which stars actor and comedian Bradley Walsh took on an extra shine this week for some 500 theatre-goers.

In a literal take on one of the pantomime's most famous line 'New lamps for old', energy supply company E.ON gave away 500 energy-saving light bulbs to the pantomime audience.

Phil Biddle, head of energy efficiency at E.ON said: "We gave away 500 energy saving bulbs to theatregoers on Thursday, January 3 as part of our continual drive to deliver energy efficiency messages.

"Replacing just one traditional light bulb for an energy efficient alternative can save a typical household up to £7 a year, so Milton Keynes theatregoers will be saving at least £3,500 a year on their electricity bills, while helping reduce their carbon footprint and doing a little bit for the planet too.

"And although this giveaway was inspired by the famous 'New lamps for old' slogan, we weren't asking people to bring their old bulbs in!"

A Milton Keynes Theatre spokesman said: "All the staff here, along with Bradley Walsh and the cast of Aladdin, are keen to 'go green' in 2008, and we were delighted to be involved in such a positive initiative".

E.ON provides free energy-saving light bulbs to people on qualifying benefits, through its CaringEnergy scheme.

The company has invested £100m in CaringEnergy, which is designed to help improve the energy efficiency and income of vulnerable households.

To find out more, call the E.ON CaringEnergy team free on 08000511480.

■ Aladdin, starring Bradley Walsh, is at Milton Keynes Theatre until January 20. To book call 0870 060 6652 or visit www.miltonkeynestheatre.com

Bradley Walsh, who plays Wishee Washee, holding the famous Aladdin's lamp alongside an energy-saving lightbulb

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Milton Keynes Partnership Committee Public Meetings

The next public meeting of the Milton Keynes Partnership Committee, **Planning Sub Committee** will take place on:

Date and time: Monday 21st January 2008 at 5.30pm.

Venue: The Guild Hall, The City Church Centre, CMK.

You can view a draft agenda now or the final agenda and papers will be available five working days prior to the meeting at www.miltonkeynespartnership.info

Anyone wishing to address or submit questions to the Planning Sub Committee should contact the Secretariat in **writing by 12 noon on Thursday 17th January 2008.**

Milton Keynes Partnership Committee, CBX2 414-428 Midsummer Boulevard, Central Milton Keynes MK9 2EA.

E: committees@miltonkeynespartnership.info
T: 01908 353 636

Milton Keynes Partnership Committee has planning powers to determine major applications within the defined Urban Development Area (UDA), which covers the expansion areas to the east and west of Milton Keynes and a small area to the north of the city.

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Emotional and factual support for those affected by cancer

Last month MK NEWS featured a story about lung cancer awareness, highlighting the support available at Milton Keynes Hospital's Macmillan Centre. Within a week five people visited the Macmillan Centre wanting to know more. Reporter ROB GIBSON went along to find out how the service works

Fay Grech-Margurat and nurse Erica Lewsey at Milton Keynes Hospital's Macmillan Centre

FAY Grech-Margurat is a very busy woman but few people know of her work and the impact it has on people in Milton Keynes.

She is the Macmillan Information and Support Centre manager, which means she is the person who offers emotional and factual support to people affected by cancer.

Many residents remain unaware that there is a cancer support service available at the hospital which is free to everyone.

When Fay arrived at the hospital a year ago the service had been out of action for nearly 13 months but sitting in the support room today it soon becomes clear that an array of up-to-date resources are available.

The 32-year-old manager, from Woburn Sands, smiles when recalling how far the unit has come.

Fay worked as a chemotherapy nurse at Northampton Hospital for ten years and has a thorough understanding of the patient's experience and the medical terminology used.

Although she is not a qualified counsellor, she feels that she is well qualified to understand their emotions.

"The majority of people I see here are undergoing chemotherapy treatment and visitors soon see that I know what I'm talking about," Fay said.

"People come here fearful and in denial. They're in disbelief that they've had a cancer diagnosis and may be angry or depressed.

"Their families may also have similar emotions and concerns.

"I try to instil confidence in people."

The centre has capacity for as many as 50 patients and these are cared for by two specialist nurses, six nurses and one care assistant.

Some cancer patients decide to visit the centre themselves, without any prompting, while others are referred by their GP, nursing teams, Willen Hospice or social services.

Fay said: "GPs are now sending more people to see me, rather than giving people anti-depressants. It can be more effective to see me and many people just need a listening ear."

Some people who visit the centre are described by Fay as 'the worried well', meaning they are worried that they have symptoms of cancer.

Fay says that this awareness of the symptoms is invaluable for early diagnosis but also for putting people's minds at ease if they do not have cancer.

She works three days a week but the popularity of the service now means that patients often have to make an appointment to see her.

Half the people who visit the centre for support do not have cancer but know someone who does.

This means that Fay helps as many relatives as she does patients.

Fay said: "The patients get a lot of attention from doctors and nurses but it can be quite hard for the relatives to feel part of that. I support as many family members as I do patients."

After a few moments listening to Fay, it becomes clear she has an ambitious vision for the Macmillan Centre.

She believes that it has the potential to offer a complementary therapy service to patients who are being treated, including aromatherapy.

Fay feels that these play a crucial role for the wellbeing of patients.

She said: "They walk out of the aromatherapy sessions saying they feel lovely, rather than thinking about the side-effects of their treatment."

The commitment of the cancer nurses was recently demonstrated during a series of 'tester' aromatherapy sessions for patients. They sacrificed time from their annual leave to run the sessions on a voluntary basis.

Erica Lewsey, 42, has been a Macmillan Nurse Practitioner for nine years, she said: "The old clinic was rather dark and depressing. The patients absolutely adore this new environment and decor, which makes it much more relaxed."

Some patients will only visit the support nurse once, offload their feelings and thoughts, and never return again – others make regular visits.

Fay said: "This job but is a privilege. If patients are distraught when they come through the door but by the time they've left there's relief on their face then it's all worth it."

■ **Fore more information call the Macmillan CancerLine on 0808 8082020 or drop in at the hospital.**

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Tue 22 Jan	9.30 - 12.30	**Change and Crisis Management**	£15
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Wed 23 Jan	9.00 - 5.00	**CIEH Level 2 in Health & Safety**	£50
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MK joins the ‘greats’

BY LAURA HANNAM
laura.hannam@mk-news.co.uk

MILTON Keynes is to sit alongside New York, Paris and London in an art exhibition.

A newly commissioned photograph of the city will join artists Maslen & Mehra’s Native series, which features images of great international cities.

The exhibition will be displayed on the Milton Keynes Contemporary WHITEWALL, in Midsummer Arcade in thecentre:mk from Saturday until March 2.

Three photographic images will be presented in lifesize light boxes standing on the floor.

They feature mirrored sculptures of animals placed in built urban environments to reflect the man-made structures around them.

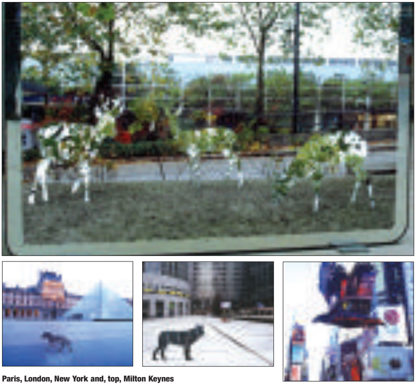
The imagery of native wildlife against highly urban environments highlights the complex relationship between nature and culture.

The photographs depict a Camarge horse in front of the Louvre, Paris, an American eagle in Times Square, New York and a European wolf and red squirrel in Docklands, London.

These will be complemented by the image of a deer on Midsummer Boulevard, Milton Keynes.

The artists explore the meeting point and overlapping of nature and culture.

Works take the form of photography, installation, sculpture and drawing, and the fauna represented were indigenous to the country in which they are photographed.


Paris, London, New York and, top, Milton Keynes

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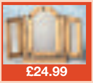
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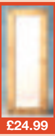
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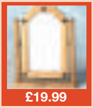
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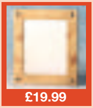
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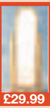
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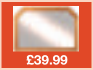
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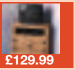
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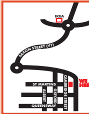
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OAP in fight against arthritis ignorance

A MAN is on a crusade to raise awareness of rheumatoid arthritis after his wife suffered from the disease for ten years before her death.

Henry Keegan, 80, of Leary Cresent, Newport Pagnell, is determined that the world will learn about the ailment so that his wife's death was not in vain.

His wife, Joan, died last January aged 74 .

Now, a year on, he finally feels strong enough to fight the disease on her behalf.

He said: "With other types of arthritis you can have joints removed and replaced. But not with rheumatoid arthritis, it is a crippling disease.

"The problem is that it gets progressively worse. During the night she would scream out in pain, it was in all her joints. The conventional medicines, steroids, did not work. All the medications gave her side effects, they affected other parts of her body."

Rheumatoid arthritis has no known cure.

It affects nearly half a million people in the UK and there are 12,000 who have the disease in its juvenile form.

Mr Keegan cared for his wife for ten years before her death.

He feels that medical professionals lacked knowledge about the disease, and failed to make effective decisions about her care.

Now he is working with the National Rheumatoid Arthritis Society, the only national charity with a specific focus on rheumatoid arthritis, to raise awareness of the auto-immune disease.

The charity supports people with the disease, their families and their carers.

Later this month a memorial bench for Joan Keegan will be moved to the house the couple shared and will be blessed by their priest.

For more information go to www.rheumatiod.org.uk.

Henry Keegan holds a poster with a picture of his wife who suffered from rheumatoid arthritis

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rusticana clearance sale of cane furniture see our main advert on page 7

New year, new skills

AFTER giving up smoking and losing weight, gaining new qualifications is one of the most popular resolutions people make at this time of year.

Milton Keynes College is helping local people already in jobs to gain new qualifications or to improve on the qualifications they already have – completely free of charge.

The college is offering the Train to Gain service, so that people can attain NVQ qualifications for skills they are already demonstrating in their jobs.

Already the scheme has been welcomed by many Milton Keynes employers who want to encourage workers to gain new qualifications.

College spokesman Chris Rice said: “This is a fantastic opportunity for loads of local adults to get a nationally recognised qualification for what they can already do.

“Unqualified individuals who work in areas such as retail, hospitality, construction or transport have probably already learned lots of excellent skills. We can assess those skills and reward with qualifications or suggest ways of improving those skills through training.”

Mr Rice says that by 2012 it is believed that 85 per cent of all jobs will require skills and competencies at or around NVQ Level 3.

He added: “In the future, it seems likely that people without qualifications will find themselves with limited job opportunities. There are other benefits to having qualifications too, as better trained people will be happier, more confident and have greater earning power.”

Train to Gain is funded by the Learning and Skills Council, and is aimed at encouraging individuals and businesses to realise the benefits that learning and skills can bring.

The service will enable many more adults to achieve a first full NVQ Level 2 qualification, and to improve their basic literacy and numeracy skills.

For more details about Train to Gain call MK 637056.

‘Better trained people will be happier, more confident and have greater earning power’: Chris Rice of Milton Keynes College

Dead batteries aid hearing dogs for deaf

A HEARING centre is collecting hearing aid batteries for recycling this month to raise funds for a deaf charity.

Until February 6 staff at the Specsavers hearing centre in Milton Keynes are donating 50p to charity Hearing Dogs for Deaf People for each person who brings in hearing aid batteries.

People bringing in batteries to the store at Unit 4a, 35-37 Silbury Arcade, Milton Keynes will also be encouraged to give a discretionary donation to the charity.

Ehtsham Rashid, hearing aid audiologist at the centre said:

“We hope everyone will show their support for Hearing Dogs for Deaf People by bringing in their old batteries, and raising money for a great cause.”

The Specsavers battery recycling initiative will remain a permanent offering from the store.

Most batteries contain heavy metals, which when disposed of incorrectly may leak into the ground as the battery casing corrodes.

This can contribute to soil and water pollution and endanger wildlife.

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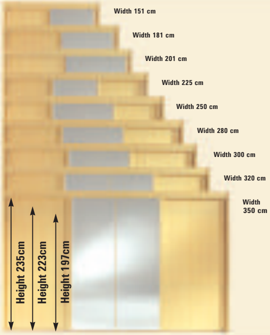
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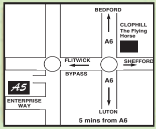
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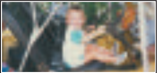
MKANNOUNCEMENTS

Birthdays



ZAK BYRNE

3rd January 1987

To a wonderful son who has bought 21 years of happiness and love. 6ft 3, free spirit, eyes of an angel, body of a gladiator, hair of Bon Jovi.

Love Mum, Dad, Kade & Auntie Sufie.

Love you loads.

AA674667

Cute Cousins!

SAMMIE COLLINGS & ZARA SMYTH

Happy 18th Birthdays

3rd January

Love from all the family xxx

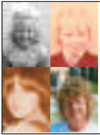
AA674418

DAVE BAILEY

Love to you on your **65th Birthday**

AA674785

Glenda, your family and friends



Happy 50th Birthday

CAROLE FORTH

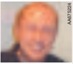
Lots of luv Brian, Cara, Samantha and family

AA674421

The Big 40!

SIMON GOLDSMITH

Happy 40th Birthday on 9th January

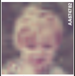


AA675224

With all our love Liz, family and friends xxx

MICHAEL GURNHILL

Happy 21st Birthday



AA674782

What a cutie!!

Lots of love Mum x, Dad x & Nicola x

DANSKI G

Happy 13th Birthday Big Girlie!

Lots of love from all your family and friends xxx

AA675212

TOM BULLERWELL

90

Years Young

Happy Birthday

Great Grandpa

Love from Thomas & Jack

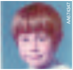
AA674348

'Goldie'

SIMON GOLDSMITH

40

9th January

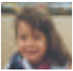


AA674347

Love Mum x, Dad x & Grandad x

AYESHA JOHNSON

is 16!



Happy Birthday for Yesterday

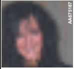
Lots of love from all the family xxxx

AA674781

CLAUDIA BIELE

Happy 18th Birthday

7th January 2008



AA675187

Love always and forever Mum, Papa, Daniela, Kane and all the family xx

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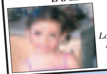
Mummys Little Princess

Courtney Dowse

is 6 on 10/2/06



Happy Birthday

Love you loads Mummy xxx

☐ 4x2

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Engagements

EMMA BINNS & MATTHEW HEARN

Congratulations on your **Engagement** on Christmas Day.

Love and best wishes from both families.

We are thrilled!

AA674473

Dr. PAULA KEECH & Mr. PHIL LEVETT

Geoff and Mary are proud to announce the Engagement of their daughter Paula to Phil on 1st January.

Congratulations from all the family

AA674661

JOHNNY LYNCH 'Ted' & LORNA DAVIES

Congratulations on your **Engagement** on Christmas Day 2007.

Love and best wishes from both families

AA674788

KATHERINE SMITH & STEVEN CROFT

Congratulations on your **Engagement** on 23rd December 2007.

Lots of love Mum, Dad, Adam & Lindsey, Nana, Nana and Umpa

AA674838

MARK WARNER & JO BROOKE

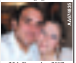
Congratulations on your **Engagement** on Christmas Day.

Love and best wishes Dad, Jane & Sara

AA674877

VINCENZA VENTOLA & GAETANO CIAMPA

are proud to announce their **Engagement**



AA674835

25th December 2007

Congratulations from Palma & Luigi Ciampa, Linda & Antonio Ventola and families xxx

CARL & SADIE

AA674596

Congratulations on your **Engagement** on Christmas Day

Love and best wishes Mum, Dad, Lew, Alex, Gem & family

Lynda & John Bayley

are delighted to announce the Engagement of our daughter

KATE to ADAM

son of

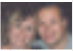
Mary & Mike Harris

of Kineton, Warwickshire on Christmas Day 2007.

Congratulations and love from both families

AA674527

KATE STONESTREET & MICHAEL LINCOLN



Congratulations on you **Engagement** on Christmas Day 2007.

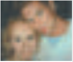
Love from both families xxx

AA675233

Congratulations

GEMMA EASTWOOD & LEE OAKEY

on your **Engagement** on Christmas Day



Love and best wishes Mum & Dad E, Terry, Trevor, Sherry, Freddie, Trey & Tianna

AA675239

VIKI SEWELL & STEVE SHAW

Congratulations on your **Engagement**

Can't wait for the fairy tale wedding!

Love Jo, James & Oscar x

AA674606

Anniversaries

CYRIL & ROSE

would like to thank

MAUREEN & ALAN STEPHEN & 'LIZ'

for making their **Golden Wedding Anniversary** on 28th December 2007 such a special occasion and one we shall always treasure.

AA674611

In Memoriam

TONY D'ARCY

4th January 2000

You are always in our thoughts.

We love and miss you

Mum, Ged, Sean, Sharon and Julie

AA674375

LEON KRYSTA

January 8th 2004

If tears could build a stairway,
And memories a lane,
I'd walk right up to Heaven,
And bring you home again.

Remembered always by your family

AA674355

In Memoriam

BASIL HARRY MONK

5th January 2007

We miss his smile, his cheery way,
We miss the things he used to say,
When happy times we 'oft recall,
'Tis then we miss him most of all.

Betty, Patricia, David, Nathaniel, Christopher, Colin & Carol

AA674520

EDNA SADLER

3rd January 1998

Ten years have passed but forever in our hearts.

Dearly loved and missed.

AA674607

JIM SPAVINS

Went

7th January 2007

We hold you close within our hearts,
And there you will remain,
To walk with us throughout our lives,
Until we meet again.

Always in our thoughts Dad.

Love Debra, Gail, Neil & families

AA674339

HILDEGARD SCHUMANN

29th December 2006

When someone you love becomes a memory, the memory becomes a treasure.

Remembering our dear Mum and Nan, we all miss you.

Love Helene, Willi, Karl, Emma & Derek xx

AA674343

FLEUR TOBUTT

14th April 2000 - 9th January 2003

Forever in our hearts,
Sweet dreams our shining star.

Your everloving Mummy, Daddy and Big Sis Lucy xxx

AA674345

Acknowledgements

The late Joan Keegan who sadly passed away on 13th January 2007 at Pagnell Grange Home. Father James Evans is going to conduct a prayer at 21 Leary Crescent, Newport Pagnell and bless the ashes at the above address, arranged by her husband Harry at 2.30pm on Sunday 13th January 2008. Friends and family are welcome.

AA675801

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AA675428

The latest MKNEWS updated every day - www.mk-news.co.uk

Recycle cards to help plant trees

CELEBRITY Jungle star Anna Ryder Richardson is calling on residents in Milton Keynes to recycle their Christmas cards to help the Woodland Trust plant thousands of trees.

Interior designer Anna, a star of BBC's Changing Rooms, is a keen recycler and was recruited by campaign group Recycle Now to encourage people to get behind the Christmas card recycling scheme.

In Milton Keynes special collection bins will be available throughout January at WH Smith high street stores, Tesco stores, TK Maxx stores and all Marks & Spencer stores.

All the cards collected during the campaign are taken to paper mills where they are recycled into brand new paper products, with the money raised helping the Woodland Trust plant thousands of new trees throughout the UK.

Anna said: "I love sending and receiving Christmas cards. But I want to encourage everyone to remember to recycle them – not only will it help the Woodland Trust plant more trees but also stops recyclable waste needlessly ending up being sent into landfill."

Other options to recycle your cards include: cutting them up to make gift tags for next year's presents, putting them in your pink sack with your other recyclables.

Interior designer Anna Ryder Richardson is backing Recycle Now

Or you can take them to a paper bank at your nearest recycling point or community recycling centre.

Cllr Douglas McCall, MK Council cabinet member responsible for environment, said: "By recycling Christmas cards we are making the most of a goodwill gesture to add benefit to the environment once the season ends by using the proceeds from recycling to plant new trees."

Sue Holden, chief executive of the Woodland Trust, added: "Your efforts not only prevent cards going to landfill which generates greenhouse gas, but you help us plant thousands of trees."

An impressive collection target of 100million cards has been set by the Woodland Trust and Recycle Now, which will enable 24,000 trees to be planted and save 2,600 tonnes of CO2 equivalent greenhouse gases – the same as taking over 800 cars off the road for a year.

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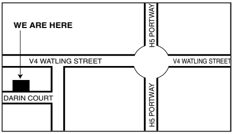
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AA675660

Drum kit theft delays Stables rehearsals

A THEFT of percussion instruments has disrupted preparations for a show to be staged in Milton Keynes.

The cast of Raw Rhythm were due for a dress rehearsal at their Hampshire base only to be advised by police at midnight the night before that their truck, storing drums and xylophones, had been taken.

Packed ready for transport to their rehearsal space in Eastleigh, near Winchester, the truck contained in excess of £45,000 worth of kit.

Director Joe Fitzpatrick had to ring around his volunteer staff in the middle of the night to warn them that they would have to make contingency plans so that valuable rehearsal time was not lost.

At this stage Joe's only consolation was that the brass instruments were at home with the cast as they practised individual scores for the unique upcoming show of choreographed live music.

The Yamaha instruments are owned by The Senators Drum and Bugle Corps, reigning European Champions of an interpretive American-style of outdoor arena show.

Twentyfive of the cast have combined to stage Raw Rythmn, an ambitious three theatre tour of which The Stables is the second venue.

Jordan Jannaway during the Senators European Championship show in Rotterdam last September. 25 of the corps will be performing Raw Rhythm, at The Stables on Saturday January 19

Producer of the show Jim Vaughan said: "The police located the abandoned truck near Portsmouth and transported it to their secure garage, but it was not until 24 hours later after forensic tests, that the corps was able to gain access to the truck and check for any losses.

"Fortunately, though the truck had been damaged and some equipment had been stolen, no instruments were missing"

Joe Fitzpatrick, who has been director of The Senators for 23 years added: "When I telephoned the news to the rehearsal venue there was a huge sigh of relief. Our percussionists have only lost a day's rehearsal which means a few extra hours will be needed before we hit the Stables stage – now with even more determination to bring something special to Milton Keynes."

The police are still searching for the thieves.

■ For more on Raw Rythmn see this week's MK Life.

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Major event: Horse rider Helen Boulton has been awarded sponsorship by her bosses

Friday's good for weekend events

MILTON Keynes-based horse rider Helen Boulton has been given a cash windfall to fulfill her riding dreams.

Helen has worked at PR firm Friday's Media Group since she graduated from The University of Wales with a law degree in 2005.

Now the company has given her £1,800 sponsorship for the 2008 British eventing season.

For the past year Helen has been retraining her ex-showjumper Annie (Animation) in preparation for their first season of affiliated eventing, which will kick off with the first event in April this year.

Helen and Annie train at their home yard in Bow Brickhill during the week and compete locally at weekends.

Helen said: "This is a very exciting time for me as I have always dreamed of being an affiliated event rider, and 2008 will see me fulfil my ambition.

"The sponsorship money from Friday's and their continued support is so incredibly generous and will help me an enormous amount in my debut season with Annie; affiliated eventing is an expensive, time-consuming but rewarding sport and I can hardly wait for my first event."

Dressage coach Alison Kenward BHSII said: "I have worked with Helen for six months or so and am thrilled with the progress she has made, I'm very proud of her performances with Annie. Helen is a pleasure to coach because she works so hard and is open to discussing new ideas and training strategies. Annie is beginning to fulfil her athletic potential and the scene has been set for success in 2008. I feel they are a combination to look out for."

Jill Hawkins, director of Friday's Media Group, said: "Helen juggles her eventing career with Annie alongside her PR career at Friday's, and it is a pleasure every Monday to hear of that weekend's competition successes.

"We are all very much looking forward to an exciting season in 2008, and it is great to be involved in such an exciting sport."

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Milton Keynes Council

Your money, your choice:

Budget consultation 2008/09

Calling all borough residents - now's your chance to tell us what you think about the Council's budget proposals for the coming year.

The budget affects every resident of Milton Keynes as it sets the level of Council Tax and decides the level of services that you receive from the Council. To help us make the right decisions the Council wants to hear your views on our proposals.

This year we are asking for your views not just on the Liberal Democrat Cabinet's proposals, but also proposals from the Conservative and Labour opposition parties where they differ from the Cabinet. This is to reflect the political balance of the Council.

The Council's Cabinet is proposing a Council Tax increase of 3.9%. The rise in council tax means an increase of £39.65 per year, or just over 76p per week, on an average Band D property.

In order to keep Council Tax as low as possible and to minimise the impact on services, the Cabinet is proposing efficiency savings of £3.7m.

We are also proposing to invest in services that the public have told us are important. These include tackling crime and anti-social behaviour; activities for young people; continuing the litter busters team and raising educational standards at GCSE level.

The Council is carrying out consultation on the detailed budget proposals and proposed Council Tax levels until 4th February 2008.

What you tell us will help us to make the final decisions on the budget. The final budget, including Council Tax levels, will be proposed by Cabinet on 19th February and agreed by Full Council on 26th February. Both meetings are open to the public.

We would like your views on those savings that affect services and on the proposed investment in services. You can respond using the response form opposite and return it to the **FREEPOST** address by **4th February 2008 - you could win £50 in gift vouchers!**

If you would like to know more, there is a consultation leaflet that explains more about the budget and Council Tax and outlines what our proposals for next year are. The leaflet will be available in all main Council offices, libraries and at various community locations across Milton Keynes.

Alternatively, you can:

- **Go to our website:** www.milton-keynes.gov.uk/budget-consultation
- **Send an e-mail to:** budget@milton-keynes.gov.uk
- **Phone us:** on 01908 252696
- **Write to us at:** Budget 2008, FREEPOST ANG7122, Milton Keynes Council,
  Civic Offices, 1 Saxon Gate East, Milton Keynes MK9 3JB

01908 252696

Milton Keynes Council Budget Questionnaire 2008/09

PART 1: Council Tax levels

1. Do you think the Council Tax increase we are proposing is:

Please tick one box

Too high ☐ Acceptable ☐ Too Low ☐

Your chance to win £50

PART 2: Liberal Democrat Budget proposals

Liberal Democrat Proposals for Additional Investment in Services

No	Service	Proposed savings 2008/09 £	Proposed savings 2009/10 £	Impact on the public	Support	Do not support
1	Implement new regeneration strategy in areas of deprivation	105,000	105,000	Officer to progress regeneration schemes in areas of deprivation		
2	Improving educational standards	80,000	80,000	Officer to work with secondary head teachers to improve the standard of education and deliver the challenging 14-19 curriculum		
3	More activities for young people – Fund parishes to match fund junior youth work; and – free taster sessions for young people at leisure centres	100,000	100,000	More for young people to do – parish and town councils would be offered the opportunity to bid for funding to develop junior youth work projects		
4	Anti Social Behaviour officers	75,000	75,000	2 Additional Caseworkers giving ability to deal with more cases, improve early intervention and, if required, take formal action		
5	General community safety	65,000	65,000	Increased support for crime reduction action across the borough		
6	Houses in Multiple Occupation Enforcement	28,000	28,000	An additional officer dedicated to regulating Houses in Multiple Occupation including enforcement of planning regulations		
7	Flood prevention in areas prone to flooding	75,000	75,000	Investment to help minimise future flood problems		
8	Concessionary fares and supported bus services	24,000	24,000	Improved management to ensure Council's spending on concessionary fares and supported bus services delivers the most benefit		
9	Support for the Bedford - Bletchley Railway service	20,000	20,000	The Bedford-Bletchley line is now made viable by a Community Rail Partnership, to which the Council is expected to contribute.		
10	Maintain Litterbusters for 2008/09	188,000	Service will be incorporated into Waste contract	Maintain capacity to respond rapidly to issues such as fly-tipping, cleaning up 'grot spots' and targeting problem areas for cleansing.		
11	Funding for neighbourhood community safety programmes	12,000	12,000	This would further support Neighbourhood Action Groups to develop local solutions to crime and anti-social behaviour		
12	Improving our ability to maintain footpaths in older housing areas of the borough	50,000	–	Footpaths in older housing areas will be in a better state of repair.		

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PART 2 continued

Service reductions to make savings

No	Service	Proposed savings 2008/09 £	Proposed savings 2009/10 £	Impact on the public	Support	Do not support
13	Reduce book fund for libraries	-50,000	-50,000	Reduction in books available throughout the library system.		
14	Decrease Sports Development Budget	-6,000	-6,000	Reduction in sports activities delivered by the Council		
15	1% reduction in some grants and payments to voluntary organisations providing services to children	-10,000	-10,000	Small reductions in the incomes of some voluntary organisations		
16	Reduce council budget to Music Service to broadly match the contribution from Government.	-92,000	-158,000	The Council puts more money into the Music Service than most Local Authorities. Parents and schools will have to pay more for music lessons, or the service will be reduced.		
17	Remove the funding to the local Arts Forum giving a saving of £8k	-8,000	-8,000	Arts Forum work with schools to promote the arts will be reduced		
18	Reduce subsidy to Day Nurseries	-30,000	-30,000	Either increasing fees by 10% in real terms or transfer of the nurseries to a non-council provider (but this will not be determined until the outcome of the Day Nursery review is known)		
19	Reduction in Trading Standards service.	-35,000	-35,000	Some reduction in response on complaints and service enquiries and in consumer education partly offset by the use of the Consumer Direct service.		
20	Review fairer charging for all clients of adult social care transport services.	-50,000	-50,000	Clients who do not currently pay for transport would have to pay in line with other service users who do to ensure an equitable approach across all care groups		
21	Reduce grant to Shelter Advice Service as part of move to new council one-stop shop service.	-50,000	-50,000	Now that comprehensive housing advice services are being provided by the Council, Shelter will be funded mainly to scrutinise delivery of this service.		

Increase in charges/fees

No	Service	Proposed savings 2008/09 £	Proposed savings 2009/10 £	Impact on the public	Support	Do not support
22	Increase leisure charges further than Inflation	1,000	1,000	A small increase in costs of Council leisure and sports facilities.		
23	Charging parish councils for training to parish councillors	3,000	3,000	Increased cost to parish councils.		

Labour Party alternative proposals for additional investment in services

These are offered as alternatives to the Liberal Democrat investment proposals

No	Service	Proposed savings 2008/09 £	Proposed savings 2009/10 £	Impact on the public	Support	Do not support
24	Grants to Parish and Town Councils in areas with a low Council Tax base (due to lower valuations) to ensure that the poorest areas are not at a funding disadvantage.	220,000	220,000	Increased income for parish and town councils serving the poorest areas. They may choose to spend this on improving services or keeping their council tax precepts low. All of Bletchley, along with Wolverton, Stony Stratford, New Bradwell and all of the new city except for the Wards of Emerson Valley, Furzton, Loughton Park, Walton Park and parts of Middleton and the City Centre will benefit		
25	Small grants to Residents Associations throughout the Borough	30,000	30,000	Provide assistance to residents associations towards their costs		
26	4 extra street Wardens to improve community safety and help tackle crime in areas with high crime rates and areas where anti social behaviour is a problem	92,000	92,000	Additional wardens in areas of proven need. They will work with the Police and others to help fight crime, improve community safety and reduce anti social behaviour.		
27	Improvement fund for Bus services. A small additional budget to improve bus services	100,000	100,000	More subsidised services, for example improved evening as well as some day time services		
28	Improvements to street cleansing and additional resources to deal with fly tipping in areas where this is most needed	100,000	100,000	Targeted areas would be cleaner as a result		
29	A fund for regeneration projects which local people and local organisations can bid for	100,000	–	To provide a pot for local people to bid for in areas where regeneration is needed		

No	Service	Proposed savings 2008/09 £	Proposed savings 2009/10 £	Impact on the public	Support	Do not support
30	Improvements to youth and children's services in Milton Keynes in partnership with parish and town councils	100,000	100,000	Increased accessibility to youth services and for children and families		
31	Resources to improve local representation and provide stronger scrutiny of public services in Milton Keynes	100,000	100,000	Strengthen the ability of the Council to hold the Executive and other public bodies to account, and help councillors to become champions for their communities, and provide better representational services		
32	A Fund for additional footpath and road repairs which local people and organisations can bid for	100,000	–	A specific sum for bids to be made from local people/ local organisations including residents associations and Parish Councils.		

Conservative Party proposals for additional investment in services

The following are offered as alternatives to the Liberal Democrat investment proposals

No	Service	Proposed savings 2008/09 £	Proposed savings 2009/10 £	Impact on the public	Support	Do not support
33	Invest in changing the timing of streetlights	120,000	120,000	The changes would reduce street lighting after 12.30am at night producing long-term cost savings and reduced CO2 emissions		
34	Planning work to regenerate Bletchley and Fenny Stratford	100,000	100,000	Plans that can be implemented and support bids for investment funds and that would ultimately improve the quality of life for residents of the area.		
35	Planning service improvements	75,000	75,000	Improve the performance of the service through an increase in staff		
36	Re-focus translation spending	35,000	35,000	Improving English language ability within the community using saving from reduced translation spend (see 41 below).		
37	Anti-social behaviour reduction	150,000	150,000	Invest in additional anti-social behaviour officers		
38	Increased funding for youth work in targeted areas	100,000	100,000	More work with young people in the target areas		

The following proposals put forward by the Conservatives support the Liberal Democrat investment priorities

No	Service	Proposed savings 2008/09 £	Proposed savings 2009/10 £	Impact on the public	Support	Do not support
39	Funding for neighbourhood community safety programmes	12,000	12,000	This would further support Neighbourhood Action Groups to develop local solutions crime and anti-social behaviour		
40	Maintain Litterbusters for 2008/09	188,000	–	Maintain capacity to respond rapidly to issues such as fly-tipping, cleaning up 'grot spots' and targeting problem areas for cleansing.		

Conservative Party alternative proposals for service reductions to make savings

No	Service	Proposed savings 2008/09 £	Proposed savings 2009/10 £	Impact on the public	Support	Do not support
41	Re-focus translation spending	-35,000	-35,000	Reduce spending on translating council publications into minority languages. (see 36 above)		

Thank you for filling in this questionnaire. Please send it to Budget 2008, Freepost ANG7122, Milton Keynes Council, Civic Offices, 1 Saxon Gate East, MK9 3JB no later than 4th FEBRUARY 2008.

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When the festivities safely behind you it is an excellent time to assess the harm, you have done to your body and what can be done about it. Is it possible over-indulgence in the good things of life, coupled with the less than kind effects of winter weather, can have wreaked irreparable damage to figure, skin and constitution. Most problems can be remedied, it,s simply a matter of time and application, dedication if you like, to the cause of self re-building.

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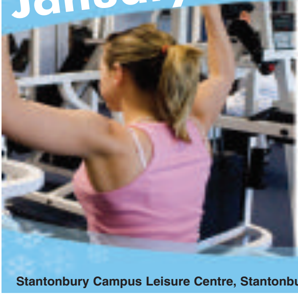

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You may of course require some special, remedial treatment to your skin that diet and fresh air alone cannot provide. A good facial, nourishing treatments and massage can do wonders for the tone and appearance of even the unhappiest complexion. Your local beauty salon will assess your problem, then prescribe and treat accordingly.

Health clubs are excellent places to get back into shape. They have the equipment that will gently massage your muscles into the sort of rhythm that will tone and ease them into a routine of increasingly heavy exercise programmes. It may be of course, you need only the sort of exercises you can get without special apparatus. Again the advice of an expert is invaluable and can save your hours of useless effort and painful exertion.

Perhaps you feel joining a health club is going a bit too far? Perhaps you are looking for group exercise rather than the one-to-one activities of the health club? An Aerobics class, keep-fit or dance group could be your answer. You will still be working-out under supervision, but in the company of many, like-minded people. On the other hand, you may just feel happiest going for a regular, solitary jog.

Exercising and sport are, as we have said, excellent for you health. Done wisely they will tone your muscles, improve your circulation and enhance your staying power. You will look better all over. Your skin will glow with health and you will feel wonderful. It takes time to achieve, but when you look at yourself in the mirror at the end of the programme, you will know, beyond any doubt, it was all worth it.

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- **HB** Housing Benefit
- **IS** Income Support (Incapacity Benefit is not eligible)
- **DPTC** Disabled Persons Tax Credit

Now Insulate from **£149**

[illegible] Insulation arranges the grant funding from the fuel suppliers. The claim for the grant is dealt with on your behalf, all you do is contribute to part of the cost. (see price guide below) By insulating your home you will reduce energy costs, improve the comfort of your home and protect the environment.

Makes your home warmer in winter and cooler in summer

This scheme offers you excellent value for money. A four bed detached house with no insulation can be insulated with.

Cavity Wall Insulation From [illegible] and Loft Insulation From [illegible]

[illegible]

([illegible])

How much do I need to contribute!

Cavity Wall Price Guide

Property Type	Max m2	Normally	PRICES FROM
[illegible]			
2/3 Bed Semi/End Terrace	80	[illegible]	[illegible]
2/3 Bed Semi Bungalow	60	[illegible]	[illegible]
2/3 Bed Mid Terrace	45	[illegible]	[illegible]
2/3 Bed Detached Bungalow	100	[illegible]	[illegible]
3/4 Bed Detached House	100/130	[illegible]	[illegible]

Properties built after [illegible] are subject to a different price structure

Additional areas over maximum m2 are charged at [illegible] per m2 inc. VAT

These are genuine prices. There is no catch. The contribution the supplier makes to enable this low price to you is not repayable. You are not required to change your fuel supplier. The offer price includes VAT. THIS OFFER IS FOR A LIMITED PERIOD ONLY.

ATTENTION LANDLORDS. If any of your tenants are claiming ONE of the benefits listed above, your property can be insulated FREE OF CHARGE*

THE 100% GRANT FOR FREE INSULATION* APPLIES IF YOU OR ANY MEMBER OF YOUR HOUSEHOLD ARE IN RECEIPT OF ANY ONE OF THE BENEFITS LISTED ABOVE - Ring for details

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Show stars at
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WEDNESDAY
January 9

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BBC1

6.00 Breakfast (T) **9.15** Wanted Down Under (T) **10.00** Homes under the Hammer (T) (Followed by BBC News; Weather) **11.00** To Buy or Not to Buy (R/T) **11.45** Cash in the Attic (R/T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (R/T) **1.00** BBC News; Weather (T) **1.30** Regional News and Weather (T) **1.40** Doctors (T) **2.10** Neighbours (T) **2.35** Diagnosis Murder (T) **3.20** BBC News and Weather (T) **3.25** CBBC: Bear Behaving Badly (R/T) **3.45** Skunk Fu (T) **4.00** What's New Scooby-Doo? (R/T) **4.20** Shaun the Sheep (R/T) **4.25** Thumb Wrestling (R/T) **4.40** Even Stevens (R/T) **5.00** Blue Peter (T) **5.25** Newsround (T) **5.35** Neighbours (R/T) **6.00** BBC News and Weather (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** (T)

7.30 **Elephant Diaries** The keepers pull out all the stops to give newly-rescued blind baby Ndololo a second chance in life. (T)

7.57 **BBC News and Regional News** (T)

8.00 **Watchdog** (T)

8.30 **Cars, Cops and Bailiffs** Bailiff Jamie Waller and his team hit the streets in the hunt for persistent parking fine evaders. (T)

9.00 **The Vicar of Dibley** (R/T)

10.00 **BBC News; Regional News; Weather** (T)

10.25 **Regional News Programmes** (T)

10.35 **The National Lottery Draws** (T)

10.40 **Honour Kills** First in a two-part documentary. (T) (Followed by National Lottery Update)

11.40 **FILM: Churchill - The Hollywood Years** (2004) Satirical comedy. Stars Christian Slater, Neve Campbell and Anthony Sher. (T)

1.00 Weatherview **1.05** Sign Zone: Antiques Roadshow (R/T) **2.05** Rogue Traders (R/T) **2.35** Animal Park - Wild on the West Coast (R/T) **3.35** Heir Hunters (R/T) **4.20** Joins BBC News 24 (T)

BBC2

6.00 CBeebies: Tikkabilla (R/T) **6.30** Teletubbies (R/T) **6.55** Pozzie (R/T) **7.00** CBBC: Jakers: The Adventures of Piggley Winks (R/T) **7.23** Newsround (T) **7.25** Only in America (R/T) **7.55** Bernard **8.00** Adventure Florida (T) **8.30** CBeebies: Mister Maker (T) **8.50** Charlie and Lola (T) **9.00** Toddworld (R/T) **9.15** The Large Family (T) **9.25** Pozzie (T) **9.30** Mama Mirabelle's Home Movies (R/T) **9.45** Boogie Beebies (R/T) **10.00** Schools: In the Night Garden (R/T) **10.30** Coast (T) **10.45** Family Xchange (T) **11.30** The Daily Politics (T) **1.00** See Hear (T) **1.30** Working Lunch (T) **2.00** Lakeside World Professional Darts Championships (T) **4.30** Ready Steady Cook (T) **5.15** The Weakest Link (T) **6.00** Animal Park (T)

7.00 **Lakeside World Professional Darts Championships** (T)

8.00 **Bill Oddie's Top Birds** Wildlife documentary with Bill Oddie. (T)

8.30 **Masterchef Goes Large** Restaurateur John Torode and fruit and veg man Gregg Wallace look for the country's next masterchef. (T)

9.00 **What Britain Earns** Father and son duo Peter and Dan Snow lift the lid on Britain's last taboo. Peter and Dan reveal who earns what in Britain, asking if the people who work the hardest get paid the most. (T)

10.30 **Newsnight** Coverage of today's important national and international news stories with Emily Maitlis (T) (Followed by Weather)

11.20 **Lakeside World Professional Darts Championships: Highlights** Ray Stubbs and Bobby George present highlights from round five at the Lakeside country club. Commentary from Tony Green and David Croft. (T)

12.10 World Darts Extra (T) **2.00-6.00** BBC Learning Zone

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.10** ITV News (T) **11.15** Regional News and Weather **11.20** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** A Touch of Frost **4.00** The Royal Today (T) (Followed By Local Weather) **4.30** Dickinson's Real Deal **5.00** Golden Balls (T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Eli forces Lily to grow more cannabis (T)

7.30 **Coronation Street** In the light of recent events, Maria makes a drastic decision. (T)

8.00 **The Bill: To Catch a Killer** On patrol in a shopping centre, Beth and Nate are approached by a woman, Jane Clarke, whose 11-year-old son, Dean has gone missing. A note is found which links the abduction to a case, 20 years before, when three boys were murdered by Alistair Haig and Linda Johnson. (T)

9.00 **Honest (New)** It's one hell of a day for Lindsay Carter. Her husband is going to prison for burglary, one of her daughters is trying glamour modelling, the other hasn't been to school in quite a while, the police are looking for one of her sons - and then her grandpa manages to burn down his house. (T)

10.00 **Britain's Biggest House Price Falls: Tonight** The Tonight team investigate why Britain's housing market is slowing down after the past decade's price boom, and reveal who stands to win and who stands to lose from this change. (T)

10.30 **ITV News and Weather** (T)

11.05 **Anglia Soccer Night** (T)

11.35 **Country Lives** (R/T)

12.05 Carling Cup Highlights (T) **1.00** Nightwatch **2.45** Loose Women (R/T) **3.40** The Jeremy Kyle Show (R/T) (Followed by ITV News Headlines) **4.35** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.00 The Hoobs (R/T) **6.25** The Hoobs (R/T) **6.50** The Treacle People (R/T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **8.00** Just Shoot Me (R/T) **8.25** Frasier (R/T) **8.55** Will & Grace (R/T) **9.25** Will & Grace (R/T) **9.55** Without a Trace (R/T) **10.55** ER (R/T) **11.50** Rescue Remedies (T) **12.00** News at Noon (T) **12.30** Come Dine with Me (R/T) **1.00** A Place in Greece (R/T) **1.35** Proud Parents (R/T) **1.50 FILM: The Blue Lamp** (1949) A seminal film from the Ealing Studios that set out to show the work of the London police. Drama starring Jack Warner, Jimmy Hanley and Dirk Bogarde. (T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** Richard & Judy (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)

7.55 **3 Minute Wonder** (T)

8.00 **Relocation, Relocation (New)** Kirstie Allsopp and Phil Spencer return for a brand new series. Once again the dynamic duo help a host of hopeful house-hunters eager to relocate their homes and lives. (T)

9.00 **Hugh's Chicken Run** Just 39 days after they hatched, it's time for the chop for the intensive chickens and for the free rangers at the Millwey estate. (T)

10.00 **Barry Humphries: The Man Inside Dame Edna** Hailed as a comic genius, Barry Humphries has produced some of the most enduring characters of the last 50 years. But how did he do this? What mysterious parts of the very private Barry Humphries brought these grotesques to life? (T)

11.05 **Shameless** (R/T)

12.10 FILM: Primal Fear (1996) Gregory Hoblit's drama, based on William Diehl's novel, stars Richard Gere as Martin Vail, a hot-shot defence attorney who takes jobs on for money and prestige rather than any sense of the greater good. Also stars Edward Norton and Laura Linney. (T) **2.40** You're Not Splitting Up My Family (R/T) **4.10** Monsters (R/T) **4.25** Richard & Judy (R) **5.25** Countdown (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** five news (T) **12.00** Home and Away (R/T) **12.30** Cooking the Books (R/T) **1.00** RSPCA: Have You Got What It Takes? (R/T) **1.30 FILM: Broken Lullaby** (1994) Tense thriller starring Mel Harris, Rob Stewart and Francis Hyland. (T) **3.20** five news update (T) **3.30 FILM: Columbo: Murder, a Self-Portrait** (1989) Crime drama starring Peter Falk, Patrick Bauchau and Fionnia Flanagan. (T) **5.30** five news (T) **6.00** Home and Away (T) **6.30** Cooking the Books (T)

7.00 **five news** (T)

7.30 **It Pays to Watch (New)** Entertaining magazine series in which money-saving zealot Martin Lewis explains how to get more cash in your pocket without having to get a new job, downsize or rob a bank. (T) (Followed by five news update)

8.00 **So You Think You Can Be a Single Parent? (New)** Documentary series following three celebrities as they attempt to cope with the rigours of being a single parent. (T) (Followed by five news at 9)

9.00 **FILM: Identity** (2003) Horror mystery. Stars John Cusack, Ray Liotta and Amanda Peet. (T)

10.55 **Lockdown** Gritty documentary series plunging head-first into the world of America's most dangerous prisons. This episode examines the gang warfare rife inside California's Pelican Bay State Prison, where the state's worst gang members are sent. From here, members of organisations like the Nazi Low Riders, Nuestra Familia, the Black Guerillas and the Aryan Brotherhood continue to wage war on each other and the outside world - but the authorities are fighting back. (T)

11.55 **Partypoker.net: Women's World Open** (T)

1.25 NHL Ice Hockey **4.00** UEFA Cup Football (R) **5.10** AMA Supercross

SATELLITE

SKY ONE

6.00am Cruise with Stelios: Caribbean **6.30** Cruise with Stelios: Caribbean **7.00** Lion Man **7.30** Are You Smarter Than A 10 Year Old? **8.30** Lion Man **9.00** Lost **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Are You Smarter Than A 10 Year Old? **1.00** Lion Man **1.30** Lion Man **2.00** Lost **3.00** Stargate SG-1 **4.00** Stargate SG-1 **5.00** Are You Smarter Than A 10 Year Old **6.00** Futurama **6.30** Malcolm in the Middle **7.00** The Simpsons **7.30** The Simpsons **8.00** The Simpsons **8.30** The Simpsons **9.00** Project Catwalk **10.00** Michael Buble - Live From Webster Hall **11.00** Law & Order **12.00am** Australia Uncovered **1.00** The Villa **1.50** Mile High **2.40** Naked In Westminster **3.30** Dream Team **4.20** Dream Team **5.10** Guilty!

ITV2

6.00am GMTV2 **9.25** Coronation Street **9.55** Emmerdale **10.55** The Montel Williams Show **11.35** Judge Judy **12.00pm** Coronation Street **12.30** Emmerdale **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.40** The Ricki Lake Show **4.25** Sally Jessy Raphael **5.10** Airline USA **5.40** Judge Judy **6.10** Judge Judy **6.35** Judge Judy **7.00** Smallville **8.00** Lose 30 Stone or Die **9.00** Sally Morgan: Star Psychic **10.00 FILM:** Payback **12.00am** Coronation Street **12.30 FILM:** Terminator 2: Judgment Day **2.55** Teleshopping **5.25** ITV2 Nightscreen

BBC3

7.00pm Doctor Who **7.45** Doctor Who Confidential **8.00** Spice Girls - Giving You Everything **9.00** Sex... with Mum and Dad **10.00** Little Britain **10.30** Kill It, Cook It, Eat It **11.30** Family Guy **11.55** Family Guy **12.15am** Spice Girls - Giving You Everything **1.15** Sex... with Mum and Dad **2.10** Kill It, Cook It, Eat It **3.10** Doctor Who Confidential **3.25** Fat Men Can't Hunt **4.25** Close

BBC4

7.00pm World News Today **7.30** Masterpieces of Vienna **8.00** ATOM **9.00** Classic Albums **10.00** How Pop Songs Work **11.00 FILM:** Mojo **12.30am** How Pop Songs Work **1.30** Masterpieces of Vienna **2.00** ATOM **3.00** How Pop Songs Work **4.00** Close

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Milton Keynes Caravan Show

10 - 13 January

Get the freedom of the open road! This weekend sees over 45 of the latest touring caravans on show with all their mod cons such as fixed beds, showers with hot water, heaters, cookers, fridges and in-van entertainment. Models will include new vans by Elddis, Bailey, Adria, Swift, Archway, Avondale and Coachman. There will also be a selection of excellent tourers at knock down prices and associated caravanning ideas and accessories. If you would like more information please visit www.centralexhibitions.co.uk

Motor Show 2008

15 – 20 January

Don't miss the Motor Show 2008, showcasing the latest models and most exciting developments in the local motoring industry. There will be displays from leading dealerships and you will have the opportunity of getting behind the wheel of your ideal car.

Sust!

January sale with 25% off a whole range of fairly traded products including clothes, jewellery, gifts and soft furnishings for the home. Bring this advertisement in to Sust! and receive a further 25% off their stunning 2008 calendars, while stocks last.

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Preserve your memories in crystal for centuries to come within minutes and watch these come to life before your very eyes.

Sensational 3 D and 2 D portraits, trophies, awards, corporate gifts and mementos, all laser engraved into precious, high-quality optic crystal.

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Come to **Build-A-Bear Workshop®** for Free Bearish Valentines when you buy Hearts Fur You Puppy (while stocks last) Until 13 January.

Also nominate a child you know for the 5th Annual Huggable Heroes® Search! Do you know a young person making a difference in your community? If so, they could be one of 12 winners to each receive £4,500 in prizes! Closes on 8 February.

Date for your diary

Our Place: MK Pioneers and Heroes
22 – 23 January 2008

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25-26 February 2008

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MUSIC REVIEWS

DECALER INDEPENDENCE

Bjork

I HAVE a lot of time for Bjork. She does her own thing, and it usually works out.

Even when she does misfire – It's Oh So Quiet, for example – there's usually a Bachelorette or an I Miss You to make up for it.

Unfortunately, this one's a massive misfire. It doesn't do very much for the first couple of minutes, and when it does get going it pretty much degenerates into noise. There's really not very much more to it than that, I'm afraid, there's only one riff and there aren't even any strange warbling sounds from Bjork this time round because she speaks (and sometimes shouts) the words.

In fairness to Bjork, this is certainly different, and it's got a strange industrial-stroke-metallic sound to it that I've never heard from her before, but this one doesn't work for me at all.

CONQUEST

White Stripes

HANG on, is that trumpets I hear? In a White Stripes song?

I suppose I shouldn't really be surprised, seeing as each time they release a new single it bears little resemblance to its predecessor.

But even by their standards Conquest is completely and utterly barking. You see, the White Stripes aren't all that dissimilar to Bjork – they tend to release stuff that nobody else would think of, and every so often they put out a dud, which is usually followed up with something much better to even things out.

Now, I'm not saying their last single was a duffer, but to my mind the one before (Icky Thump) most certainly was.

Right from the off with this song though, it's pretty obvious that Conquest is so far off the mental scale it buries the needle.

You see, there's more than a slight Spanish-sounding tinge to the proceedings as Jack White practically pours his heart out. In fact, he does such a good job of it I was surprised to find out that this isn't actually one of his songs, it's actually a cover of an ancient song written by someone called Corky Robbins.

Wonderful stuff.

NW5

Madness

IT'S nice to have bands treading the same path year after year.

Take Madness, for instance. At their height, there weren't many bands around that could touch them, and I don't care who hears me say that. Our House? A work of genius. Shut Up? Fantastic. Uncle Sam? Alright, fair enough, nobody's perfect.

Still, it's a strange thing to listen to a band that hasn't really moved forward musically all that much since the 1980s and yet is somehow still capable of coming up with songs as good as this.

There's a fairly dark tone to the proceedings here, but you know what it's like with Madness singles, Suggs could be singing about someone having their head ripped off by a crocodile while a deranged monkey goes to work on the rest of him with a chainsaw, but the music is just cheerful enough to leave you with the impression that the poor bloke made a full recovery afterwards.

Madness aren't daft – they may sound it on the surface, but when you dig a bit deeper their songs usually have something to say, and that's probably why they're still knocking around now.

Good on 'em, I say.

SIMON DARNELL

FILM REVIEWS

Odeon 0871 2244 007 Cineworld 0871 200 2000

Trouble in Afghanistan: Ahmad Khan Mahmoodzada as Hassan and Zekiria Ebrahimi as Amir star in The Kite Runner

THE KITE RUNNER

Khalid Abdalla, Atossa Leoni, Shaun Toub, Sayed Jafar Masihullah Gharibzada

Now Showing

AFTER spending years in California, Amir returns to his homeland in Afghanistan to help his old friend Hassan, whose son is in trouble.

CHARLIE WILSON'S WAR

Tom Hanks, Julia Roberts, Phillip Seymour Hoffman, Amy Adams, Ken Stott, Emily Blunt

Now Showing

IN the early 80s, Congressman Charlie Wilson (Hanks) organised, with the help of a socialite (Roberts) and a CIA loose cannon (Hoffman), the covert US support of Afghani rebels fighting against the Soviets.

DENIED

Andrew Dawson, Holly Mann, Nevin Ward, Elizabeth Metcalfe, Katherine Gibson

Now Showing

AFTER a pre-meditated car crash, a young woman is blind and the cure for her demolished by a group against scientific advances. The woman is forced to see the world in pure black and white and struggles to find the man who ruined her life.

DAN IN REAL LIFE (2008)

Steve Carell, Juliette Binoche, Dane Cook, Norbert Leo Butz, John Mahoney, Dianne Wiest, Alison Pill, Brittany Robertson, Marlene Lawston, Dianne Wiest, Emily Blunt, John Mahoney

Now Showing

DAN Burns (Carell) has a problem. Not only has he accidentally fallen in love with Marie (Binoche), his brother's new girlfriend, but he now has to endure her company during the annual family get-together.

MAN IN THE CHAIR (2008)

Now Showing

A CANTANKEROUS veteran movie actor – the last living cast member from Citizen Kane – forges an unlikely kinship with a young rebellious teen, bonding over a love of edgy cinema.

ALVIN AND THE CHIPMUNKS (PG)

Jason Lee, Ross Bagdasarian Jr., Janice Karman

Now showing

BASED on the 1980s cartoon series about a music group consisting of three chipmunks; mischievous group leader Alvin; tall and quiet Simon; and chubby, impressionable Theodore.

BEE MOVIE (PG)

Uma Thurman, Alan Arkin, Patrick Warburton, Rip Torn, Oprah Winfrey, William H Macy, Robert Duvall, Kathy Bates, Tim Blake Nelson, Matthew Broderick, Jerry Seinfeld, Renee Zellweger

Now showing

BARRY B Benson (Seinfeld) is a bee. Fresh out of bee college and about to choose his lifelong career in honey, he longs for more. During an adventure outside, he breaks the rules and speaks to human florist Vanessa (Zellweger), and is outraged to discover that humans are stealing the bees' produce for their own consumption.

ST TRINIAN'S (12A)

Rupert Everett, Colin Firth, Russell Brand, Caterina Murino, Jodie Whittaker, Stephen Fry, Lena Headey, Celia Imrie, Mischa Barton, Girls Aloud

Now showing

THE infamous school for young ladies, St Trinian's, is once again facing dire financial crisis. As unorthodox headmistress Camilla Fritton (Everett) struggles to deal with the new Education Minister Geoffrey Thwaites (Firth), the responsibility for saving St Trinian's from its creditors falls to the anarchic pupils.

I AM LEGEND (15)

Will Smith

Now showing

BASED on Richard Matheson's novel, a lone healthy survivor of a biological war faces off against a new breed of nocturnal mutants.

PS I LOVE YOU (PG)

Hilary Swank, Gerard Butler, Harry Connick Jr, Kathy Bates, Lisa Kudrow, Gina Gershon

Now showing

HOLLY (Swank) and Gerry (Butler) are happily married - mostly. But when he dies, she is bereft and unable to cope, until a series of letters that Gerry wrote for her start to arrive, helping her to move on.

BALLS OF FURY (12A)

Dan Fogler, Maggie Q, George Lopez, James Hong, Terry Crews, Christopher Walken

Now showing

WALKEN plays an evil crime boss who is Table tennis prodigy Randy (Fogler) is all washed up - until an FBI agent (Lopez) asks him to infiltrate an underground ping-pong contest run by elusive crime boss Feng (Walken). But can mentor Master Wong (Hong) get Randy ready in time?

ENCHANTED (PG)

James Marsden, Amy Adams, Susan Sarandon, Patrick Dempsey

Now showing

THE good news: animated Disney princess Giselle (Adams) has found true love with a prince (Marsden). Bad news: his stepmother (Sarandon) doesn't want him to create a new queen, so she banishes Giselle to real-world New York, which doesn't gel with her fairy-tale ways.

COMPETITION

MK NEWS has teamed up with Cineworld at the Xscape to offer readers the chance to win a pair of tickets to see the film of their choice. We have two pairs to give away.

Answer this simple question:

In what country is The Kite Runner based?

Answers by e-mail to competitions@mk-news.co.uk

Please include your name, address and daytime telephone number.

Closing date Monday, January 14.

THURSDAY
January 10

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BBC1

6.00 Breakfast (T) **9.15** Wanted Down Under (T) **10.00** Homes under the Hammer (T) (Followed by BBC News; Weather) **11.00** To Buy or Not to Buy (R/T) **11.45** Cash in the Attic (R/T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (R/T) **1.00** BBC News; Weather (T) **1.30** Regional News and Weather (T) **1.40** Doctors (T) **2.10** Neighbours (T) **2.35** Diagnosis Murder (T) **3.20** BBC News and Weather (T) **3.25** CBBC: Bear Behaving Badly (R/T) **3.45** Skunk Fu (T) **4.00** Prank Patrol (R/T) **4.30** Best of Friends (T) **5.00** Beat the Boss (R/T) **5.25** Newsround (T) **5.35** Neighbours (R/T) **6.00** BBC News and Weather (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** (T)

7.30 **EastEnders** Rainie swears to Tanya that she's off drugs. Roxy finds life under the same roof as Honey and Billy increasingly difficult. (T)

7.57 **BBC News and Regional News** (T)

8.00 **Waterloo Road** In a last-ditch attempt to stop Bolton from leaving school, Rachel takes the kids on a prison trip. (T)

9.00 **Fairy Tales - Rapunzel (New)** With his father in terrible debt, failing tennis pro Jimmy Stojkovic needs to win some competition cash fast. (T)

10.00 **BBC News; Regional News; Weather** (T)

10.25 **Regional News Programmes** (T)

10.35 **Honour Kills** Second in a two-part documentary which explores the role 'honour' played in a number of high-profile and horrific murders. (R/T)

11.35 **This Week** (T)

12.20 FILM: Honeymoon in Vegas (1992) An oddball romantic comedy about a couple who run into trouble when they head off to Las Vegas to get married. Stars Nicolas Cage, Sarah Jessica Parker and James Caan. (T) **1.50** Weatherview (T) **1.55** Sign Zone: Panorama (R/T) **2.25** The Blair Years (R/T) **3.25** Animal Park - Wild on the West Coast (R/T) **4.25** Joins BBC News 24 (T)

BBC2

6.00 CBeebies: Tikkabilla (R/T) **6.30** Teletubbies (R/T) **6.55** Pozzie (R/T) **7.00** CBBC: Jakers: The Adventures of Piggley Winks (R/T) **7.23** Newsround (T) **7.25** Only in America (R/T) **7.55** Bernard (T) **8.00** Adventure Florida (T) **8.30** CBeebies: Mister Maker (T) **8.50** Charlie and Lola (R/T) **9.00** Toddworld (R/T) **9.15** The Large Family (T) **9.25** Pozzie (T) **9.30** Mama Mirabelle's Home Movies (R) **9.45** Boogie Beebies (R/T) **10.00** Schools: In the Night Garden (R/T) **10.30** Focus (T) **10.50** Let's Write Non-Fiction (R/T) **11.10** Starship (R/T) **11.30** See You, See Me: Skara Brae (R/T) **11.50** Primary History: Black History - Gandhi (R/T) **12.00** The Daily Politics (R/T) **12.30** Working Lunch (R/T) **1.00** Lakeside World Professional Darts Championships (T) **4.30** Ready Steady Cook (T) **5.15** The Weakest Link (R/T) **6.00** Animal Park (T)

7.00 **Lakeside World Professional Darts Championships** The semi finalists will be chosen today. Commentary from Tony Green and David Croft. (T)

8.00 **Masterchef Goes Large** Restaurateur John Torode and fruit and veg man Gregg Wallace look for the country's next masterchef. (T)

9.00 **Never Mind the Buzzcocks** Comedy pop quiz hosted by Simon Amstell with team captains Bill Bailey and Phill Jupitus (T)

9.30 **Little Miss Jocelyn** Jocelyn Jee Esien, star of 3 Non Blondes, starts a new series of her sketch show. (T)

10.00 **Never Better** Much to his wife's chagrin, Keith buys a 4x4 to compete with the other dads at school (T)

10.30 **Newsnight** (T) (Followed by Weather)

11.20 **Lakeside World Professional Darts Championships: Highlights** Ray Stubbs and Bobby George present highlights from round six at the Lakeside country club. (T)

12.10 World Darts Extra (T) **2.00-6.00** BBC Learning Zone

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.10** ITV News (T) **11.15** Regional News and Weather **11.20** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** A Touch of Frost **4.00** The Royal Today (T) (Followed By Local Weather) **4.30** Dickinson's Real Deal **5.00** Golden Balls (T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Scarlett and Daz finally get together. (T)

7.30 **Coastal Kitchen with Chris Coubrough** Kiwi masterchef Chris Coubrough searches all along the east coast for regional delicacies in great locations, and meets some fascinating characters along the way. Today, Chris visits Whitby to discover the secret of perfect fish and chips.

8.00 **The Bill: To Catch a Killer** Heaton is hounded by journalists asking questions about the involvement of convicted child killer, Linda Johnson in the hunt for Dean Clarke. (T)

9.00 **Moving Wallpaper (New)** Spin-off of ITV's new soap Echo Beach, following the fictional crew behind the scenes as they endeavour to create a hit show. (T)

9.30 **Echo Beach (New)** In the Cornish surfing town of Polnarren, word spreads that erstwhile resident Daniel Marrack has returned after a 20-year absence to set up a surf shop and cafe with his son. (T)

10.00 **Katy Brand's Best Bits** (T)

10.30 **ITV News and Weather** (T)

11.00 **FILM: Cape Fear** (1991) Thriller starring Robert De Niro, Nick Nolte and Jessica Lange. (T)

1.20 Nightwatch **3.00** Loose Women (R/T) **3.50** The Jeremy Kyle Show (R/T) (Followed by ITV News Headlines) **4.50** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **7.55** Just Shoot Me (R/T) **8.25** Frasier (R/T) **8.55** Will & Grace (R/T) **9.25** Will & Grace (R/T) **9.55** Without a Trace (R/T) **10.55** ER (R/T) **11.50** Rescue Remedies (T) **12.00** News at Noon (T) **12.30** Come Dine with Me (R/T) **1.00** A Place in Greece (R/T) **1.30 FILM: 23 Paces To Baker Street** (1956) Thriller starring Van Johnson as a blind playwright who overhears a kidnapping plot and, with his fiancée (Vera Miles) and secretary (Cecil Parker), sets out to bring the villains to book. (T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** Richard & Judy (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** (T)

7.55 **3 Minute Wonder** (T)

8.00 **A Million Pound Place In The Sun** (T)

9.00 **Dispatches: The Truth About Your Food** Health-conscious consumers in Britain are slowly junking fast food. Instead, they are spending more on premium ready-meals and foods that claim to be healthier, enticed by packaging claiming health benefits. (T)

10.00 **Supersize Me** In Morgan Spurlock's Oscar-nominated, and Sundance and Edinburgh award-winning documentary he subsists for a whole month on McDonald's meals. If the restaurant staff asks if he wants his meal maximised to "Super Size", his own rules stipulate that he must say yes. And he must eat it all. (R/T)

12.05-1.30 4Music **1.30 FILM: Dad Savage** (1998) Patrick Stewart plays a menacing Lincolnshire tulip farmer-cum-petty provincial gangster out to revenge his son's bloody death at the hands of two thugs who have stolen his buried loot. Also stars Kevin McKidd and Helen McCrory. (T) **3.25** Transworld Sport (R/T) **4.15** Richard & Judy (R) **5.15** Countdown (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** five news (T) **12.00** Home and Away (R/T) **12.30** Cooking the Books (R/T) **1.00 FILM: Beauty** (1998) Romantic drama starring Janine Turner, Jamey Sheridan and Hal Holbrook. (T) **2.40 FILM: Don Quixote** (1999) Drama starring Bob Hoskins, Isabella Rossellini and John Lithgow. (T) **5.30** five news (T) **6.00** Home and Away (T) **6.30** Cooking the Books (T)

7.00 **five news** (T)

7.30 **How Do They Do It? (New)** Series examining the feats of science and engineering behind ordinary, everyday objects. (T) (Followed by five news update)

8.00 **The Mentalists** Documentary following accountant Ben Pridmore in his bid to become the World Memory Champion. (T) (Followed by five news at 9)

9.00 **Make Your Child Brilliant (New)** Documentary series exploring a brain-training technique that is designed to develop children's talents. (T)

10.00 **The Kate Moss Years** Two-part documentary profiling Kate Moss, the most iconic and controversial British model of her generation. (T)

11.05 **The Agency (New)** Documentary series exploring the workings of a modelling agency. It is fashion week in New York City, so Sean, the president of the Wilhelmina agency, examines a list of potential models. (T)

11.35 **30 Rock** Liz and the team have to stay up all night writing the next show. Frank tells Jenna what he thinks of her. Jack celebrates finally securing a divorce from Bianca, and Kenneth shares a moment with Cerie. (T)

12.05 Quiz Call **4.00** World's Strongest Man Super Series (R) **4.50** World's Strongest Man Super Series (R) **5.35** European Drag Racing

SATELLITE

SKY ONE

6.00am Cruise with Stelios: Caribbean **6.30** Cruise with Stelios: Caribbean **7.00** Lion Man **7.30** Are You Smarter Than A 10 Year Old? **8.30** Lion Man **9.00** Lost **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Are You Smarter Than A 10 Year Old? **1.00** Lion Man **1.30** Lion Man **2.00** Lost **3.00** Stargate SG-1 **4.00** Stargate SG-1 **5.00** Are You Smarter Than A 10 Year Old **6.00** Futurama **6.30** Malcolm in the Middle **7.00** The Simpsons **7.30** The Simpsons **8.00** The Simpsons **8.30** The Simpsons **9.00** Wives **10.00** Journeyman **11.00** Michael Owen...A Year In The Life Of **12.00am** Australia Uncovered **1.00** The Villa **1.50** Mile High **2.40** Naked In Westminster **3.30** Dream Team **4.20** Dream Team **5.10** Guilty!

ITV2

6.00am GMTV2 **9.25** Coronation Street **9.55** Emmerdale **10.25** The Montel Williams Show **11.10** Judge Judy **11.35** Judge Judy **12.00pm** Judge Judy **12.30** Coronation Street **1.00** Emmerdale **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.40** The Ricki Lake Show **4.25** Sally Jessy Raphael **5.10** Airline USA **5.40** Judge Judy **6.10** Judge Judy **6.35** Judge Judy **7.00** Smallville **8.00** Shoplifters - Caught On Camera **9.00 FILM:** Terminator 2: Judgment Day **11.40 FILM:** Double Jeopardy **1.40am** Smallville **2.35** Teleshopping **5.05** ITV2 Nightscreen

BBC3

7.00pm Doctor Who **7.45** Doctor Who Confidential **8.00 FILM:** Bend it Like Beckham **9.50** Football Gaffes Galore **10.00** EastEnders **10.30** Kill It, Cook It, Eat It **11.30** Family Guy **11.55** Family Guy **12.10am** The Mighty Boosh **12.40** Kill It, Cook It, Eat It **1.40** Sex... with Mum and Dad **2.40** The Mighty Boosh **3.10** Football Gaffes Galore **3.20** Doctor Who Confidential **3.35** Close

BBC4

7.00pm World News Today **7.30** Masterpieces of Vienna **8.00** ATOM **9.00** Six Five Special **10.00** Pop Music on Trial **11.00 FILM:** Absolute Beginners **12.40am** Pop Music on Trial **1.40** Masterpieces of Vienna **2.10** ATOM **3.10** Pop Music on Trial **4.10** Close

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Our 10-week swimming course is an excellent opportunity to accelerate confidence and skills in the water. The course is suitable for all levels and abilities and follows the ASA Learn to Swim Scheme. Classes take place Monday to Sunday.

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CLUBS AND PUBS

OCEANA

Xscape 670976

THE city's biggest nightclub. Five bars, two nightclubs and a restaurant. Music ranges from R&B, hip hop, dance and drum & bass in the Ice Room to cheesy pop and 70s tunes in the Disco Room. Student night on Mondays. Dress code is smart casual.

REVOLUTION

Xscape 679875

VODKA cocktail bar. Monday: The Big Cheese. Tuesday: Decknology - DJs competing. Wednesday: What the funk? - Soul, funk and house. Thursday: Vanity - Indie, rock and hip hop upstairs. Friday: Deep house, electro and Ibiza anthems with different promoters each week. Saturday: I Love Vodka - funky commercial house. Sunday: Acoustic sessions. Smart casual.

OPUS

Theatre District john@opusmk.com

BOUTIQUE bar with live DJs playing a mixture of house and chart tracks over two floors. Monday: I love 80s and 90s - retro beats.Wednesday: Kiss Kiss Bang Bang alternative night. Thursday: Honey Trap - RnB and funky house. Fridays and Saturdays: Chart and funky house. Sunday: Salsa dancing. Dress casual cool. Food is served until 9pm. A menu of 60 cocktails is available, with a two for one offer on Tuesday nights.

LLOYDS NO.1

Theatre District 55 8905

POPULAR bar on two levels with a large dance floor. DJs at weekends. Drinks and food are reasonably priced.

BUDDHA BLUE

Theatre District info@buddhablue.co.uk

THIS whitewashed haven is the newest club on the circuit. DJs spin RnB tunes into the early hours. Dress smart.

SHOUT

Station Square 233430

FORMERLY Chicagos, this one has brought Coyote fever to the city. On Friday and Saturday you can party until 2pm. Entry is £16 on the door - but for that you can drink all you want. Monday: Sabotage - student rock night, cheap drinks 9pm-2am.

THE SPICE LOUNGE

Theatre District 237400

CLOSED FOR REFURBISHMENT.

MOOD

Xscape 251060

DANCE and charts until 3am on Fridays and Saturdays - entry fee. Thursday: So So Funky - retro until 2am, free with NUS card.

YATES'S

Theatre District 674796

CHAIN pub with the party atmosphere on a Friday and Saturday night. Entry is free, and dress relaxed. Food during the day.

FIRST BASE

Xscape 295222

SPORTS bar with regular DJs and live bands at the weekend, pool tables, big screen TV. Casual dress. Food available.

FOX & HOUNDS

Stony Stratford 563307

PUB showcasing live bands.

ZAKS CLUB

Wolverton 315447

BAR with live music.

THE SONG LOFT

Stony Stratford 566407

FOLK and country music alternate Friday nights. No dress code.

THE PLOUGH

Water Eaton 373118

PUB with a late license and live rock bands on Saturday nights.

THE CANNON

Newport Pagnell 211495

PUB with a beanbag-filled candlelit chill out space. An open mic night takes place every Thursday on a newly built stage. Free entry. To play just turn up with your instrument. To play just turn up with your instrument. Free entry.

THE OLNEY WINE BAR

High Street 01234 711112

OPEN mic club every Wednesday. Doors open at 7pm.

THE FORESTER'S ARMS

Stony Stratford 567115

PUB with live jazz acts on Tuesday nights.

THE STABLES BOX OFFICE 280800

RAW RHYTHM

Saturday, January 19

DRUMMERS who supported SEAL in December's Royal Variety Show are among the cast of RAW RHYTHM a unique show of live choreographed music performed by 25 young musicians.

Live brass, percussion and vocals are fused with manoeuvre and dance to present music as varied as the great American Song Book, Latin American Rhythms and popular classics.

Director Joe Fitzpatrick says: "The show has a core of jazz, with percussive sets that could be compared to Stomp. Our show is a unique visual interpretation of some great melodic scores which the whole family will enjoy."

The concept behind the show is to create new performance opportunities and new audiences for an activity that spends most of its time performing live interpretative shows in sports stadiums throughout the country.

The cast are the most able musicians drawn from the American-style Drum and Bugle Corps genre of the UK's marching band activity. Several have toured in the US, and the majority are members of reigning European Champions, The Senators Drum and Bugle Corps from Eastleigh in Hampshire.

Producer Jim Vaughan added: "We are proud of our live music traditions and of the performance skills that our young people have. We want to make sure that these are seen and appreciated by a wider section of the community."

Raw Rhythm is supported by the British Federation of Youth Marching Band Organisations.

For more details, including workshop opportunities log on to www.rawrhythm.org.uk

Tickets £8

HAVE YOU HAD IT LONG MADAM?

Friday, January 11. 8pm

A UNIQUE and entertaining theatre show, presented by Hilary Kay and Paul Atterbury, two of the best known faces from BBC TV's Antiques Roadshow. The show is an irreverent but affectionate insiders' view in which Hilary and Paul share their experiences and favourite stories about life on the Roadshow and their careers in antiques. They share behind-the-scenes experiences from the programme and have some surprises in store including priceless clips and bloomers.

Please note that objects are not valued at these shows.

Tickets from £12

PAUL CARRACK

Saturday and Sunday, January 12-13. 8pm

THE former frontman of Mike & The Mechanics, and the voice behind world-wide hits, such as Ace's How Long, Squeeze's Tempted and the timeless classic The Living Years, has a reputation as a stunning live performer. Playing both solo and with his band, expect to hear other great songs like Silent Running, Another Cup Of Coffee, Over My Shoulder and many more all taken from his Greatest Hits album.

Tickets £35

JAZZ MATTERS

Stage 2

Sunday, January 13. 11.30am

Simon Spillett on the genius of Tubby Hayes

AWARD-WINNING saxophonist Simon Spillett discusses the life and work of his hero and inspiration, the much-missed British jazz legend Tubby Hayes. The talk will be illustrated with examples from Tubby's recordings and with personal insights from Simon's extensive research into Tubby's life.

Tickets £5

SYD LAWRENCE ORCHESTRA

Friday, January 18. 8pm

CELEBRATING 40 years of continuous touring, the internationally renowned Syd Lawrence Orchestra continues to keep the big band sounds of Glenn Miller, Count Basie, Tommy Dorsey, Billy May, Frank Sinatra and Ella Fitzgerald alive. Directed by Chris Dean, the orchestra brings the music of the swing era back to life with a precision and youthful exuberance that is guaranteed to lift the spirit.

Tickets £19.50

THE PITZ BOX OFFICE 660392

Dragster

RSI

Supports: Dragster, Jim Sorrow and Show Your Stripes

Friday, January 11

MK punk/hardcore/rock band RSI return to headline at The Pitz.

Formed in 2003 under the name Routine Social Incompetence and influenced by many genres and such bands as The Clash, The Ramones, The Damned, UK Subs, Iron Maiden, and Anthrax they focused on writing songs, only doing a few gigs.

In 2004 RSI went into the studio to record ten tracks by a member of Capdown, Keith Minter.

Four of those tracks went into creating the EP Miles Of Nothing which, to date, has sold around 1,000 copies.

It was 2005 when the band got down to hard work on the riotous live show and playing over 50 gigs supporting bands such as Anti Nowhere League, Marky Ramone, UK Subs, Gravel Trap and Chelsea as well as doing headline shows up and down the country.

RSI then went on to headline their first hometown gig at The Pitz in February 2006, which saw 400 people joining in with the chaos. The show was recorded and released as a limited edition cd.

Dragster,.from Coventry, are female-fronted garage rockers currently causing a buzz within the music industry.

Jim Sorrow, the former Freaks Union singer, goes it alone armed with his banjo.

He tours the UK playing a heartfelt blend of folk/country/punk.

Show Your Stripes are a young MK positive hardcore punk rock band.

Tickets £6. Doors 7.30pm.

MK THEATRE BOX OFFICE 0870 060 6652

ALADDIN

Until January 20

IT'S panto time again and the ever popular Bradley Walsh is back too. After last years huge success with Cinderella, attention turns to Aladdin on a magic carpet ride with all of your favourite traditional pantomime characters including Widow Twankey, the Genie, a beautiful princess and the evil Abanazer.

Brand new sparkling sets, glittering costumes, singing, dancing, comedy and bags of audience paricipation are guaranteed to thrill the whole family.

FRIDAY
January 11

15" Vistron LCD TV from £119.99 at ebuyer.com

BBC1

6.00 Breakfast (T) **9.15** Wanted Down Under (T) **10.00** Homes under the Hammer (T) (Followed by BBC News; Weather) **11.00** To Buy or Not to Buy (R/T) **11.45** Cash in the Attic (R/T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (R/T) **1.00** BBC News; Weather (T) **1.30** Regional News and Weather (T) **1.40** Doctors (T) **2.10** Neighbours (T) **2.35** Diagnosis Murder (T) **3.20** BBC News and Weather (T) **3.25** CBBC: Bear Behaving Badly (R/T) **3.45** Skunk Fu (T) **4.00** The Basil Brush Show (T) **4.27** Thumb Wrestling (R/T) **4.30** Freefonix (T) **5.00** Beat the Boss (R/T) **5.25** Newsround (T) **5.35** Neighbours (R/T) **6.00** BBC News and Weather (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** (T)

7.30 **Elephant Diaries** A new baby orphan has been rescued in Tsavo, but needs to be flown to Nairobi if it is to survive. (T)

7.57 **BBC News and Regional News** (T)

8.00 **EastEnders** Phil is forced to deceive Peggy, and Jack makes Darren an offer he finds hard to refuse. (T)

8.30 **Jam and Jerusalem** Sal has organised a ramble for the whole Guild, seeing it as an opportunity to have a nice stroll and a chat with friends. (T)

9.00 **New Tricks** Pullman's infuriating mother Grace needs to go into a home, but the one she has chosen has recently had a suspicious and unsolved death. (T)

10.00 **BBC News; Regional News; Weather** (T)

10.25 **Regional News Programmes** (T)

10.35 **Friday Night with Jonathan Ross** (T)

11.35 **Damages** (R/T)

12.30 FILM: Dracula 2000 (2000) Adaptation of the classic horror story. Stars Christopher Plummer, Gerard Butler and Jonny Lee Miller. (T) **2.00** Weatherview **2.05** Sign Zone: Arrange Me a Marriage (R/T) **3.05** Heir Hunters (R/T) **3.50** Joins BBC News 24 (T)

BBC2

6.00 CBeebies: Tikkabilla (R/T) **6.30** Teletubbies (R/T) **6.55** Pozzie (R/T) **7.00** CBBC: Jakers: The Adventures of Piggley Wink (R/T) **7.23** Newsround (T) **7.25** Only in America (R/T) **7.55** Bernard (T) **8.00** Adventure Florida (T) **8.30** CBeebies: Mister Maker (T) **8.50** Charlie and Lola (T) **9.00** Toddworld (R/T) **9.15** The Large Family (T) **9.25** Pozzie (T) **9.30** Mama Mirabelle's Home Movies (R/T) **9.45** Boogie Beebies (R/T) **10.00** Schools: In the Night Garden (R/T) **10.30** Primary Geography (T) **10.50** Primary History (R/T) **11.10** English Express (R/T) **11.30** Pod's Mission (R/T) **11.45** Something Special (R/T) **12.00** The Daily Politics (T) **12.30** Working Lunch (T) **1.30** Lakeside World Professional Darts Championships (T) **5.15** The Weakest Link (T) **6.00** Animal Park (T)

7.00 **Lakeside World Professional Darts Championships** (T)

8.00 **Natural World** The touching story of a giant otter cub called Sancho who was rescued and is being raised by Brazilian naturalist Carolina Vargas. (T)

8.50 **Dean the Diving Decorator** Wildlife documentary. (T)

9.00 **Extreme Pilgrim** The story of Peter Owen Jones, who through his travels see the extremes of world religions, as he seeks to discover and experience spiritual enlightenment for himself. (T)

10.00 **QI** (R/T)

10.30 **Newsnight** (T)

11.00 **Newsnight Review** Round-table arts discussion series with Martha Kearney. (T) (Followed by Weather)

11.35 **Lakeside World Professional Darts Championships: Highlights** (T)

12.25 World Darts Extra (T) **2.00** Star Trek: The Next Generation (R/T) **2.45** Star Trek: The Next Generation (R/T) **3.30** Joins BBC News 24 **4.25** Close

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.10** ITV News (T) **11.15** Regional News and Weather **11.20** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** A Touch of Frost **4.00** The Royal Today (T) (Followed By Local Weather) **4.30** Dickinson's Real Deal **5.00** Golden Balls (T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** David and Nicola admit their feelings for each other. (T)

7.30 **Coronation Street** Carla is infuriated by Maria's lies. (T)

8.00 **New Year Debt Buster: Tonight** Jonathan Maitland reports on Britain's debt crisis, and reveals the best ways for people to cure their financial hangovers. (T)

8.30 **Coronation Street** Carla and Maria lock horns over Liam. (T)

9.00 **Moving Wallpaper** Jonathan is immensely proud of episode one, but he is left with no time to relax on his birthday when the payroll gets sent round to everyone and Nancy makes it clear that she wants him to fail. (T)

9.30 **Echo Beach** Mark makes it clear to a terrified Susan that he will do whatever it takes to get Dan out of his life, even if it means revealing secrets from their past. (T)

10.00 **Al Murray's Happy Hour (New)** The award-winning Al Murray throws open his doors for the first time this year, welcoming more big-name celebrities. (T)

11.00 **ITV News and Weather** (T)

11.40 **FILM: 48 Hrs** (1982) Comedy thriller starring Nick Nolte, Eddie Murphy and Annette O'Toole. (T)

1.15 Nightwatch (Followed by ITV News Headlines) **2.55 FILM: Snow Falling on Cedars** (2000) Drama starring Ethan Hawke, James Cromwell and Richard Jenkins. (T) **4.55** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.00 The Treacle People (R/T) **6.10** The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **7.55** Just Shoot Me (R/T) **8.25** Frasier (R/T) **8.55** Will & Grace (R/T) **9.25** Will & Grace (R/T) **9.55** Without a Trace (R/T) **10.55** ER (R/T) **11.50** Rescue Remedies (T) **12.00** News at Noon (T) **12.30** Come Dine with Me (R/T) **1.00** A Place in Greece (R/T) **1.35** Science Scams (R/T) **1.40 FILM: The Wrong Arm Of The Law** (1962) Comedy in which Peter Sellers stars as the manager of a West End fashion boutique: a cover for his real job as boss of a gang of inefficient villains. Also stars Lionel Jeffries, Bernard Cribbins. (T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** Richard & Judy (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)

7.30 **First Cut** Just when does a fixation with healthy eating turn into an unhealthy habit? (T)

8.00 **A Place in the Sun: Home or Away** Publicans Adrian and Bronwen Dearnaley from Saddleworth in Lancashire want to call early time at the bar and find a holiday home. Bronwen wants to stay close to home and thinks a place in Anglesey in north Wales would be the perfect weekend retreat. (T)

9.00 **Jamie's Fowl Dinners** Every year 10 billion eggs and 950 million chickens are produced in Britain. In a revealing new programme, Jamie Oliver hosts a gala dinner to dramatically demonstrate the reality of how chickens live and die to put food on our plates. (T)

10.35 **Bill Bailey Live: Part Troll** Filmed at the Hammersmith Apollo, this hilarious show features a great comedian at his brilliant best. (R/T)

12.15-1.00 4Music **1.00** Comedy Showcase: Ladies And Gentlemen (R/T) **1.35** Goalissimo **2.35** World Cup Snowboard **4.25** Richard & Judy (R) **5.25** Countdown (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** five news (T) **12.00** Home and Away (R/T) **12.30** Cooking the Books (R/T) **1.00** RSPCA: Have You Got What It Takes? (R/T) **1.30 FILM: At the Midnight Hour** (1995) Contemporary murder mystery starring Patsy Kensit, Simon MacCorkindale and Keegan MacIntosh. (T) (Followed by five news update) **3.30 FILM: As Time Runs Out** (1999) Drama starring Stephen Collins, Karen Sillas and Rick Roberts. (T) **5.30** five news (T) **6.00** Home and Away (T) **6.30** Cooking the Books (T)

7.00 **five news** (T)

7.30 **Massive Speed (New)** (T) (Followed by five news update)

8.00 **Megastructures** Documentary series about huge engineering projects. A look at the construction of the world's tallest hotel, the Burj Al-Arab off the coast of Dubai. (R/T) (Followed by five news at 9)

9.00 **NCIS** Drama series following a team of special agents who investigate crimes connected to Navy and Marine Corps personnel. The team investigates the shooting of a marine and the kidnapping of his daughter. Meanwhile, McGee and Tony are stunned by Abby's Halloween costume. (T)

10.00 **Law and Order: Special Victims Unit** Drama series about an elite force based in New York which investigates sexually oriented crimes. A child's painting leads detectives to investigate a mother for possible abuse of her teenage stepson. When the boy's father is murdered attention shifts to the boy himself, while his stepmother tries to protect him and prevent the investigators from learning the truth. (R/T)

11.00 **The FBI Files** Documentary series charting the work of the FBI's crime laboratory. (R/T)

12.00 Quiz Call **5.10** Wildlife SOS (R/T) **5.35** Wildlife SOS (R/T)

SATELLITE

SKY ONE

6.00am Cruise with Stelios: Caribbean **6.30** Cruise with Stelios: Caribbean **7.00** Lion Man **7.30** Are You Smarter Than A 10 Year Old? **8.30** Lion Man **9.00** Lost **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Are You Smarter Than A 10 Year Old? **1.00** Lion Man **1.30** Lion Man **2.00** Lost **3.00** Stargate SG-1 **4.00** Stargate SG-1 **5.00** Are You Smarter Than A 10 Year Old **6.00** Futurama **6.30** Malcolm in the Middle **7.00** The Simpsons **7.30** The Simpsons **8.00** Are You Smarter Than A 10 Year Old **9.00 FILM:** Alien Resurrection **11.00** Movies' Greatest Cars **1.00am** The Villa **1.50** Mile High **2.40** Naked In Westminster **3.30** Dream Team **4.20** Dream Team **5.10** Guilty!

ITV2

6.00am GMTV2 **9.25** Coronation Street **9.55** Emmerdale **10.25** The Montel Williams Show **11.10** Judge Judy **11.35** Judge Judy **12.00pm** Judge Judy **12.30** Coronation Street **1.00** Emmerdale **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.40** The Ricki Lake Show **4.25** Sally Jessy Raphael **5.10** Airline USA **5.40** Judge Judy **6.10** Judge Judy **6.35** Judge Judy **7.00** Smallville **8.00** Saturday Night Divas **9.00 FILM:** Double Jeopardy **11.00** Coronation Street **11.35** Coronation Street **12.05am** Katy Brand's Best Bits **12.35 FILM:** Ali G Indahouse **2.15** Teleshopping **4.45** ITV2 Nightscreen

BBC3

7.00pm Doctor Who **7.45** Doctor Who **8.30** Doctor Who Confidential **9.00** Little Britain **9.30** Little Britain **10.00** EastEnders **10.30** Kill It, Cook It, Eat It **11.30** Family Guy **11.55** Family Guy **12.15am** The Mighty Boosh **12.45** Kill It, Cook It, Eat It **1.45** Doctor Who Confidential **2.00** The Mighty Boosh **2.40** Sex... with Mum and Dad **3.40** Dog Borstal **4.40** Close

BBC4

7.00pm World News Today **7.30** Sounds of the Sixties **7.40 FILM:** Beat Girl **9.10** Classic Albums **10.00** Pop Britannia **11.00 FILM:** Ziggy Stardust and the Spiders from Mars **12.30am** Cracked Actor: David Bowie **1.25** Pop Britannia **2.25** Pop! What is it Good For? **3.25** Pop Britannia **4.25** Close

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January 12

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BBC1

6.00 Breakfast (T) **10.00** Saturday Kitchen (T) **11.30** Bill's Food (T) **12.00** BBC News; Weather (T) **12.10** Football Focus (T) **1.00** The Great North Winter Run (T) **2.30** World Darts (T) **4.30** Final Score (T) **5.15** BBC News; Regional News; Weather (T) **5.35** The Weakest Link (T)

6.25 **The One and Only** Graham Norton's search to find the UK's best tribute act continues. 12 acts take to the stage in the greatest line-up of musical superstars ever assembled. (T)

7.40 **The National Lottery: In It to Win It** Dale Winton fronts the quiz show where five contestants compete to be in the right place at the right time in a bid to win a big-money jackpot. (T)

8.30 **Casualty** As the work-to-rule continues, a keen agency nurse eases the load, much to everyone's relief. But it soon becomes apparent he has a chilling agenda which leaves one of the team fighting for life.(T)

9.20 **The One and Only** Graham Norton's search to find the UK's best tribute act continues. (T)

9.50 **BBC News; Weather** The latest headlines and national weather. (T) (Followed by National Lottery Update)

10.10 **Match of the Day** Gary Lineker presents highlights from all of today's seven Premier League fixtures, including Newcastle v Manchester United and Liverpool v Middlesbrough. (T)

11.30 **FILM: Stargate** (1994) Rousing sci-fi adventure about a time portal that provides a gateway into an alternate universe. Stars Kurt Russell, James Spader, Jaye Davidson, Viveca Lindfors and Alexis Cruz. (T)

1.20 Friday Night with Jonathan Ross (R/T) **2.20** Weatherview **2.25** Joins BBC News 24 (T)

BBC2

6.00 CBeebies: Fimbles (R/T) **6.20** Tikkabilla (R/T) **6.50** Step Inside (R/T) **7.00** CBBC: Watch My Chops (R/T) **7.15** Watch My Chops (R/T) **7.25** Arthur (R/T) **7.40** Mortified (R/T) **8.00** Krypto the Superdog (R/T) **8.15** Zombie Hotel (R/T) **8.40** Dinosapien (R/T) **9.00** Basil's Swap Shop (T) **10.00** Prank Patrol (T) **10.27** Diddy Dick and Dom (T) **10.30** What's New Scooby Doo? (T) **10.50** Best of Friends (R/T) **11.20** Animalia (R/T) **11.45** Sportsround (T) **12.00** Animal Park (T) **1.00** Fred Dibnah's World of Steam, Steel and Stone (R/T) **1.30 FILM: The Square Peg** (1958) British comedy. Stars Norman Wisdom, Honor Blackman and Edward Chapman. (T) **2.55 FILM: The Early Bird** (1965) Slapstick comedy with Norman Wisdom, Edward Chapman and Jerry Desmonde. (T) **4.30** World Darts (T) **6.30** What the Papers Say (T) **6.40** Dad's Army (R/T)

7.10 **Coast** (R/T)

8.10 **Timewatch** In January 2007, the MSC Napoli ran aground, spilling its cargo on Branscombe beach in Devon. The public were delighted, but the authorities were determined to police opportunists. (T)

9.00 **Have I Got Old News for You** (T)

9.30 **FILM: U-571** (2000) World War II submarine adventure. Stars Matthew McConaughey, Bill Paxton and Harvey Keitel. (T)

11.20 **Jools's Annual Hootenanny** Jools Holland and his Rhythm and Blues Orchestra see in 2008 with the stars who rocked 2007. (T)

12.50 FILM: Rosencrantz and Guildenstern Are Dead (1990) A look at Shakespeare's Hamlet from the perspective of two of the play's minor characters who wander into a series of adventures in and around the royal castle. Stars Gary Oldman, Tim Roth and Richard Dreyfuss. (T) **2.40 FILM: Aimee and Jaguar** (1999) Drama based on the memoirs of Lilly Wust about a passionate wartime affair. Stars Maria Schrader, Juliane Kohler and Johanna Wokalek. (T) **4.40** Close

ITV1 Anglia

6.00 GMTV (T) **9.25** The Crocodile Hunter Diaries (T) **9.55** Torvill and Dean Dancing on Ice (R/T) **10.55** ITV News and Weather (R/T) **11.05** Regional News and Weather **11.10** Coronation Street Omnibus (T) **1.45** Primeval (R/T) **2.45** Regional News and Weather

3.05 **FILM: Harry Potter and the Philosopher's Stone** (2001) Big-screen adaptation of the best-selling novel by JK Rowling. Stars Daniel Radcliffe, Emma Watson and Rupert Grint. (T) **5.45** ITV News and Weather (T) **6.00** All New You've Been Framed! (T) **6.30** Harry Hill's TV Burp **(New)** (T)

7.00 **Primeval (New)** Cutter grapples with Claudia Brown's disappearance while trying to re-capture a ferocious Jurassic era Utahraptor on the loose in a shopping mall. He and Stephen confront the creature in a laser games arcade, but his gun jams and the raptor escapes. (T)

8.00 **Who Wants To Be A Millionaire? Celebrity** Celebrity edition of the gameshow. (T)

9.05 **Thank God You're Here (New)** Paul Merton hosts this improvisational comedy show in which star guests must rely on their wits after they are thrust into a set-up which they know nothing about. (T)

10.05 **FILM: Shaun Of The Dead** (2004) A British zombie-filled romantic comedy with plenty of gags and gore. Stars Simon Pegg, Kate Ashfield and Nick Frost. (T)

11.45 **ITV News and Weather** (T) (Followed by Local Weather)

12.05 Nightwatch With Steve Scott: Mystery (T) (Followed by ITV News Headlines) **1.55 FILM: Titus** (1999) Adaptation of Shakespeare's Titus Andronicus, an epic revenge tragedy of brutal savagery based in Roman times. Stars Anthony Hopkins, Jessica Lange and Alan Cumming. (T) **4.40** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Goalissimo (R/T) **8.00** The Morning Line (T) **8.55** T4: One Tree Hill (T) **9.55** Freshly Squeezed **10.25** Friends (R/T) **10.55** Friends (R/T) **11.25** Christina Aguilera: Live In Concert (T) **12.30** Friends (R/T) **1.00** Pussycat Dolls Present: The Search For The Next Doll (R/T) **2.00** Channel 4 Racing From Warwick And Kempton Park (T) **4.15** The TV Show (T) **4.45** Deal Or No Deal (T) **5.35** Hugh's Chicken Run (R/T) **6.35** Channel 4 News (T)

7.05 **ER** Another chance to see the final dramatic episode of the 13th series before the brand new series begins immediately afterwards. Much to the chagrin of the County General staff, the new Chief (guest star Stanley Tucci) is ready to make some major changes in the ER. Kovac puts his honeymoon on hold while he travels back to Croatia to be with his ailing father. Gates is urgently called home when Sarah panics that she might be taken away. Meanwhile, a patient convinces Neela to attend an anti-war rally and she finds her life in peril. (R/T)

8.05 **ER** Residents of Chicago's County General Hospital are struggling to cope in the aftermath of the anti-war rally. (T)

9.05 **FILM: Shallow Hal** (2001) A shallow man falls in love with a 300 pound woman because of her "inner beauty". Comedy starring Gwyneth Paltrow, Jack Black and Jason Alexander. (T)

11.10 **Virgin School** (R/T)

12.15-1.30 4Music **1.30 FILM: Jeepers Creepers** (2001) Horror tale starring Gina Philips, Justin Long and Jonathan Breck. (T) **3.10 FILM: Buena Vista Social Club** Aging Cuban musicians whose talents had been virtually forgotten following Castro's takeover of Cuba, are brought out of retirement by Ry Cooder. Drama also starring Luis Barzaga, Joachim Cooder and Juan de Marcos González (T) **5.10** Countdown (R/T) **5.55** Cubeez (R/T)

FIVE

6.00 Sunrise **7.00** Milkshake! **10.00** Australia's Giant Lizard: Austin Stevens Adventures (R/T) **11.00** Great Ocean Adventures: Spinner Dolphin (R/T) **11.55 FILM: A Stranger to Love** (1996) Moving drama about a man who begins a new life after a horrific attack during a robbery causes him to lose his memory. Stars Beau Bridges, Pam Dawber and Tess Harper. (T) **1.40 FILM: The Spirit of St Louis** (1957) Biographical drama telling the story of Charles A Lindbergh and his historic 1927 solo flight across the Atlantic from New York to Paris. Stars James Stewart, Patricia Smith and Murray Hamilton. (T) **4.10 FILM: To Sir, with Love** (1967) Touching drama. Stars Sidney Poitier, Judy Geeson and Christian Roberts. (T) **6.05** five news and sport (T) **6.25 FILM: McQ** (1974) Police thriller about a big-city cop who sets out to avenge the death of his partner. Stars John Wayne, Eddie Albert and Diana Muldaur. (T)

8.25 **NCIS** A one-million-dollar reward is posted by a wealthy family for the return of a missing person, but when a bullet is found, the case turns into a murder enquiry. (R/T)

9.20 **CSI: NY (New)** Mac returns from a holiday in London to investigate the murder of a security guard at the Statue of Liberty. (T)

10.20 **Law and Order: Special Victims Unit** A school principal is caught sexually assaulting a teenage boy. However, the subsequent investigation suggests that she may not have been culpable for her behaviour. (T)

11.20 **Criminal Minds** Drama series following the FBI's Behavioural Analysis Unit as they attempt to solve crimes through psychological profiling. The team joins forces with the CIA to root out a mole working inside the latter organisation. (R/T)

12.20 Quiz Call **5.10** Wildlife SOS (R/T) **5.35** Wildlife SOS (R/T)

SATELLITE

SKY ONE

6.00am Pop Years **7.00** Brainiac: Science Abuse **8.00** Vroom Vroom **9.00** Soccer A.M. **12.00pm** Mission Implausible **1.00** Pop Years **2.00** 50 Terrible Predictions **4.00** America's Dumbest Criminals **4.30** America's Dumbest Criminals **5.00** Malcolm in the Middle **5.30** Futurama **6.00** Futurama **6.30** Futurama **7.00** Stargate Atlantis **8.00** Brainiac: Best Of Science Abuse **9.00** Dr. Jekyll & Mr. Hyde **10.40** Wives **11.40** Australia Uncovered **12.40am** Pop Years **1.40** Futurama-Welcome To The World... **1.55** Road Wars **2.50** America's Dumbest Criminals **3.15** Vroom Vroom **4.10** Brainiac: Science Abuse **5.05** Guilty!

ITV2

6.00am GMTV2 **9.25** Planet's Funniest Animals **9.55** Who Wants To Be A Millionaire? Celebrity **10.55** Movies Now **11.10 FILM:** Richie Rich **12.55pm** All Star Family Fortunes **1.45** Emmerdale Omnibus **4.35** Emmerdale: The Dingle Family Album 2 **5.05** Holiday Showdown: Extreme **6.05** Nanny 911 **7.00** American Princess **8.00 FILM:** About a Boy **10.05** Al Murray's Happy Hour **11.10 FILM:** Hot Shots! Part Deux **1.00am** Dancing on Ice: Champion of Champions **2.15** Dancing on Ice: The Champions Skate Off **2.45** Divas: Gone Bad **3.10** Movies Now **3.20** Emmerdale Omnibus

BBC3

7.00pm Sound **7.30** Dog Borstal **8.00** The Real Hustle **8.15** Top Gear **9.20 FILM:** Catch Me If You Can **11.35** Family Guy **12.00am** Family Guy **12.20** Sex... with Mum and Dad **1.15** The Most Annoying People of the Year 2007 **3.45** Dog Borstal **4.15** The Real Hustle **4.30** Close

BBC4

7.00pm Mansfield Park **8.50** Dance for the Camera **9.00** Darcey Bussell's Ten Best Ballet Moments **10.00 FILM:** Fateless **12.10am** Pop Britannia **1.10** Pop! What is it Good For? **2.10** How Pop Songs Work **3.10** Pop Britannia **4.10** Close

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Family Favourites

Pepperoni Plus, Double Pepperoni, Mushrooms & Onions	£7.95	£10.95	£13.95
BBQ Original Chicken, Green Peppers, Fried Onion & Special BBQ Sauce	£7.95	£10.95	£13.95
Meaty One Ham, Pepperoni, Beef, Spicy Pork	£7.95	£10.95	£13.95
Sea Food Prawns, Anchovies, Tuna & Fresh Tomato	£7.95	£10.95	£13.95
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Late Breakfast Smokey Sausage, Bacon, Salami & Fried Onion	£7.95	£10.95	£13.95
Alligator Pepperoni, lamb, Beef, Bacon, Garlic Sausage, Salami	£7.95	£10.95	£13.95

GoGo Special

Green Peppers, Mushrooms, Onions, Ham, Beef & Pepperoni	£7.95	£10.95	£13.95

Stuffed Edge Surcharges

Stuffed Edge with Cheese/with cheese & Pepperoni/ with Garlic & Herbs	£1.00	£1.20	£1.40

Extra Toppings

Create your own pizza by using a Cheese and Tomato as a base then add your choice of toppings from the following	£0.80	£0.90	£1.00

Meat Toppings	Chicken Toppings	Seafood Toppings	Vegetable Toppings
Pepperoni, Salami	Tandoori Chicken	Tuna	Pineapple, Mushrooms,
Garlic Sausage	Chinese Chicken	Anchovies	Sweetcorn, Green Peppers
Smokey Sausage	Plain Chicken	Prawns	Red peppers, Onions,
Ham, Spicy Pork	Mexian Chicken		Fresh Tomato, Green Chillies
Beef			Aubergine, Fresh Garlic,
			Jalapeno peppers, Black
			Olives, Spinach, Broccoli

Starters

Garlic Bread (4pcs)	£1.50	With Cheese (4pcs)	£1.95
Cheesy Garlic Pizza Bread (7")	£2.95	Breaded Mozzarella Sticks (8pcs)	£3.45
Potato Twisters (Per Portion)	£2.50	Potato Wedges (Per Portion)	£2.50
Potato Wedges (Per Portion)	£2.50	Potato Skins (5pcs) with cheese	£3.45
Pototo Skins (5pcs) with cheese	£4.45	Jalapeno Peppers Cream cheese (6pcs)	£3.45
Onion Rings (10 rings)	£1.95		
Dips, garlic & Mayonaise, BBQ, Chilli, Sour Cream, Garlic & Herb			£0.30
Spicy Chicken Wings (8pcs)	£3.45	BBQ Wings (8pcs)	£3.45
Chicken Nuggets (6pcs)	£1.95	Southern Fried Mr Chicken (6pcs)	£1.95
BBQ Ribs (1.2 rack)	£3.95		

Pasta

Spaghetti Bolognese	£3.95	Vegetable Lasagne	£3.95
Meat Lasagne	£3.95	Chicken & Mushroom Pasta	£3.95

Salad

Salad Bar Onion, lettuce, fresh tomato, cucumber, coleslaw, ham, sweetcorn, green peppers, olives, cheese, tuna, chicken			£3.45
Green Salad	£2.00	Coleslaw	£1.30

Ice Cream

Haagen Daas 500ml, Vanilla, Choc Chips, Strawberry & Cream, Cookies & Cream, Baileys & Cream	£3.95
House Ice Cream, Dairy, Strawberry, Chocolate, Caramel Coffee	£2.95

Desserts

Tennessee Toffee Pie	£1.95	Chocolate Fudge Cake	£1.95
Strawberry Cheese Cake	£1.95	Banoffi Pie	£1.95

Cold Drinks

Coke, 7-UP, Fanta, Diet Coke (Can)	£0.70	Bottle	£1.55

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Pepperoni Lovers™ *Double Pepperoni, mushroom, onion*			
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Vegetarian Volcano Very Hot! *Green and Red Peppers, Red Onion, Sweetcorn, Jalapeno Peppers, Chilli Powder, Chilli Sauce*			
Oriental Express *Chinese Chicken, Green Peppers, Mushrooms, Sweetcorn*			
The Tuscan *Italian Sausage, Salami, Red Onion, Green Peppers, Mushrooms, Garlic Sauce, Italian Seasoning*			
New **Chicken BBQ Sizzler** *Chargrilled Chicken, Bacon, Onion, Barbeque Sauce & Rio Pizza Sauce*			
New **Lamb Donor Pizza** *Lamb Donor, red onion, red & green peppers, garlic sauce*			
New **Chicken Donor Pizza** *Chicken Donor, red onion, red & green peppers, garlic sauce*			

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Garlic Knots 6 delicious knots of dough brushed with garlic butter	1.49	2.25
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Garlic Bread	1.75	2.49
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Potato Wedges Choice of dips	2.49	3.75
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Chicken Nuggets 8 chunks of Chicken breast coated in breadcrumbs with choice of dip	2.99	4.50
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Wings 'n' Wedges Combo 6 BBQ or spicy Peri Peri Chicken wings served with spicy potato wedges and two of our tasty dips	3.99	5.99
Kids Deal New 6" pan pizza with up to 2 toppings, garlic bread, can of Coke	2.99	
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Chicken/Lamb Tikka Massala	£5.95
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SUNDAY
January 13

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BBC1

6.00 Breakfast (T) **7.35** Match of the Day (R/T) **9.00** The Andrew Marr Show (T) **10.00** The Big Questions (T) **11.00** Countryfile (T) (Followed by Weather for the Week Ahead) **12.00** The Politics Show (T) **1.00** Diagnosis Murder (T) **1.45** 'Allo 'Allo! (R/T) **2.15** EastEnders (T) **4.10** Sense and Sensibility (T) **5.10** Songs of Praise (T) **5.45** BBC News and Weather (T) **6.00** BBC News; Regional News; Weather (T) **6.10** A Question of Sport (T) **6.40** Antiques Roadshow (T)

7.40 **Lark Rise to Candleford (New)** Adaptation of Flora Thompson's memoir of her Oxfordshire childhood. Young country girl Laura Timmins leaves her friends and family in the hamlet of Lark Rise to start her first job at the post office in nearby town Candleford. (T)

8.40 **Sense and Sensibility** Marianne learns the full extent of Willoughby's betrayal and wrongdoing from Brandon. (T)

9.40 **The Vicar of Dibley** (R/T)

10.10 **BBC News; Weather** (T)

10.30 **Damages** Acclaimed American legal drama following a ruthless lawyer's class action suit against an allegedly corrupt former company CEO. (T)

11.15 **FILM: Paycheck** (2003) An engineer who agreed to have his memory erased following a huge top-secret job discovers that he refused the massive paycheck offered to him in return for his work, keeping instead a small bag of worthless items. He uses these clues to piece together the true nature of his mysterious work, as the FBI, a mysterious woman, and a group of killers attempt to track him down. Sci-fi thriller starring Ben Affleck, Aaron Eckhart and Uma Thurman. (T)

1.05 Weatherview **1.10** Sign Zone: Watchdog (T) **1.40** Clash of the Worlds (T) **2.40** Holby City (T) **3.40** Animal Park - Wild on the West Coast (T) **4.40** Joins BBC News 24 (T)

BBC2

6.00 CBeebies: Fimbles (T) **6.20** Tikkabilla (R/T) **6.50** Step Inside (R/T) **7.00** CBBC: Jakers: The Adventures of Piggley Winks (R/T) **7.20** BB3B (R/T) **7.45** Secret Show (R/T) **8.00** Secret Show (R/T) **8.10** Thumb Wrestling (T) **8.15** Skunk Fu (R/T) **8.30** Raven (R/T) **9.00** Hider in the House (T) **10.00** Something for the Weekend (R/T) **11.30** **FILM: How to Steal a Million** (1966) Lighthearted crime caper. Stars Audrey Hepburn, Peter O'Toole and Eli Wallach. (T) **1.30** Snooker: The Masters 2008 (T) **5.05** The Natural World (R/T) **5.55** World Darts (T)

8.00 **The Best of Top Gear** (T)

9.00 **Louis Theroux Behind Bars** Louis travels to California to spend two weeks in the notorious San Quentin State Prison. Built in 1852, San Quentin is dangerously overcrowded. Louis discovers the prisoners' inner culture, intrigued by its rules and language. He meets David Silva, who is serving 521 years and 11 life sentences and is locked down for 23 hours a day. (T)

10.00 **Match of the Day 2** Adrian Chiles presents highlights from today's two Barclays Premier League matches; Sunderland v Portsmouth at the Stadium of Light, and Bolton v Blackburn. Also goal highlights from yesterday's Premier League games. (T)

10.45 **The Culture Show** Lauren Laverne presents highlights from the opening weekend that launches Liverpool's year as the European Capital of Culture. (T)

11.30 **BBC Four on BBC Two: Once Upon a Time in New York** The Birth of Hip Hop, Disco and Punk. How the squalid streets of 70s New York gave birth to music that would go on to conquer the world - punk, disco and hip hop. (T)

12.30 Snooker: The Masters 2008 Highlights (T) **1.20** Snooker Extra (T) **2.45** Joins BBC News 24 **4.20** Close

ITV1 Anglia

6.00 GMTV (T) **9.25** CITV: Jim Jam and Sunny (T) **9.40** Paz (R/T) **9.50** Championship Goals (T) **10.50** **FILM: Murder, She Wrote: A Story to Die For** (2000) Detective thriller. Stars Angela Lansbury, Richard Crenna and Kathryn Morris. (T) **12.30** ITV News and Weather (R/T) **12.40** Regional News and Weather **12.45** **FILM: Agatha Christie's Death on the Nile** (1978) Detective thriller starring Peter Ustinov, Bette Davis and David Niven. (T) **3.20** Lewis (R/T) **5.20** Regional News and Weather **5.35** ITV News and Weather (T) **5.50** Dancing On Ice (T)

7.50 **Heartbeat** Rumours of sinister goings-on are quick to spread when a local church is vandalised. (T)

8.50 **Dancing On Ice: The Skate Off** The voting is over and Phillip Schofield and Holly Willoughby reveal which ice-skating couple will be first to leave the competition. (T)

9.20 **Kingdom** There's still no word from Peter's missing brother Simon so Peter happily takes on the role of surrogate father to Daniel. (T)

10.20 **ITV News and Weather** (T) (Followed by Local Weather)

10.35 **FILM: True Lies** (1994) When a secret agent learns of his wife's extra-marital affair, he pursues her and uses his intelligence resources in a job he kept secret from her. Action adventure tale starring Arnold Schwarzenegger, Jamie Lee Curtis and Tom Arnold. (R/T)

1.05 **FILM: The Wicker Man** (1973) A police sergeant is called to an island village in search of a missing girl whom the locals claim never existed. Stranger still, however, are the rituals that take place there. Crime thriller starring Edward Woodward, Christopher Lee and Diane Cilento. **2.40** Dial a Mum (R/T) **3.15** Karen Sisco (R/T) **3.55** People's Court (R) **4.50** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.05 The Hoobs (R/T) **6.30** Transworld Sport (T) **7.30** The London Boat Show **8.00** World Cup Skiing **9.00** T4: The O.C. (R/T) **10.00** Hollyoaks Omnibus (R/T) **12.35** The Hills (T) **1.05** The Hills (T) **1.40** Friends (R/T) **2.15** Friends (R/T) **2.45** Smallville: Superman the Early Years (T) **3.45** The Simpsons (T) **4.15** The Simpsons (T) **4.45** Britain's Worst Weather (R/T) **5.45** Time Team (T) **6.45** Channel 4 News (T)

7.00 **Picture This** The remaining four competitors take on the art of documentary photography to get one step closer to winning the ultimate prize for any aspiring photographer, an exhibiton of their own work. (T)

8.00 **FILM: The Phantom Of The Opera** (2004) Joel Schumacher directs this lavish, Oscar-nominated screen version of Andrew Lloyd Webber's stage musical, itself based on the classic horror novel by Gaston Leroux. Emmy Rossum plays Christine Daae, a promising soprano who takes singing lessons from the mysterious Phantom of the Opera (Gerard Butler). He forces the opera's diva to leave with a regime of fear, leaving his protégé to take centre stage, but she falls for the opera's new patron, Viscount Raoul De Chagny (Patrick Wilson), her childhood sweetheart. Enraged, the Phantom, passionately in love with Christine, kidnaps her to his subterranean lair while unleashing death and terror on the opera house's audience and workers. (T)

10.40 **FILM: Jeepers Creepers 2** (2003) Horror tale starring Ray Wise, Jonathan Breck and Garikayi Mutambirwa. (T)

12.35-1.10 4Music **1.10** Picture This (R/T) **2.15** 3 Minute Wonder (R/T) **2.20** 3 Minute Wonder (R/T) **2.25** 3 Minute Wonder (R/T) **2.30** 3 Minute Wonder (R/T) **2.35** Hindenburg (R/T) **4.35** The Truth About Your Food (R/T) **5.25** Countdown (R/T)

FIVE

6.00 Milkshake! **10.00** Hannah Montana (T) **10.30** Hannah Montana (T) **11.00** Wild Challenge: Galapagos Sharks (T) **11.10** Tim Marlow on... (T)

12.00 **FILM: Paratrooper** (1953) Wartime drama. Stars Alan Ladd, Leo Genn and Susan Stephen. (T) **1.45** Football Italiano (T) **4.10** Monkey Life (R/T)

4.40 **FILM: The Cowboys** (1972) Frontier drama about an ageing rancher who reluctantly enlists 11 schoolboys to help him on a cross-country cattle drive. When he is killed by a crazy gunman, the group band together to take revenge. Stars John Wayne, Roscoe Lee Browne and Bruce Dern. (T)

7.05 **five news and sport** (T)

7.25 **FILM: Men in Black II** (2002) Action-packed sequel to the sci-fi comedy about a top secret government task force set up to deal with unruly extraterrestrials. Stars Will Smith, Tommy Lee Jones and Rip Torn. (T)

9.00 **FILM: Planet Of The Apes** (2001) Big-budget remake of the 1968 sci-fi classic following the adventures of a daring astronaut who crash-lands on a planet dominated by intelligent, talking apes. With the help of a chimpanzee activist and a growing band of rebel humans, he forms a resistance movement to liberate mankind from their simian oppressors. Stars Mark Wahlberg, Tim Roth and Helena Bonham Carter. (T)

11.25 **Disorderly Conduct** US documentary series featuring footage of real-life car crashes, drug busts and high-speed pursuits. (R/T)

12.25 Great Ethiopian Run **1.15** NFL Classics **2.15** Boxing: Fight of the Week (R) **3.10** Now Is the Time: Night of Combat - Kick Boxing **4.00** Football Italiano **5.35** Motorsport Mundial

SATELLITE

SKY ONE

6.00am Hour of Power **7.00** Little Monsters **8.00** America's Dumbest Criminals **8.30** America's Dumbest Criminals **9.00** Brainiac's Test Tube Baby **10.00** Pop Years **11.00** WWE - Experience **12.00pm** Robot Wars: Extreme **1.00** Max Magic **2.00** Dog Whisperer **3.00** Project Catwalk **4.00** Malcolm in the Middle **4.30** Malcolm in the Middle **5.00** Malcolm in the Middle **5.30** Malcolm in the Middle **6.00** Are You Smarter Than A 10 Year Old **7.00** The Simpsons **7.30** Simpsons **8.00** Brainiac: Science Abuse - New **9.00** **FILM:** Volcano **11.00** Golden Globes Red Carpet 2008 **12.30am** Australia Uncovered **1.30** 50 Terrible Predictions **3.30** Pop Years **4.20** Little Monsters **5.10** Guilty!

ITV2

6.00am GMTV2 **9.25** Emmerdale Omnibus **12.15pm** The Funny Side of the Farm **1.20** Emmerdale Family Album **1.50** **FILM:** Beverly Hills Cop **3.55** Dancing on Ice: Champion of Champions **5.10** Dancing on Ice: The Champions Skate Off **5.50** **FILM:** About a Boy **7.45** Planet's Funniest Animals **8.00** **FILM:** Beverly Hills Cop **10.00** **FILM:** Hot Shots! Part Deux **11.50** **FILM:** Coming to America **2.00am** Dancing On Ice **3.50** Dancing On Ice: The Skate Off **4.20** Teleshopping **5.50** ITV2 Nightscreen

BBC3

7.00pm Football Gaffes Galore Outtakes **7.05** The Real Hustle **7.35** **FILM:** Ace Ventura: When Nature Calls **9.00** Two Pints of Lager and a Packet of Crisps **9.30** Marc Wootton Exposed **10.00** Sex... with Mum and Dad **11.00** Family Guy **11.25** Family Guy **11.45** Two Pints of Lager and a Packet of Crisps **12.15am** Marc Wootton Exposed **12.45** The Most Annoying People of the Year 2007 **3.10** Sex... with Mum and Dad **4.10** The Real Hustle **4.35** Football Gaffes Galore Outtakes **4.40** Close

BBC4

7.00pm Doctors to Be: 20 Years On **7.30** Soweto Strings **9.00** 10 Things You Didnt Know About Tsunamis **10.00** Earth: The Power of the Planet **11.00** The Blair Years **12.00am** 10 Things You Didnt Know About Tsunamis **1.00** Soweto Strings **2.30** Doctors to Be: 20 Years On **3.00** 10 Things You Didnt Know About Tsunamis **4.00** Close

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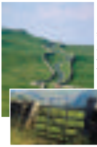

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MONDAY
January 14

15" Vistron LCD TV from £119.99 at ebuyer.com

BBC1

6.00 Breakfast (T) **9.15** Wanted Down Under (T) **10.00** Homes under the Hammer (T) (Followed by BBC News; Weather) **11.00** To Buy or Not to Buy (R/T) **11.45** Car Booty (R/T) (Followed by BBC News; Weather) **12.15** Cash in the Attic (R/T) **1.00** BBC News; Weather (T) **1.30** Regional News and Weather (T) **1.40** Doctors (T) **2.10** Neighbours (T) **2.35** Diagnosis Murder (T) **3.20** BBC News and Weather (T) **3.25** CBBC: Bear Behaving Badly (R/T) **3.45** Skunk Fu (T) **4.00** SMart (R/T) **4.25** Thumb Wrestling (R/T) **4.30** The Revenge Files of Alistair Fury (T) **5.00** M.I. High (T) **5.25** Newsround (T) **5.35** Neighbours (R/T) **6.00** BBC News and Weather (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** (T)

7.30 **Elephant Diaries** (T)

7.57 **BBC News and Regional News** (T)

8.00 **EastEnders** Dawn has a difficult decision to make, and Jane is rattled by the arrival of a mysterious letter. (T)

8.30 **Panorama** Paul Kenyon follows the most dangerous illegal immigration route into Europe. (T)

9.00 **Motorway Cops** Officers patrolling Britain's motorways are under pressure like never before. Documentary series narrated by Jamie Theakston. (T)

10.00 **BBC News; Regional News; Weather** (T)

10.25 **Regional News Programmes** (T)

10.35 **Lenny Henry.tv** Lenny Henry takes us through the best comedy shorts available on the internet, from the most outrageous CCTV to exclusive online TV. (T)

11.05 **FILM: Tai-Pan** (1986) An epic drama set in the 19th century. Stars Bryan Brown, Joan Chen and John Stanton. (T)

1.05 Weatherview **1.10** Sign Zone: Jam and Jerusalem (R/T) **1.40** Animal Park - Wild on the West Coast (R/T) **2.40** Heir Hunters (R/T) **3.25** Heir Hunters (R/T) **4.10** Joins BBC News 24 (T)

BBC2

6.00 CBeebies: Tikkabilla (R/T) **6.30** Teletubbies (R/T) **6.55** Pozzie (R/T) **7.00** CBBC: Jakers: The Adventures of Piggley Winks (R/T) **7.23** Newsround (T) **7.25** Only in America (R/T) **7.55** Bernard (R/T) **8.00** Adventure Florida **(New)** (T) **8.30** CBeebies: Mister Maker (T) **8.50** Charlie and Lola (T) **9.00** Toddworld (R/T) **9.15** The Large Family (T) **9.25** Pozzie (T) **9.30** Mama Mirabelle's Home Movies (R/T) **9.45** Boogie Beebies (R/T) **10.00** In the Night Garden (R/T) **10.30** Schools: Around Scotland (R/T) **10.50** Starship (R/T) **11.10** Razzledazzle (R/T) **11.30** Watch (R/T) **11.45** Barnaby Bear (T) **12.00** The Daily Politics (R/T) **12.30** Working Lunch (R/T) **1.00** Schools: Science Clips (T) **1.10** Science Clips (R/T) **1.20** Primary Geography (R/T) **1.30** Snooker: The Masters 2008 (R/T) **5.15** The Weakest Link (R/T) **6.00** Eggheads (R/T) **6.30** Extreme Dreams with Ben Fogle (T)

7.00 **Snooker: The Masters 2008** Ray Stubbs introduces live coverage from Wembley Arena. (T)

8.00 **University Challenge** (T)

8.30 **Masterchef** Restaurateur John Torode and fruit and veg man Gregg Wallace look for the country's next masterchef. The six contestants face 3 high-pressure tests at Refettorio. Only one will get through to Thursday's quarter final. (T)

9.00 **FILM: Signs** (2001) Supernatural sci-fi thriller in which a former preacher's discovery of mysterious crop circles on his farmland sets in motion a sequence of bizarre events that sees Earth threatened by extraterrestrials. Stars Mel Gibson, Joaquin Phoenix and Rory Culkin. (T)

10.30 **Newsnight** (T)

11.25 **Snooker: The Masters 2008 Highlights** Ray Stubbs introduces highlights from Peter Ebdon's match. Commentary from Clive Everton. (T)

12.15 Snooker Extra (T) **2.00-6.20** BBC Learning Zone

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.10** ITV News (T) **11.15** Regional News and Weather **11.20** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Dickinson's Real Deal **3.00** The Alan Titchmarsh Show (T) **4.00** The Royal Today (T) (Followed By Local Weather) **4.30** Wish You Were Here - Now and Then **(New)** (T) **5.00** Goldenballs (T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Nicola decides to remain married to Donald. (T)

7.30 **Coronation Street** Ryan receives more than he bargained for on his birthday. Maria struggles to act nonchalant as Carla attempts to rile her. (T)

8.00 **Teens Too Soon: Tonight** Tonight's Fiona Foster explores the phenomenon of toddlers and children going through puberty well before their teens and asks whether environmental and social factors are leading to their early sexualisation. (T)

8.30 **Coronation Street** Emotions run high when Ryan learns the truth. Rita intervenes when Rosie and Sophie's fighting becomes too much for Sally. (T)

9.00 **The Palace (New)** The Palace places an entirely fictional royal family and their staff within Buckingham Palace and lets a little light, intrigue and wit shine into a world we love so much, yet know so little about. (T)

10.00 **News at Ten and Weather** (T)

10.35 **FILM: Open Water** (2003) Dramatic thriller following the nightmarish scenario befalling a couple on a scuba-diving holiday in the Caribbean. Stars Daniel Travis, Estelle Lau and Blanchard Ryan. (T)

12.05 Nightwatch With Steve Scott: Crime (T) (Followed by ITV News Headlines) **1.50** Loose Women (R/T) **2.45** Moving Day (R/T) **3.35** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **8.00** Just Shoot Me (R/T) **8.30** Frasier (R/T) **9.00** Will & Grace (R/T) **9.30** Schools: TV Is Dead? (R/T) **10.00** Get Me The Producer (R/T) **11.00** Fame Asylum (R/T) **12.00** News at Noon (T) **12.30** Come Dine with Me (R/T) **1.00** A Place in Greece (R/T) **1.35 FILM: Do Not Disturb** (1965) Comedy starring Doris Day, Rod Taylor and Hermione Baddeley. (T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** Richard & Judy (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** (T)

7.55 **3 Minute Wonder** (T)

8.00 **Time Team: Ainsbrook** Tony Robinson reports on a secret investigation into a possible Viking boat burial in Yorkshire. (T)

9.00 **City Of Vice (New)** A stellar cast headed by Ian McDiarmid and Iain Glen brings to life the story of the very first "cops", the Fielding brothers, in this major new historical drama series set in vice-ridden Georgian London. (T)

10.00 **FILM: Bring It On** (2000) A champion high school cheerleading squad discovers its previous captain stole all their best routines from an inner-city school and must scramble to compete at this year's championships. Comedy starring Kirsten Dunst, Eliza Dushku and Jesse Bradford. (T)

11.45 **FILM: Cruel Intentions** (1999) Kathryn makes a bet that her step-brother, Sebastian, won't be able to bed Annette (a virgin, who wants to wait until love). If he loses, Kathryn gets his Jaguar, if he wins, he gets Kathryn. Drama starring Sarah Michelle Gellar, Ryan Phillippe and Reese Witherspoon. (T)

1.35-2.10 4Music **2.10** World Cup Skiing **4.00** Alice Through The Looking Glass (R/T) **5.25** Poetry By Numbers (R/T) **5.55** Making It (R)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** five news (T) **12.00** Home and Away (R/T) **12.30** RSPCA: Have You Got What It Takes? (R/T) **1.00** Cooking the Books (R/T) **1.30** Russell Grant's Postcards (R/T) **1.45** **FILM: Harry's Case** (2000) Drama. Stars Brian Markinson, Adam Beach and Fionnuala Jamison. (T) **3.35** five news update (T) **3.45 FILM: The Perfect Husband** (2004) Drama based on real-life events about a family who begin to suspect that their pregnant daughter may have been the victim of murder at the hands of her husband when she vanishes one Christmas Eve. Stars Dean Cain, Sarah Brown and GW Bailey. (T) **5.30** five news (T) **6.00** Home and Away (T) **6.30** Cooking the Books (T)

7.00 **five news** (T)

7.30 **Rough Guide to Cities** Travel series that visits top destinations around the world, presented by Julia Bradbury and Toby Amies. (T) (Followed by five news update)

8.00 **Monster Moves** Tonight's episode sees the 'monster movers' take on the seemingly impossible task of moving enough buildings to house entire communities. (R/T) (Followed by five news at 9)

9.00 **FILM: Derailed** (2002) Action thriller in which an agent must derail a train containing terrorists, hostages and a pile of hi-tech bio-weapons with the lives of everyone on board at stake. Stars Jean-Claude Van Damme, Tomas Arana and Laura Elena Harring. (T)

10.45 **FILM: Hollow Man 2** (2006) A Seattle detective attempts to protect the life of a scientist from a rogue assassin. Science fiction thriller starring Christian Slater, Peter Facinelli and Laura Regan. (T)

12.25 NBA 360 **1.15** NFL **3.30** Race and Rally UK **3.55** Dutch Football **4.20** French Football - Le Championnat **5.10** USPGA Golf

SATELLITE

SKY ONE

6.00am Cruise with Stelios: Caribbean **6.30** Cruise with Stelios: Caribbean **7.00** Lion Man **7.30** Are You Smarter Than A 10 Year Old? **8.30** Lion Man **9.00** Lost **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Are You Smarter Than A 10 Year Old? **1.00** Lion Man **1.30** Lion Man **2.00** Lost **3.00** Stargate SG-1 **4.00** Stargate SG-1 **5.00** Are You Smarter Than A 10 Year Old **6.00** Futurama **6.30** Malcolm in the Middle **7.00** The Simpsons **7.30** The Simpsons **8.00** The Simpsons **8.30** The Simpsons **9.00** Diana: Her Last Ten Days In Pictures **10.00** Golden Globes Highlights 2008 **12.00am** Journeyman **1.00** The Villa **1.50** Mile High **2.40** Naked In Westminster **3.30** Dream Team **4.20** Dream Team **5.10** Guilty!

ITV2

6.00am GMTV2 **9.25** Smallville **10.25** Movies Now **10.30** Judge Judy **11.00** Judge Judy **11.30** Judge Judy **12.00pm** Coronation Street **12.30** Coronation Street **1.00** Emmerdale **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.15** The Montel Williams Show **6.00** Judge Judy **6.30** Judge Judy **7.00** Smallville **8.00** Harry Hill's TV Burp **8.30** Hollywood Nights: Gone Bad **9.00** The Brit Awards 2008 Launch Party **10.00 FILM:** Coming to America **12.15am** Coronation Street **12.40** Coronation Street **1.15 FILM:** 48 Hrs **2.50** Teleshopping **5.50** ITV2 Nightscreen

BBC3

7.00pm Doctor Who **7.45** Doctor Who **8.30 FILM:** Ace Ventura: When Nature Calls **10.00** EastEnders **10.30** The Baby Borrowers on Holiday **11.30** Family Guy **11.55** Family Guy **12.15am** Two Pints of Lager and a Packet of Crisps **12.45** The Baby Borrowers on Holiday **1.40** Marc Wootton Exposed **2.10** Sex... with Mum and Dad **3.10** Two Pints of Lager and a Packet of Crisps **3.40** Marc Wootton Exposed **4.10** Close

BBC4

7.00pm World News Today **7.30** The Sky at Night **8.00** Clash of the Worlds **9.00** No Plan, No Peace **10.00** No Plan, No Peace **10.50** Iraq Week: This World: Iraq: A Doctor's Story **11.30** Frontline Iraq **12.00am** Frontline Iraq **12.30** Frontline Iraq **1.00** Storyville: The Prisoner, or How I Planned to Kill Tony Blair **1.55** The Sky at Night **2.25** The Comet's Tale **3.25** The Sky at Night **3.55** Close

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TUESDAY
January 15

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BBC1

6.00 Breakfast (T) **9.15** Wanted Down Under (T) **10.00** Homes under the Hammer (T) (Followed by BBC News; Weather) **11.00** To Buy or Not to Buy (R/T) **11.45** Car Booty (R/T) (Followed by BBC News; Weather) **12.15** Cash in the Attic (R/T) **1.00** BBC News; Weather (T) **1.30** Regional News and Weather (T) **1.40** Doctors (T) **2.10** Neighbours (T) **2.35** Diagnosis Murder (T) **3.20** BBC News and Weather (T) **3.25** CBBC: Bear Behaving Badly (R/T) **3.45** Skunk Fu (T) **4.00** Prank Patrol (R/T) **4.25** Thumb Wrestling (R/T) **4.30** Best of Friends (T) **5.00** Blue Peter (T) **5.25** Newsround (T) **5.35** Neighbours (R/T) **6.00** BBC News and Weather (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** (T)

7.30 **EastEnders** Billy rewires Pat's house, with confusing results, and Jane is furious at Ian's actions. (T)

7.57 **BBC News and Regional News** (T)

8.00 **Holby City** AAU is rocked by the arrival of enigmatic new surgical consultant, Linden Cullen, and a patient who was abducted 40 years ago. (T)

9.00 **Mistresses** Siobhan is wracked with guilt following her passionate liaison with Dominic and confesses all to Jessica. (T)

10.00 **BBC News; Regional News; Weather** (T)

10.25 **Regional News Programmes** (T)

10.35 **One Foot in the Grave** The Meldrews are back from holiday and find that Patrick and Pippa are trying to sell up to a man who's very interested in diving goggles. (R/T)

11.05 **Film 2008 with Jonathan Ross** The latest film news and reviews (T)

11.35 **FILM: Framed** (2001) Crime thriller. Stars Sam Neill, Rob Lowe and Stewart Bick. (T)

1.05 Weatherview **1.10** Sign Zone: See Hear (R/T) **1.40** Fairytales (R/T) **2.40** Animal Park - Wild on the West Coast (R/T) **3.30** Joins BBC News 24 (T)

BBC2

6.00 CBeebies: Tikkabilla (R/T) **6.30** Teletubbies (R/T) **6.55** Pozzie (R/T) **7.00** CBBC: Jakers: The Adventures of Piggley Winks (R/T) **7.23** Newsround (T) **7.25** Only in America (T) **7.55** Bernard (R/T) **8.00** Adventure Florida (T) **8.30** CBeebies: Mister Maker (T) **8.50** Charlie and Lola (T) **9.00** Toddworld (R/T) **9.15** The Large Family (T) **9.25** Pozzie (T) **9.30** Mama Mirabelle's Home Movies (R/T) **9.45** Boogie Beebies (R/T) **10.00** In the Night Garden (R/T) **10.30** Schools: Fun with Phonics (R/T) **10.40** Fun with Phonics (R/T) **10.50** Primary Geography (R/T) **11.10** Meet the Ancestors (T) **12.00** The Daily Politics (T) **12.30** Working Lunch (T) **1.00** Schools: Maths Challenge (T) **1.10** Maths Challenge (R/T) **1.20** Focus (R/T) **1.30** Snooker: The Masters 2008 (T) **5.15** The Weakest Link (R/T) **6.00** Eggheads (T) **6.30** Extreme Dreams with Ben Fogle (T)

7.00 **Snooker: The Masters 2008** (T)

8.00 **An Island Parish** Toby faces a crisis over his plans to buy one of the remotest pubs in England. (T)

8.30 **Masterchef** Restaurateur John Torode and fruit and veg man Gregg Wallace look for the country's next masterchef. (T)

9.00 **Horizon** Former Conservative MP Michael Portillo pushes his body to the brink of death an in investigation into the science of execution. (T)

9.50 **Coast** (T)

10.00 **Mock the Week...Again** Dara O'Briain chews over the week's news and regurgitates chunks of topical humour helped by Frankie Boyle, Hugh Dennis, Russell Howard and Andy Parsons with special guest Gina Yashere and Ed Byrne. (T)

10.30 **Newsnight** (T) (Followed by Weather)

11.20 **Snooker: The Masters 2008 Highlights** Ray Stubbs introduces highlights from this evening's match. (T)

12.10 Snooker Extra (T) **2.00-6.00** BBC Learning Zone

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.10** ITV News (T) **11.15** Regional News and Weather **11.20** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Dickinson's Real Deal **3.00** The Alan Titchmarsh Show (T) **4.00** The Royal Today (T) (Followed By Local Weather) **4.30** Wish You Were Here - Now and Then (T) **5.00** Goldenballs (T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** An angry Val accidentally knocks down Samson. Donald reveals that he knows David and Nicola have been sleeping together. (T)

8.00 **Who Wants to Be a Millionaire?** (T)

9.00 **Taggart (New)** Murder strikes close to home for the team when DCI Matt Burke's elderly father is found dead in suspicious circumstances. What appears to be a straightforward case of liver failure takes a sinister turn when it's discovered Andrew Burke died of a heroin overdose. (T)

10.00 **News at Ten and Weather** (T)

10.35 **Sandbanks (New)** In this three-part documentary, Piers Morgan investigates why Sandbanks on the Dorset coast has become one of the most expensive places in the world to live. (T)

11.05 **Anglia Soccer Night** A round-up of all the soccer action from your area.

11.35 **Police, Camera, Action!** More video footage from police cars across the country illustrates dangerous driving and alarming behaviour. (R/T)

12.05 Nightwatch With Steve Scott: Crime (T) (Followed by ITV News Headlines) **1.45** Loose Women (R/T) **2.35** The Jeremy Kyle Show (R/T) **3.30** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.00 Cubeez (R/T) **6.10** The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **8.00** Just Shoot Me (R/T) **8.30** Frasier (R/T) **9.00** Will & Grace (R/T) **9.30** Schools: TV Is Dead? (R/T) **10.00** Get Me The Producer (R/T) **11.00** Crip on a Trip (R/T) **12.00** News at Noon (T) **12.30** Come Dine with Me (R/T) **1.00** A Place in Greece (R/T) **1.35 FILM: Send Me No Flowers** (1964) A hypochondriac thinks he's dying this time, and makes plans for his wife which she discovers and misunderstands. Romantic comedy starring Rock Hudson, Doris Day and Tony Randall. (T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** Richard & Judy (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** (T)

7.55 **3 Minute Wonder** (T)

8.00 **Cook Yourself Thin Vs. Celebrity Recipes** Harry and Sophie come to the rescue of Lisa, a size 16 foodie who loves her celebrity chefs. Her favourite fancy recipes may taste gorgeous but they aren't helping her to shift the bulge. (T)

9.00 **Fast Food Junkies Go Native** Roze, Steven, Martin and Nicola share their favourite foods with their Shimshal hosts. What do the Shimshal people make of the great British fry-up and oven-ready curry? (T)

10.00 **Shameless** When Monica starts getting visions of nursery rhyme characters, she knows exactly what's going on - she's going to have another little baby! (T)

11.05 **Superskinny Me: The Race To Size Double Zero** Kate Spicer and Louise Burke go on a no-holds-barred journey into the world of extreme dieting, exposing the dangers to both mind and body. (R/T)

12.05 Partypoker.com Late Night Poker **1.10** World Cup Skiing **3.10** KOTV (T) **3.35** The London Boat Show (R) **4.00-6.00** 4Learning

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** five news (T) **12.00** Home and Away (R/T) **12.30** RSPCA: Have You Got What It Takes? (R/T) **1.00** Cooking the Books (R/T) **1.30 FILM: Execution of Justice** (1999) Crime drama. Stars Tyne Daly, Peter Coyote and Timothy Daly. (T) **3.35** five news update (T) **3.45 FILM: Dynasty: The Making of a Guilty Pleasure** Drama. Stars Alice Krige, Pamela Reed and Melora Hardin. (T) **5.30** five news (T) **6.00** Home and Away (T) **6.30** Cooking the Books (T)

7.00 **five news** National and international news. (T)

7.30 **Extraordinary Animals** Series of documentaries profiling some remarkable members of the animal kingdom. (T) (Followed by five news update)

8.00 **Nature Shock** This programme looks at a string of seemingly unprovoked attacks by elephants on a range of animals across Africa. (T) (Followed by five news at 9)

9.00 **CSI: Crime Scene Investigation** While trying to deal with the revelation that Grissom and Sara are an item, the CSIs investigate two bizarre deaths. A magazine mogul has been stabbed in a hip new restaurant, and a teenager has been found minus his head and a hand. (T)

10.00 **CSI: Miami** After attending the scene of a murder, Calleigh's car is forced into a canal, destroying DNA and fingerprint evidence. The remaining evidence points to the involvement of a biker gang. (R/T) (Followed by five news update)

11.00 **Law and Order: Criminal Intent** Logan and his new partner, Barek, investigate a series of increasingly violent robberies in jewellery stores. (T)

12.00 Law and Order (R/T) **1.05** NBA Basketball **3.30** World's Strongest Man (R) **4.20** Football Italiano

SATELLITE

SKY ONE

6.00am Cruise with Stelios: Caribbean **6.30** Cruise With Stelios: Mediterranean **7.00** Lion Man **7.30** Are You Smarter Than A 10 Year Old? **8.30** Lion Man **9.00** Lost **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Are You Smarter Than A 10 Year Old? **1.00** Lion Man **1.30** Lion Man **2.00** Lost **3.00** Stargate SG-1 **4.00** Stargate SG-1 **5.00** Are You Smarter Than A 10 Year Old **6.00** Futurama **6.30** Malcolm in the Middle **7.00** The Simpsons **7.30** The Simpsons **8.00** Stargate Atlantis **9.00** **FILM:** Volcano **11.00** Road Wars **12.00am** Miami Uncovered **1.00** The Villa **1.50** Mile High **2.40** Naked In Westminster **3.30** Dream Team **4.20** Dream Team **5.10** Guilty!

ITV2

6.00am GMTV2 **9.25** Smallville **10.25** Celebrity Daredevils **10.30** Judge Judy **11.00** Judge Judy **11.30** Judge Judy **12.00pm** Coronation Street **12.30** Coronation Street **1.00** Emmerdale **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.15** The Montel Williams Show **6.00** Judge Judy **6.30** Judge Judy **7.00** Smallville **8.00** American Princess **9.00** **FILM:** 48 Hrs **10.55** **FILM:** Another 48 Hrs **12.55am** The Brit Awards 2008 Launch Party **1.55** Teleshopping **4.55** ITV2 Nightscreen

BBC3

7.00pm The Real Hustle **7.30** The Baby Borrowers on Holiday: Friends and Family **8.00** **FILM:** Bend it Like Beckham **9.50** Football Gaffes Galore **10.00** EastEnders **10.30** The Baby Borrowers on Holiday **11.30** Family Guy **11.55** Family Guy **12.15am** The Mighty Boosh **12.45** The Mighty Boosh **1.15** The Baby Borrowers on Holiday **2.10** The Real Hustle **2.40** The Baby Borrowers on Holiday: Friends and Family **3.10** The Mighty Boosh **3.40** The Mighty Boosh **4.10** Football Gaffes Galore **4.20** Close

BBC4

7.00pm World News Today **7.30** The Sky at Night **8.00** Clash of the Worlds **9.00** Goodness Gracious Me **9.30** Comedy Connections **10.00** Citizen Smith **10.30** Iraq in Fragments: Storyville **12.00am** Black Watch: A Soldier's Story **1.00** Masters and Commanders: No 10 and the Generals **2.00** Citizen Smith **2.30** Iraq in Fragments: Storyville **4.00** Close

---

PRIZE CROSSWORD

CRYPTIC CLUES

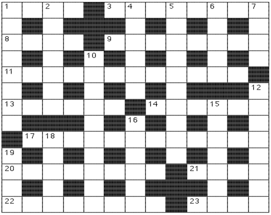
ACROSS

1 Has now diverted to the south (4)
3. Dependant kept in suspense? (6-2)
8. In turbulent sea, the first of the vessels put into the bank (4)
9. Double-talk (8)
11. About coarse smell breaking out again (12)
13. Member of ancient sect showing a bit of boundless energy (6)
14. Fat goat (6)
17. Those in charge of the troops (5-7)
20. Countrywoman who provides accommodation (8)
21. Market operator soon taking accumulated gain, initially (4)
22. Make explanatory comments of the negative in a neat arrangement (8)
23. See 7 Dn.

DOWN

1. Saw what those who kept to the rules did (8)
2. They train to take orders, showing a lack of bad habits (7)
4. Charm a stubborn beast with the end of a carrot (6)
5. Where a series of driving lessons takes place! (4-6)
6. Anger disturbs one of three daughters (5)
7 & 23Ac. Sewing equipment with an extra point will be superfluous (8)
10. A child of five (10)
12. What the prophet does for a long time in the papers (8)
15. He is included in unusual treat - to go to this? (7)
16. It's mad getting involved when surrounded by a crowd (6)
18. Swindle taking in an ecclesiastic (5)
19. Jumper that may cause one to scratch (4)

PLEASE NOTE THE APPEARANCE OF THE CROSSWORD IS SUBJECT TO SPACE LIMITATIONS. IT MAY OCCASIONALLY BE MISSED FROM ONE OR MORE OF THE EDITIONS BUT WILL ALWAYS BE AVAILABLE ON OUR WEBSITE AT WWW.BEDSONSUNDAY.COM ALONG WITH THE ANSWERS FOR THE PREVIOUS WEEK'S CROSSWORD



QUICK CLUES

ACROSS

1. Mute (4)
3. Sample (8)
8. Sensible (4)
9. Beset (8)
11. Glowing (12)
13. Originate (6)
14. Chief (6)
17. Unhealthy (12)
20. Fit (8)
21. Shell (4)
22. Make-believe (8)
23. Gala (4)

DOWN

1. Definite (8)
2. Shackle (7)
4. Trimmed (6)
5. Cartoon (10)
6. Grieve (5)
7. Naked (4)
10. Start (10)
12. Practicable (8)
15. Elevate (7)
16. Common (6)
18. Artless (5)
19. Retain (4)

PRIZE CROSSWORD FOR CRYPTIC CLUES ONLY

Name: ....
Address: ....
....
....

Entries should be received no later than Wednesday when the lucky winners will be drawn out of the hat.

Return to MKNEWS
22 Mill Street, Bedford MK40 3HD
PRIZE £6.00

SOLUTIONS TO LAST WEEK'S PUZZLE

QUICK

Across: 1 Rectangular; 9 Unsound; 10 Droop; 11 Resin; 12 Tornado; 13 Essays; 15 Resort; 18 Shampoo; 20 Ripen; 22 Maize; 23 Leaflet; 24 Painstaking.

Down: 2 Eases; 3 Tourney; 4 Nudity; 5 Under; 6 Avocado; 7 Quarrelsome; 8 Opportunity; 14 Stamina; 16 Earmark; 17 Goblet; 19 Preen; 21 Pylon.

CRYPTIC

Across: 1 Treacherous; 9 Terrier; 10 Alibi; 11 Alloa; 12 Memoirs; 13 Topper; 15 Warden; 18 Abolish; 20 Petal; 22 Elite; 23 African; 24 Versatility.

Down: 2 Rural; 3 Animate; 4 Harems; 5 Realm; 6 Unified; 7 Strait-laced; 8 Miss England; 14 Provide; 16 Apparel; 17 Thwart; 19 Items; 21 Tacit.

LAST WEEK'S WINNER: MRS J. STEPHENS

Russell's Love & Relationship Horoscopes

Aries (Mar21-Apr20)
With the Sun and this week's New Moon at the top of your chart you aren't about to sit around while all good opportunities are snapped up by everyone else. You're on the ball this week. When your big chance arises there will be no holding you back. Call my Aries advice line 09065 504 342 to hear how a dream you never thought would come true is showing every sign of becoming reality and why private and professional concerns are moving forward at a rapid rate!

Taurus (Apr21-May21)
Don't be surprised if your mind constantly returns to the idea of travel and holidays. Don't worry either if your bank balance rules out anything too exotic or adventurous. You and those you want to share time with will get the greatest pleasure from bargain offers. Call my Taurean advice line 09065 504 342 to hear why if you're working and you want to make the most of your time you should try ditching your regular routines and do something completely different.

Gemini (May22-June21)
You're feeling on top of the world; it's a great week for being with people who make you laugh and whose company you enjoy. You feel good, look good and you even attract luck your way through your positive thinking. Call my Gemini advice line 09065 504 342 to hear how your wonderful sense of humour will do a lot to brighten up anybody's day and how without really trying you can make a difference to other people's lives making this an ideal time to join a new club or society.

Cancer (June22-July23)
Cooperation and teamwork can and will influence the success you enjoy in life now. Show optimism and determination and those around you will be more likely to follow your lead. You might profit from new friends made this week. Call my Cancerian advice line 09065 504 342 to hear why what a partner has to tell you will impress you and conversations provide you with plenty food for thought and why it is important that someone close lends their support to your career plans.

Leo (July24-Aug23)
If there is anything you don't want spread around the workplace, keep your knowledge, views and opinions to yourself. If you have to deal with someone who can't be trusted, be sure they don't get to see or hear anything that is confidential. Call my Leo advice line 09065 504 342 to hear why you should plan to put some time aside at the weekend to discuss any of your future plans that will need your partner's support and approval if you share a budget or joint account.

Virgo (Aug24-Sept23)
Your ruler, Mercury supports any intentions you may have to bring improvements and enhancements into your life and career. Don't be reluctant to fill in job applications or to approach your boss with your ideas. You won't get anywhere if you don't try! Call my Virgoan advice line 09065 504 342 to hear how a little gentle encouragement and a healthy helping of your experienced advice could go a long way to helping a friend struggling with something you find easy.

Libra (Sept24-Oct23)
In all walks of life communication is nice and easy and friends have a lot to offer. Someone tells you something you've been secretively longing to hear and you might think fondly back to the time when you first met. Call my Libran advice line 09065 504 342 to hear why domestic activities at home will be engaging and enjoyable especially if it means being with those you love and adore and why someone close might suggest heading to the countryside for the weekend.

Scorpio (Oct24-Nov22)
Intimate and private conversations help iron out a difficult dilemma or problem. If you are single an impulsive decision could herald the start of a partnership that is a success both in and out of the bedroom. Call my Scorpio line 09065 504 342 to hear why you will feel in need of extra relaxation at the end of the week so cancel any chores or arrangements that aren't urgent and put your feet up so you can gather your strength to handle a moody child or housemate at the weekend.

Sagittarius (Nov23-Dec21)
You have all the optimism, drive and confidence you need so make the most of it because you're in for a surprise or two when you least expect it this week. Confusion regarding a few ongoing personal issues will soon evaporate. Call my Sagittarian advice line 09065 504 342 to hear why you will know the best moves to make and when to make them to stir up a loved one's interest in the steps you want to take to make the future more exciting for both of you.

Capricorn (Dec22-Jan20)
You are feeling happier about most matters and although you may have had high expectations of yourself or for a relationship, you have got your feet on the ground and you've never set your sights so high as to be unattainable. Your patience will soon be rewarded. Call my Capricorn advice line 09065 504 342 to hear why you should plan to get out and about at the weekend and enjoy being with friends and family and why you should do anything rather than sitting alone with your thoughts.

Aquarius (Jan21-Feb19)
A private project carried out in privacy and seclusion will bring you a lot of personal satisfaction. People are doing their best to please you but you would rather get on without their interference. Call my Aquarian advice line 09065 504 342 to hear why this is a good time to develop new skills and talents and further your interests and why you should have no doubts about leaving family and friends to their own devices while you keep yourself firmly in the background.

Pisces (Feb20-Mar20)
Events and developments at the start of the week will test your patience and push your genial generosity to the limit so think before you speak! Call my Piscean advice line 09065 504 342 to hear why you must stick to your guns if those closest to you try to influence you and change your mind about a decision that you've been mulling over since the turn of the year. Explain why you feel the way you do but don't let anyone persuade you to change your mind.

To find out about love …call Russell's
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All 09065 calls cost £1 per minute, 09067 calls are charged at 75p per minute at all times.
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DAILYLIFE

THURSDAY

Until Sunday
MILTON Keynes Caravan Show, Middleton Hall, thecentre:mk. Over 45 caravans on display, new plus a smaller selection of nearly new. Luton Caravans, Hitchin Cravans, Amber Leisure, Broad Lane Leisure and Bicester Caravans bringing Adria, Lunar, Bailey, Elddis, Cristal plus others. Tow cars from Kia and Hyundai, accessories,etc,etc.
Free Admission.
www.centralexhibitions.co.uk

SUNDAY

EASY Riders. Discover Milton Keynes cycle ride. Enjoy this 12 mile circuit along redway and leisure routes. Meet at the Nags Head Pub, off the High Street in Great Linford.
Great Linford, 10am- 12. Free

ORIENTEERING. Join the South Midlands Orienteering Club on the first of this year's orienteering events. Visit www.smoc.info for more information.
Shenley Wood, 10am-12. £2 per person

WOUGHTON Leisure Centre. 1.15-3.15pm, bar open 12noon-4pm, families welcome, FREE entry. Machine - Yet another re-union gig from this rock band featuring Ronnie Sunderland, lately of Emperor, on vocals, Ross Wood now of The Peartree Bridge Family on bass with Tony Rolfe on guitar and Tony Heath on drums whose original material produced by Tony Platt got Radio 1 airplay in the early 90s.

TUESDAY

Bucks Fizz 'Big' Breakfast, University of Buckingham. A new business networking club whose members help each other to promote, develop and grow their businesses. Meet fortnightly to share experiences and to refer business. Keen to work with other businesses and business organisations in and around Buckingham, Brackley, Bicester, Banbury and their environs. An inspired and enthusiastic group. Guests are always welcome, just turn up on Tuesday at 7am for a great breakfast.
Contact: 01844 210 430

WOMEN'S Walking Network. Get to know your city's parks better and meet new people. Walk through Campbell Park to Willen Lake. Meet at the Peace Pagoda car park, off V10, Brickhill Street.
Campbell Park, 10am-12 £1 per person

WEDNESDAY

January 16
NORTH Bucks Beekeepers. Talk and demonstration on beeswax by Martin Buckle. Rectory Cottages, Church Green Road, Bletchley, 7.30pm.
Non members welcome.

THURSDAY

January 17
IN business for the Stiletto lunch at the Swan, Salford. For businesswomen in the Milton Keynes area, 11.30am. Opportunity for women in business in the region to meet, share ideas and network. As well as a delicious three course lunch, there will also be interesting outside speakers. Reservations 01908 281008
Web site: www.swansalford.co.uk

AFRICAN Adventures – Yaw Asiyama, Bletchley Library. A year in the telling – Yaw says 'abro', you say 'yo' and just then sit back and enjoy a wild ride through a crazy collection of funky folk and animal tales. Tickets £3 adult, £1.50 12-18 years from Bletchley Library.

■ Publicise your event free in the DAILY LIFE column
e-mail:
david.gale@mk-news.co.uk

Keep your description brief and make sure it is with us a week in advance of publication date

PARKLIFE

SHAKE off the winter blues and any lingering cold and flu bugs by resolving to get active with The Parks Trust in 2008.

Whatever your age or interests Milton Keynes is blessed with a wide variety of parks that are all within a stone's throw of where you live. Discover your nearest park by checking The Parks Trust's website www.theparkstrust.com

Many of our parks and events are perfect to kick start your new fitness regime for 2008, whether its simply a promise to go walking for half an hour each day, taking the whole family out for a monthly ramble and some fresh air or training for a charity fun run.

If you need some additional support to maintain your New Year's resolutions join one of hundreds of organised activities in the parks, including Pushchairs in the Parks, the Women's Walking Network, BuggyFit, orienteering or a guided discovery cycle ride.

Don't forget that if you work in central Milton Keynes the parks are easy to access too, and a lunchtime walk may be just what you need to tackle the rest of your working day.

For those who want to make a resolution with a difference, why not promise to volunteer for nature?

Being outdoors and close to wildlife is great fun and can help keep you healthy too.

Here are some of the ways you can help wildlife and your parks in the coming year.

■ Help us to survey special species

The Parks Trust organise surveys to learn more about particular species of plants and animals. Results can help establish how vulnerable they are and can help to shape our landscape management.

■ Join one of our practical conservation working parties

Get involved in working for wildlife in Milton Keynes. Our practical conservation programme is a chance to take part in tasks which make the parks an even better environment for wildlife and people. No experience is needed as tools and a briefing are provided.

■ Become a volunteer Trustee Opportunities don't have to be outdoors - you could find yourself making good use of your business and professional skills by becoming a Trustee. The Parks Trust is looking for people who care passionately about Milton Keynes and want to shape and influence the city's parks and quality of life by becoming a volunteer trustee of the charity.

■ To discover more about The Parks Trust's work visit: www.theparkstrust.com

TASTELIFE

MUCH ADO CATERERS

Stanley Court, Olney
01234 714006
Review by MK NEWS news team

FOR people who don't live in Olney, Much Ado could be an undiscovered gem.

With both a catering service which been going strong for eight years and shop, it's right for so many occasions.

The shop offers a wide range of fine foods, making it the ideal place to buy for a meal for two, a picnic for the family or a dinner party.

There are cheeses from across the country, Gloucester Old Spot Pies from Norfolk, sausages from Woburn, eggs, fresh herbs, freshly baked breads, local ham and local seasonable vegetables.

More unusual items include dressed crab, quails egg, pink lemonade, luxury biscuits, marmalades, crayfish tailed and fresh chilled filled pastas direct from Italy.

Much Ado offers corporate or private catering for breakfast meetings, working lunches, picnics, travelling lunches, cocktail parties, weddings, barbeques and even canape menus.

We had a selection of sandwiches, canapes and cakes delivered to our office and we were highly impressed by both the quality and the quantity.

The bread tasted fresher-than-fresh and the fillings were plentiful and tasty.

Our array included cheddar cheese and chutney, delicious cold meats with salad, turkey with cranberry and mozarella with tomato and pesto.

Much Ado prepares and cooks all locally-sourced meats on the premises.

We also had balsamic marinated mushrooms on crostini and individual quiches with spinach, cheese, olives and sundried tomatoes.

The desserts were lovely and everything was beautifully presented.

Much Ado is open 7-days-a-week.

■ For more information go to www.muchadocatering.co.uk

Yum, yum: Part of the spread delivered by Much Ado and tested by MK NEWS news team

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WAVENDON MILTON KEYNES

Friday 11 January - 8pm
HAVE YOU HAD IT LONG MADAM?
Tales From The Roadshow - with Hilary Kay and Paul Atterbury from the Antiques Roadshow. **£12, £15**

Friday 18 January - 8pm
ACOUSTIC STAGE
SUSY THOMAS & GO CADENZA
Double headline show featuring two emerging singer-songwriters.
£9.50 in advance, £11.50 on the door

Saturday 19 January - 7.30pm
RAW RHYTHM
Promoted by The British Federation Of Youth Marching Band Organisations. Live brass and percussion choreographed into a unique show. **£8**

Sunday 20 January - 8pm
CREAM OF CLAPTON
Tribute to the music of Eric Clapton from Cream and Derek & The Dominoes to his solo material. **£12.50**

Tuesday 22 January - 8pm
LIANE CARROLL TRIO
One of Britain's finest jazz singers with an unmistakable soul tinge to her huge vocal range. **£12.50**

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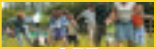

GET ACTIVE IN JANUARY

with
The Parks Trust

Wed 9
BuggyFit
Meet new friends and get fit in the parks. Park at Breckland, off H3, Monks Way.
Linford Wood 10.00 – 11.15
£1/person

Sun 13 Jan
Easy Riders
Discover Milton Keynes 12 m cycle ride. Meet at the Nags Head Pub, off the High Street.
Great Linford 10.00-12.00 free

Sun 13
Orienteering
Join the South Midlands Orienteering Club on the first of this year's orienteering events.
www.smoc.info
Shenley Wood 10.00- 12.00
£2/person

Tue 15
Women's Walking Network
Walk through Campbell Park to Willen Lake. Meet at the Pagoda car park, off V10, Brickhill Street
Willen Lake 10.00-12.00
£1/person

Wed 23 Jan
BuggyFit
Meet new friends and get fit in the parks. Meet at the Windmill pub car park, off the H10, Bletcham Way
Caldecotte 10.00-11.30
£1/person

Wed 23 Jan
Pushchairs in the Park
Follow the trail of cuddly toys and enjoy arts and crafts activities along the way.
Howe Park Wood 10.00 -12.00
Free

Thu 24 Jan
Tawny Owl Survey
Help Milton Keynes'owls by joining an identification and survey training session.
Meet at Campbell Park Pavilion.
Campbell Park 8pm
Free*

*** Booking required – call 01908 255379 to reserve your place.**

For full details visit www.theparkstrust.com

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MKBUSINESS

Delivery giant TNT turns out just champion

A DELIVERY company has earned a place among an elite band of the UK's business champions.

Milton Keynes express delivery giant TNT at Northfield is a one-in-a-thousand after a peerless approach to helping fulfil the potential of its people got it its place.

The Secretary of State for the Department of Innovation, Universities and Skills John Denham MP revealed TNT as one of only 36 companies to be awarded the title of Investor in People Champion.

The prestigious Investor in People (IiP) Champions programme recognises employers that have boosted the performance of their businesses through the way they manage and develop their employees.

TNT on Northfield Drive was selected for 'Champion' recognition from 36,000 UK organisations who are all accredited to IiP.

The company has fully embraced the IiP philosophy and, as a result, has successfully realised the potential of its workforce and improved its bottom line and overall performance.

TNT was one of the first businesses to have 'Champion' status in 2004 when it was one of the first of 16 organisations to achieve the accreditation.

As one of the Champions, TNT will work with IiP to share its expertise with other employers to promote best practice in all areas of people development.

Simon Jones, acting chief executive of IiP said: "I would like to congratulate TNT on being selected yet again as one of the UK's business champions and thank them for the valuable contribution they have already made.

"I look forward to working with them in promoting business improvement through people."

TNT was also the first in the world to gain global IiP accreditation back in1994 a position it has maintained for the past 10 years and the first to win the famous IiP 'laurels' in the express delivery sector.

Darren Batty, Milton Keynes depot general manager, said: "We are honoured to have been chosen as one of the first Investors in People Champions.

"Our ethos is that employees are central to the success of our organisation and it is vital that they are skilled, flexible and motivated."

Champion: Ruth James, head of people development (left) with Sue Barnes, TNT director of personnel

Listen and learn how to be a master

A WORLD leading speaker and author is coming to Milton Keynes to talk about personal and professional development.

Dr John Demartini, here on January 14, speaks 300-days-a-year in over 50 countries across the globe and is the author of more than 40 books.

Take part in a networking breakfast during which Dr Demartini will speak on business mastery for £25, a set of workshops on financial mastery and achieving your destiny for £185, or an evening seminar on life's driving force for £45. Alternatively, you can purchase a full day pass for £210.

For more information go to www.drdemartini.co.uk

DOUGLAS DUFF
01908 679900
[illegible]
e: miltonkeynes@douglasduff.co.uk
www.douglasduff.co.uk
Contact: Jonathan Whittle

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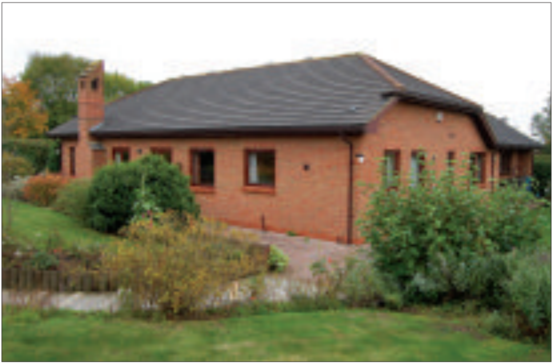

Purpose-built bungalow offers wheelchair access to all rooms

THIS purpose-built individual three bedroom bungalow in Loughton sits within its own plot of over a quarter of an acre includes a double garage and workshop.

The property has been conveniently constucted to allow wheelchair access to include wider than average doors, plug sockets and light switches at half height.

Further benefits include solar panels to provide heating for hot water and double glazing, radiators and central heating via a gas boiler.

Price £430,000.

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- part exchange available (sts)

There's a light at the end of the tunnel
WILKINSON

woughton on the green £315,000

- two/three bedrooms
- two/three reception rooms
- exclusive location
- double secure parking
- immediate viewings available

water eaton £330,000

- brand new detached
- four bedrooms
- two en suites
- fitted kitchen/breakfast room
- immediate viewings available

woughton park £359,995

- four bedrooms
- much refurbished, improved detached
- two large reception rooms
- re-fitted kitchen/breakfast room
- immediate viewings available

wavendon gate £185,000

- three bedrooms
- semi detached home
- off road location
- attached garage
- excellent access for local schools

do you need a bit more room?
WILKINSON
estate agents

shenley church end £224,995

- victorian cottage
- extended semi detached
- seperate receptions
- two bedrooms
- southerly aspect

AA675451

01908 231199 WILKINSON

walnut tree £225,000

- three bedrooms
- detached
- two reception rooms
- garden room/conservatory
- close to local schools

blakelands £245,000

- three bedrooms
- detached
- private rear garden
- immediate vacant possesion
- small works required

deanshanger £250,000

- four bedrooms
- two reception rooms
- bathroom & shower room
- appx two years old
- vendor motivated too sell

shenley church end £295,000

- three double bedrooms
- two reception rooms
- conservatory
- bathroom & shower room
- off road parking and garage

wolverton mill £299,950

- the beaumont pt 99
- brand new
- five bedrooms
- two en suites
- part exchange available (sts)

ready to buy? we're
ready to help...
WILKINSON
estate agents

woolstone £319,995

- four bedrooms
- detached bungalow
- living room & conservatory
- refurbished
- immediate viewings available

brownswood £335,000

- five bedrooms
- extended detached family home
- two living rooms
- fitted kitchen/breakfast room
- two horse paddock (possible rent)

grange farm £400,000

- four double bedrooms
- detached family home
- three reception rooms
- large kitchen/breakfast room
- detached double garage

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Central

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Beanhill £155,000

Shenley Lodge £189,995

Stantonbury £149,995

Medbourne £194,950

What Does Your Board Say?

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Great Holm Offers Over £1[illegible]

Kingsmead £334,995

Shenley Church End £167,000

Downsbarn Guide Price £176,000

What Does Your Board Say?

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Caldecotte Offers Over £189,995

Milton Keynes Guide Price £235,000

Oakhill £224,995

Oxley Park Guide Price £375,000

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EXECUTIVE HOMES OFFICE
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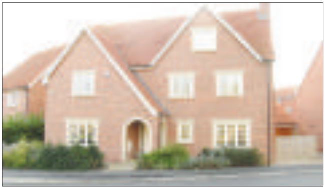
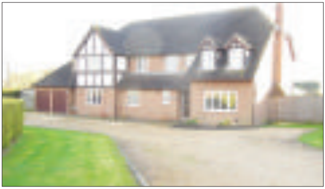
Middleton £570,000



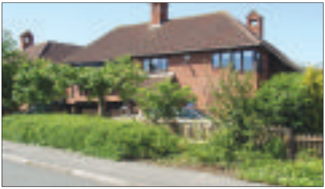
An immaculately presented six bedroom detached executive residence situated in close proximity to Willen Lake in the highly sought after area of Middleton. This modern property briefly comprises of a lounge, study/family room, impressive entrance hall, kitchen/diner and cloakroom. On the first floor there are four double bedrooms, two en suites and family bathroom. On the top floor there are two further double bedroom with en suites. Off road parking is found behind gated driveway in front of double garage.

Stoke Hammond £825,000



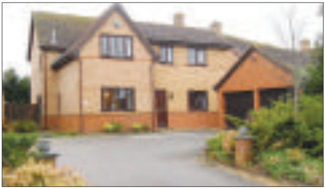
A stunning home situated in the popular village of Stoke Hammond. The property boasts an extremely generous plot incorporating a sweeping gravel driveway with off road parking for numerous vehicles in front of the double garage, a generous southerly facing rear garden, a hot tub cabin and beautiful views. The property briefly comprises of a lounge, kitchen, dining room, family room, conservatory, study, utility and cloakroom. Upstairs there are five bedrooms, two en suites and family bathroom.

Great Holm £549,000



A high specification lakeside residence in the sought after area of Great Holm. This substantial property boasts two lounges, dining room, kitchen/breakfast, study, five bedrooms, two en suites and family bathroom. This property is split level and has a high degree of flexible living accommodation. There is ample off road parking in front of Double Garage and gardens to the rear. No Upper Chain.

Willen £465,000



This five bedroom detached executive residence is situated in the sought after location of Willen. The property briefly comprises of a lounge, dining room, study, kitchen/breakfast, conservatory, utility and cloakroom. Upstairs there are five bedrooms, two en suites and family bathroom. There is private off road parking in front of the detached double garage and approximately south facing garden to the rear.

AA675434

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Shenley Lodge £499,950

This well presented seven bedroom property is situated in an off road location in the highly regarded area of Shenley Lodge. This property briefly comprises of a lounge, dining room, study, kitchen/breakfast, utility and cloakroom. Upstairs there are a total of seven bedrooms and four bathrooms. The property also boasts a double garage and garden to front and rear.

Shenley Church End £490,000

This five bedroom detached executive residence is finished to a very high order and is situated on Oakhill Close in Shenley Church End. The property boasts a lounge with cathedral vaulted ceiling, kitchen with granite work surfaces, cloakroom, dining room, study, utility and w.c. Upstairs there are five bedrooms, dressing room and three bathrooms. There is ample off road parking and gravel driveway in front of the double garage, private rear garden. Keys in office for viewings.

Tattenhoe £417,000

An immaculately presented four bedroom detached executive residence situated in a private cul de sac location in the highly sought after area of Tattenhoe. The property briefly comprising of lounge, dining room, kitchen/breakfast, study, utility and cloakroom. Ample gardens

Walton Park £465,000

A beautifully presented five bed detached executive residence is situated in close proximity to Caldecotte Lake in Walton Park. The property briefly comprises; a lounge, dining room, study kitchen/breakfast room, utility and cloakroom. Upstairs there are five bedrooms, two en-suites and family bathroom.

Shenley Brook End £390,000

This five bedroom detached executive residence is situated in a popular cul-de-sac in the highly sought after area of Shenley Brook End. This property boasts a large rear garden, double garage to the front and internally a lounge, dining room, kitchen/breakfast, utility and cloakroom, five bedrooms, en suite and family bathroom.

Monkston £375,000

A well presented five bedroom detached executive residence situated on Kilwinning Drive in Monkston. This property briefly comprises of a lounge, dining room, kitchen/breakfast, utility and cloakroom. Upstairs there are five bedrooms and three bathrooms. There is off road parking for numerous vehicles in front of the double garage.

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Furzton £79,995

[illegible]

Stantonbury £149,995

[illegible]

Neath Hill Guide Price £[illegible]

[illegible]

Westcroft £209,950

[illegible]

Oldbrook Guide Price £300,000

[illegible]

Great Holm £249,995

[illegible]

Grange Farm Guide

[illegible]

Eaglestone £140,000

[illegible]

Caldecotte £242,500

[illegible]

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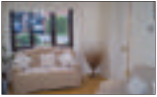
Bradwell Common £850pcm

Taylors Residential Lettings are delighted to offer for rental this 3 bedroom semi detached property with a garage. The property comprises of hall, lounge, dining room, kitchen, conservatory, 3 bedrooms, bathroom, rear garden and parking space.

Great Holm £825pcm

Taylors Residential Lettings are delighted to offer this well presented three bedroom detached property situated in the popular location of Great Holm. The property comprises of, Entrance Hall, Lounge, Kitchen, Three Bedrooms, Bathroom, Garage, Garden and Parking.

Shenley Lodge £775pcm



Taylors Residential Lettings are delighted to offer this three bedroom semi detached property, situated in the popular central location of Shenley Lodge. The property comprises of an entrance hall, lounge, dining room, conservatory, kitchen, three bedrooms, bathroom, front and rear gardens, broadband and parking for two cars.

Broughton £750pcm

Taylors Residential Lettings are delighted to offer this two bedroom first floor apartment, situated in the popular location of Broughton. The property comprises of an entrance hall, lounge, kitchen, two double bedrooms, en-suite, bathroom and parking.

Broughton £750pcm

Taylors Residential Lettings are delighted to offer this two bedroom third floor apartment, situated in the popular location of Broughton. The property comprises of an entrance hall, lounge, kitchen, two double bedrooms, one en-suite, bathroom, balcony and parking.

Broughton £750pcm

Taylors Residential Lettings are delighted to offer this two double bedroom ground floor apartment, situated in the popular location of Broughton. The property comprises of an entrance hall, lounge, kitchen, two double bedrooms, one en-suite, bathroom and parking.

Wolverton £750pcm

Taylors Residential Lettings are delighted to offer this "Never Before Lived In" two bedroom ground floor apartment situated in the popular Sidings development of Wolverton. The property comprises of an entrance hall, bathroom, two double bedrooms with one en-suite, lounge/kitchen and allocated parking.

Wolverton £750pcm

Taylors Residential Lettings are delighted to offer this two bedroom apartment situated on the Stratford Road area of Wolverton. The property comprises of and entrance hall, bathroom, lounge, kitchen, dining room and two double bedrooms.

Woburn Sands £700pcm

Taylors Residential Lettings are delighted to offer this 2 bedroom split level maisonette situated in the popular location of Woburn Sands. The property comprises of entrance hall, lounge, kitchen, bathroom, 2 double bedrooms, communal gardens and allocated parking space.

Downs Barn £695pcm

Taylors Residential Lettings are delighted to offer this three bedroom property situated in the popular central location of Downs Barn. The property comprises of a lounge, kitchen, three bedrooms, bathroom and parking.

Shenley Brook £695pcm

Taylors Residential Lettings are delighted to offer this three bedroom semi-detached house situated in Shenley Brook End. The property comprises of three bedrooms, cloakroom, kitchen/dining, lounge, family room, garden and off road parking.

Shenley Brook £650pcm

Taylors Residential Lettings are delighted to offer this two bedroom mid terraced house, situated in Shenley Brook End. The property comprises of a cloakroom, kitchen with appliances, lounge/dining room, two double bedrooms, family bathroom, garden and two off road parking spaces.

Broughton £650pcm

Taylors Residential Lettings are delighted to offer this "never lived in" one bedroom ground floor apartment, situated in the popular location of Broughton. The property comprises of an entrance hall, bathroom, double bedroom, lounge and kitchen.

Leighton Buzzard £600pcm

Taylors Residential Lettings are delighted to offer this two bedroom ground floor apartment located in Leighton Buzzard. The property comprises of a lounge, two double bedrooms, kitchen/dining room, bathroom and parking.

Wolverton £600pcm

Taylors Residential Lettings are delighted to offer this newly re-furbished, split level apartment situated in the popular location of Church Street, Wolverton. Only five minutes (approximately) walk to the train station and local shopping centre. The property comprises of a bathroom, one double bedroom, lounge, kitchen/dining room and its own entrance.

Wolverton £600pcm

Taylors Residential Lettings are delighted to offer this two bedroom first floor duplex apartment, situated only a short distance from Wolverton train station and comprises of two bedrooms, kitchen, lounge, cloakroom, bathroom and parking.

AA675439

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email: [illegible]

'Rivers' £144,995

[illegible]

Newton Longville £204,995

[illegible]

'Racecourses' £169,995

[illegible]

Mr A is a first time buyer looking for a two bedroom property in the Bletchley area upto £145,000

Furzton £189,995

[illegible]

Windmill Hill Drive £399,995

[illegible]

Eaton Mill £239,995

[illegible]

'Poets' £219,995

[illegible]

Fenny Stratford £199,995

[illegible]

Miss B is sold (subject to contract) and is looking for a three bedroom property in Furzton upto £210,000

Fenny Stratford £150,000

[illegible]

Lakes Estate £105,000

[illegible]

Guide Price £224,995

[illegible]

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Wolverton £174,995

• Three double bedrooms • Upstairs bathroom
• Victorian style • Three reception rooms
• Gardens
• NO UPPER CHAIN
• Call to view • 01908 312623

Blue Bridge Guide Price £199,995

• Two double bedrooms • Detached
• Bungalow • Cul-de-sac location
• Gas to rad heating • Double glazing
• Single garage with electric door
• Off road parking • NO UPPER CHAIN

Haversham Guide Price £174,995

• Three bedrooms • Semi detached
• Village location • Refitted kitchen
• Refitted bathroom • Garage
• Off road parking • Front & Rear gardens
• NO UPPER CHAIN • 01908 312623

Wolverton £179,995

• Three bedrooms • Victorian style property
• Gas to rad heating • Double glazing (where specified)
• Refitted kitchen • Single garage
• Separate WC • Front & rear gardens
• NO UPPER CHAIN • 01908 312623

New Bradwell Guide Price £149,995

• Unique character property
• Two Double Bedrooms
• Well Presented • Double glazing
• Gas to Radiator Heating • Refitted upstairs bathroom • Refitted Downstairs Shower Room
• Garden • Call to view • 01908 312623

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We will endeavour to sell your property for the best possible price!

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New Bradwell £124,995

• Unique one bedroom • Character property
• Double glazing
• Open plan living space
• Allocated parking • Garden
• Call to view • 01908 312623

Wolverton Guide Pric e £289,995

• Well presented • Three bedrooms
• Detached • Double glazing • Refitted kitchen
• Refitted upstairs bathroom • Refitted downstairs shower room • Gas to rad heating • Conservatory
• Off road parking • Front & rear gardens
• NO UPPER CHAIN • 01908 312623

Harvester Close£350,000

• Immaculate • Detached • Cul-de-sac Location
• Four Double Bedrooms • Over 12ft En-suite
• Refitted Kitchen • Refitted Bathroom • Refitted En-suite • Utility Room • Approx. 26ft Lounge
• Double Garage • Off Road Parking • Front & Rear Gardens • MUST VIEW PROPERTY

Wolverton £169,995

• Victorian style • Three double bedrooms
• Upstairs bathroom
• Downstairs shower room
• Needs updating
• NO UPPER CHAIN
• Call to view • 01908 312623

Wolverton £169,995

• 1930s style • Immaculate • Gas to Rad Heating
• Double glazing • Three bedrooms
• Semi detached
• Refitted kitchen • Refitted upstairs bathroom
• Front & rear gardens • Call to view!
• 01908 312623

Wolverton Guide Price £215,000

• Very well presented • Extended • Three bedrooms
• Semi detached • Gas to rad heating
• Double glazing
• Refitted kitchen • Refitted bathroom
• Conservatory • Separate receptions
• Off road parking • 01908 312623

Bradville £147,950

• Two bedrooms • Semi detached
• Gas to rad heating • Double glazing
• Front & rear gardens • Single garage
• NO UPPER CHAIN • Call to view
• 01908 312623

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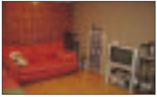
Fullers Slade £87,500



- Two Bedroom
- Ground Floor Flat
- Double Glazing
- Garden
- Off Road Parking
- Viewing Recommended

Fullers Slade £129,995

- Three Bedroom
- Three Storey Home
- Double glazing
- Gas Radiator Heating
- No Upper Chain
- Must Be Viewed

Hilltop £149,995

- Two Bedroom
- End of Terrace
- Gas Radiator Heating
- Refitted Kitchen
- Off Road Parking
- No Upper Chain

Two Mile Ash £67,500

- One Bedroom House
- Offered at 50% Shared Ownership
- via Milton Keynes Council
- Refitted Kitchen
- Off Road Parking
- £10,000 Premium

Deanshanger £230,000

- Four Bedroom
- Three Storey
- Modern Property
- Cloakroom • En-Suite
- Garage and Gardens
- No Upper Chain • Viewing Recommended

Hartwell £200,000

- Five Bedroom
- Semi Detached Home
- Village Location
- Kitchen/Diner
- Conservatory • Garage
- Off Road Parking • Viewing Recommended

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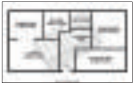
Calverton £225,000

- Very Well Presented
- Three Bedroom • Grade II Listed
- Cottage • Refitted Kitchen
- Refitted Bathroom
- Feature Fireplaces • Oil Fired Radiators
- Must Be Viewed

Stony Stratford £250,000

- Extremely Well Presented
- Three Bedroom • 1920's Style
- Semi Detached Home
- Refitted Kitchen
- Refitted Bathroom
- Off Road Parking

Two Mile Ash £220,000



- Well Presented
- Rarely Available
- Two Bedroom
- Detached Bungalow
- Gas Radiator Heating
- Garage
- Viewing Recommended

Deanshanger £314,995

- Very Well Presented
- Three Bedroom
- Detached Bungalow
- Refitted Kitchen • Refitted Bathroom
- Garage and Garden
- No Upper Chain
- Must Be Viewed

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Green Park £169,995

- End of Terrace • Two Bedrooms
- Entrance Hall
- Kitchen • Lounge
- Conservatory
- Bathroom • Rear Garden
- Garage in Block

Great Linford £155,000

- Well presented terraced property
- 4 Bedrooms
- Downstairs cloakroom
- Separate reception rooms
- Gardens to front and rear

Poets £169,995

- Semi Detached Property
- Two Double Bedrooms
- Entrance Hall • Kitchen • Lounge/Diner
- Bathroom
- Front and Rear Gardens
- Off Road Parking for 1-3 Vehicles

Newport Pagnell£179,995

- Well Presented & Spacious
- Town House
- Three/Four Bedrooms
- Downstairs Cloakroom
- Lounge • Kitchen
- Gardens • Garage & Off Road Parking

Giffard Park £219,995

- Spacious detached property
- 3 Bedrooms • Conservatory
- Rear garden
- Off road parking for two vehicles
- Garage
- Potential to extend with relevant planning permission

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Willen Road £299,995

- Very well presented
- Popular and rarely available location
- Semi detached family home
- 3 Bedrooms
- Separate reception rooms
- Garden • Private Parking

Green Park £174,995

- End of Terrace
- Two Bedrooms
- Entrance Hall
- Kitchen • Lounge
- Bathroom
- Rear Garden

Housman Close£299,995

- Well Presented • Four Bedrooms
- Downstairs Cloakroom
- Separate Reception Rooms
- Large Conservatory
- En Suite to Master
- Gardens • Off Road Parking

Sherington £249,995

- Well Presented
- Link Detached
- Idyllic Location • Summer Room
- Two Bedrooms
- Private Gardens
- Garage & Off Road Parking

Green Park OIEO £325,000

- Well Presented • Recently Refurbished
- Downstairs Cloakroom
- Kitchen/Dining Room
- Four Bedrooms • En Suite
- Front & Rear Gardens
- Double Garage • Call to view!
- 01908 611966

Blakelands OIEO £380,000

- Tastefully Extended • Quiet Location
- Five Bedroom Detached
- Recently Redecorated
- Galleried En Suite to Master
- Mature Private Rear Garden
- Self Contained Office • Garage & Off Road Parking

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AMAZING VALUE £104,950

[illegible]

MASSIVE PRICE REDUCTION £399,950

[illegible]

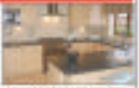
RARELY AVAILABLE FROM: £225,000

[illegible]

TRADITIONAL VILLAGE HOME £399,950

[illegible]

LAST HOUSE TYPE REMAINING!! £295,000



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LAKESIDE APARTMENTS £358,000

[illegible]

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email: olney@taylorscountrywide.co.uk

Emberton £229,995

- 2 Bedrooms
- Accommodation over 3 floors
- Lounge
- Fitted Kitchen/Diner
- Rear Garden
- Brick built outbuilding

Olney £550,000

- 4 Bedrooms • Impressive character cottage
- Undergone many improvements
- Refitted Kitchen/Breakfast Room
- En suite to master suite
- Detached office/workshop
- Off Road Parking
- Enclosed mature rear garden

Lavendon £209,995

- 3 Bedrooms • No Upper Chain
- Lounge & Dining Room
- Refitted bathroom
- Rear and side gardens
- Garage and off road parking
- Excellent decorative order

Turvey O.I.R.O. £424,995

- 3 Bedrooms • Lounge & Dining Room
- Fitted Kitchen • Conservatory
- Downstairs cloakroom/shower room
- Sizeable rear garden
- Double garage and off road parking
- Potential to extend (subject to planning)

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We currently have clients, Mr & Mrs F, who are looking for properties in Coneygere, Timpsons Row and St Josephs Close in Olney. If you can help and are looking to move please call us NOW on 01234 713333.

Olney £219,995

- 3 Bedrooms • Lounge
- Refitted Kitchen/Diner
- Refitted bathroom
- Rear garden
- Block paved driveway
- Integral garage

Lavendon O.I.E.O. £310,000

- 5 Bedrooms • Downstairs Cloakroom
- Lounge & Dining Room
- Downstairs Study
- En suite to master
- Gardens and off road parking
- Garage & Driveway • Backs onto fields

Lavendon £139,995

- 2 Bedrooms
- Undergone many improvements
- Refitted Kitchen
- Lounge • Conservatory
- Front & Rear Gardens
- Off Road Parking for 2-3 cars • No Upper Chain

Bozeat £364,995

- 4 Bedrooms
- Lounge & Dining Room
- Kitchen/Breakfast Room with Utility
- En suite to master
- Basement store • Rear Garden
- Garage and driveway

Emberton £329,995

- 4 Bedrooms
- Large Lounge/Diner
- Fitted Kitchen
- Conservatory • En suite to master
- Attractive rear garden
- Off Road Parking • Views over open countryside

Olney £164,995

- 2 Bedrooms
- Accommodation over 3 floors
- Lounge with open fireplace
- Kitchen
- Communal courtyard garden
- No Upper Chain

Turvey £369,950

- 4 Bedrooms
- Lounge & Dining Room
- Kitchen with Utility
- Conservatory
- En suite to master
- Front & Rear Gardens
- Garage and off road parking

Turvey £204,950

- Semi Detached
- 3 Bedrooms
- Lounge/Diner
- Fitted Kitchen
- Gardens
- Integral garage

AA675443

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PAD
a new standard of living

Typical features of our properties include*…

Ground Floor Entertainment Suite featuring media room, cool bar and garden room
First Floor Bedroom Suite featuring wetroom, dressing rooms with en-suites and master bedroom suite

*Please note that the actual layout of each property may vary.

All Inclusive

Rent - £1,500
Luxury Fully
Furnished Apartment

All Inclusive PREMIUM

Rent - £1,750
Luxury Fully
Furnished Apartment

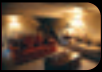
Benefits
- Ironing
- Gardening

All Inclusive PREMIUM +

Rent - 2,200
Luxury Fully
Furnished Apartment

Benefits
- Ironing
- Gardening
- Concierge Service

Foscote Manor
Cottage Appartments



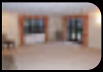
Foscote Manor is a fine Jacobean manor house, lying on the grounds of one of Henry VIII's homes, and surrounded by forty acres of landscaped countryside, including lakes and ponds. As part of the Manor building, this converted stable now houses two spacious cottages, one with one bedroom and the other with three. The cottages themselves comprise of a hallway, master bedroom and bathroom with shower, along with a lounge/diner with wonderful views of the Foscote estate, along with a kitchen complete with built-in appliances. There are ample allocated parking spaces outside along with a communal garden, making these unmissable opportunities for anyone seeking a life in the country.

All Inclusive
2 Stable Cottages - £275PW
3 Stable Cottages - £375PW

All Inclusive PREMIUM
2 Stable Cottages - £325PW
3 Stable Cottages - £425PW

All Inclusive PREMIUM +
2 Stable Cottages - £375PW
3 Stable Cottages - £475PW

Beach Covey
Detatched House



This is a large extended detached home located in the picturesque village of Hanslope, and amongst its many features are a hallway, downstairs W.C, lounge, dining room, snooker room, snug/family room, fitted bespoke kitchen/breakfast room, utility room, conservatory, 5 bedrooms, 2 en-suites and family bathroom. Outside, there is plenty of space for parking with three garages and a large driveway, along with rear and side gardens. This is your perfect opportunity to live in the countryside, just a couple of miles from the centre of Milton Keynes.

All Inclusive
£POA

All Inclusive PREMIUM
£POA

All Inclusive PREMIUM +
£POA

Potterspury

Located just outside Milton Keynes in the quiet village of Potterspury, this lovely character home comprises of three bedrooms, a lounge, dining room with two open fire places, kitchen, bathroom, conservatory, cloakroom and garden.

All Inclusive
£325 PW

All Inclusive PREMIUM
£350 PW

All Inclusive PREMIUM +
£375 PW

Cruickshank Grove

This detached home on the western edge of Milton Keynes comprises of a lounge, dining room, kitchen, and study (converted from the former garage), along with four bedrooms, an en-suite and family bathroom. This represents a great chance to live in one of the quieter areas of the New City, whilst still only living within a short distance from the centre.

All Inclusive
£325 PW

All Inclusive PREMIUM
£350 PW

All Inclusive PREMIUM +
£375 PW

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Oldbrook £104,995

- 3 Bedroom detached 50% shared ownership property
- Lounge
- Kitchen diner
- Gas to radiator heating
- Front & rear gardens
- Plus premium

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Are they asking for a price reduction?

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Bletchley £119,995

- 3 Bedroom terrace property
- Lounge
- Dining room
- Kitchen
- Bathroom
- Front & rear gardens
- Double glazing

Old Stratford £174,995

PX AVAILABLE

- 2 Bedroom apartment
- Lounge dining room
- Kitchen
- Bathroom
- Allocated Parking
- No chain

***** STAMP DUTY & LEGAL FEES PAID *****

Bletchley £124,995

PX AVAILABLE

- 2 Bedroom first floor flat
- Lounge dining room
- Kitchen
- Bathroom
- Double glazing

STAMP DUTY & LEGAL FEES PAID

Wolverton £172,500

PX AVAILABLE

- 3 Bedroom terrace property
- Lounge
- Kitchen dining room
- Bathroom
- En-suite
- Parking at rear

STAMP DUTY & LEGAL FEES PAID

Bletchley £114,995

PX AVAILABLE

- 2 Bedroom first floor maisonette
- Lounge
- Dining room
- Bathroom
- Allocated parking
- Town centre location

STAMP DUTY & LEGAL FEES PAID

Newport Pagnell £149,995

PX AVAILABLE

- 2 Bedroom ground floor maisonette
- Lounge
- Kitchen
- Shower room
- Allocated parking
- Town centre location

STAMP DUTY & LEGAL FEES PAID

Newport Pagnell £174,995

PX AVAILABLE

- 3 Bedroom terrace property
- Lounge
- Kitchen dining room
- Bathroom
- Front & rear gardens
- Garage

***** STAMP DUTY & LEGAL FEES PAID *****

Oakhill £194,995

PX AVAILABLE

- 2 Bedroom ground floor apartment
- Lounge dining room
- Kitchen
- En-suite
- Garden
- Driveway

STAMP DUTY & LEGAL FEES PAID

Deanshanger £199,500

PX AVAILABLE

- 3 Bedroom victorian semi-detached property
- Dining room
- Kitchen
- Bathroom
- Village location

STAMP DUTY & LEGAL FEES PAID

Medbourne £234,995

PX AVAILABLE

- 3 Bedroom semi detached property
- Dining room
- Cloakroom
- En-suite
- Bathroom
- Garage & Driveway

STAMP DUTY & LEGAL FEES PAID

Bletchley £236,995

PX AVAILABLE

- 4/5 Bedroom semi-detached property
- Conservatory
- Utility room
- Downstairs shower room
- Family bathroom
- Front & rear gardens

STAMP DUTY & LEGAL FEES PAID

Gt Linford £234,995

PX AVAILABLE

- 3 Bedroom Victorian end of terrace
- Refurbished throughout
- Kitchen dining room
- En-suite
- Rear garden
- Off road parking

STAMP DUTY & LEGAL FEES PAID

Emerson Valley £459,995

PX AVAILABLE

- 4 Bed detached property
- Dining room
- Study
- Utility
- En-suite
- Double garage & driveway

STAMP DUTY & LEGAL FEES PAID

AA670296

Terms and conditions apply with properties advertised with part exchange considered and/or stamp duty and legal fees paid. Prospective buyers should contact us for details.

AA675457

Stratfords

NEW BUILDS BACKING ONTO CANAL

£499,995

LAST REMAINING 5 bedroom detached house backing onto the Grand Union Canal can be purchased off plan. Giving you the chance to choose fixtures and fittings to suit your taste. This property boasts high a specification finish, 3 en suites, study, double garage and landscaped gardens. Site available to view and will be accessed by private gates. Call Tom on 01908 630 100.

RIVERS, BLETCHLEY

£159,995

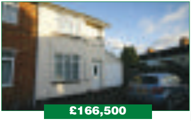
A 3 bedroom terraced house with a garage. The property comprises entrance porch, lounge, kitchen / diner and a bathroom. Outside are front and rear gardens with single garage at the rear. Property benefits from gas central heating and PVCu double glazing and is situated on a walkway.

LOUGHTON

OFFERS OVER £950,000

A stunning 5 double bedroom detached farmhouse with a separate annex / office that has been totally renovated to an extremely high standard with luxury fittings including bespoke hand made furniture. There is also a double garage and lovely gardens with just too many other features to list. Call David for further details.

THE ELMS OFF CHURCH GREEN ROAD



£166,500

A rarely available 2 bedroom end of terrace cottage with garage. The property comprises entrance hall, lounge, kitchen / diner, utility room, 2 bedrooms with shower to bedroom one and further bathroom. Outside is an enclosed rear garden and garage. No upper chain.

NEWTON ROAD, BLETCHLEY

£219,995

An impressive extended 3 bedroom semi detached house. The property comprises entrance hall, lounge, dining room, open plan refitted kitchen / diner, utility room, 3 bedrooms, bathroom and loft room. Outside is an enclosed rear garden and off road parking at the front. No Upper Chain.

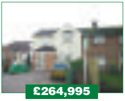
COTTINGHAM GROVE, BLETCHLEY

NEW

£229,995

A very well presented 3 bedroom semi detached on a sought after road. The property comprises entrance hall, lounge, dining room, refitted kitchen, 3 bedrooms and bathroom. Outside is a single garage with driveway for several vehicles and large rear garden. View to appreciate.

MURSLEY ROAD, LITTLE HORWOOD



£264,995

Situated in a sought after village on the edge of Milton Keynes. The property comprises entrance hall, lounge, refitted kitchen, dining room, 3 bedrooms and bathroom. Outside is an impressive rear garden over looking fields. To the front is off road parking. No upper chain.

SHERWOOD DRIVE, BLETCHLEY

£269,995

A very well presented 4 bedroom detached chalet bungalow. The property has been vastly improved by the current owner and benefits from refitted bathroom, refitted kitchen and conservatory. Other accommodation includes 24ft Lounge, dining room, downstairs bedroom, 3 upstairs bedrooms and shower room. Outside is a blocked driveway and garage with enclosed rear garden.

CALDECOTTE, MILTON KEYNES

£224,995

This 3 bedroom detached is within walking distance of Caldecotte lake and other parkland. The property comprises entrance hall, cloakroom, lounge, dining room, refitted kitchen, 3 bedrooms, en suite shower and bathroom. Outside are front and rear gardens, single garage and extra off road parking. No Upper Chain.

REDROW DEVELOPMENT, BLETCHLEY

£354,995

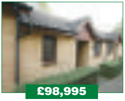
An impressive 4 double bedroom detached house built by Redrow approx 4 years ago. The property comprises entrance hall, lounge, dining room, study, cloakroom, utility, kitchen / breakfast, en suite to master and family bathroom. Outside is a double garage and front and rear gardens. No Upper Chain.

WALNUT TREE, MILTON KEYNES

£179,995

This 3 bedroom house is situated within catchment for the popular and well respected Walton High School. The property comprises entrance hall, cloakroom, lounge, kitchen / diner, 3 bedroom and bathroom. Outside are front and rear gardens and a single garage with driveway. No upper Chain.

RETIREMENT BUNGALOW, CONNIBURROW



£98,995

This over 55's one bedroom bungalow is offered with No upper chain. Accommodation comprises entrance hall, lounge / diner, kitchen, bedroom and bathroom. Pvcu double glazed windows. Outside are communal gardens to front and rear all maintained by the management company.

LAKES ESTATE, BLETCHLEY

£114,995

A 3 bedroom terrace house. The property comprises entrance hall, lounge, kitchen / diner, 3 bedrooms, wc and bathroom. There is no upper chain and would be an ideal buy to let or first time purchase.

INVESTMENTS IN FENNY STRATFORD

£119,995

A range of 1 and 2 bedroom flats can be purchased off plan in Fenny Stratford. These would be ideal buy to let properties for future investment. Plans available in the office. Reserve now to avoid the January rush. Only 5 released to date.

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AA675453

01908 211011

Mark Berry
PROPERTIES

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NEWPORT PAGNELL

NO UPPER CHAIN

* One Bedroom
* Double Glazed
* Gas to Radiator Heating
* Re-Fitted Kitchen
* Re-Fitted Bathroom
* Garden
* Garage
* No Upper Chain

£144,995

NEWPORT PAGNELL

NO UPPER CHAIN

* Two Bedrooms
* Gas to Radiator Heating
* Close to Town Centre
* Split level Apartment
* Vacant Possession
* Re-fitted Bathroom

£145,000

NEWPORT PAGNELL

NO UPPER CHAIN

* Extended Semi-Detached
* Three Bedrooms
* Lounge
* Re-Fitted Kitchen
* L - Shaped Dining Room
* Double Glazed
* Front & Rear Gardens

£189,995

NEWPORT PAGNELL

NO UPPER CHAIN

* Entrance Hall
* Lounge
* Kitchen / Diner
* Three Bedrooms
* Bathroom
* Front Garden
* Rear Garden
* Garage

£199,950

NEWPORT PAGNELL

NO UPPER CHAIN

* Character Cottage
* Re fitted Kitchen
* Re fitted Bathroom
* Three Bedrooms
* Two Receptions
* Re fitted Cloakroom
* Front & Rear Gardens
* Town Centre Location

£199,995

NEWPORT PAGNELL

NO UPPER CHAIN

* Victorian Town House
* Four Bedrooms
* Two Receptions
* Gas To Radiator Heating
* Gardens
* Town Centre Location
* Double Glazed

£229,995

NEWPORT PAGNELL

* Victorian End Of Terrace Town House
* Recently Restored
* Town Centre Location
* Three Bedrooms
* En-Suite To Master Bedroom
* No Upper Chain

£234,995

OLDBROOK

* Detached Home
* Four Bedrooms
* Gas To Radaitor Heating
* Part Double Glazed
* Garage
* No Upper Chain
* Downstairs Shower Room
* Gardens

£239,995

NEWPORT PAGNELL

* Detached
* Four Bedrooms
* Lounge/diner
* Backing onto Parkland
* Gas Heating
* No Upper Chain
* Must Be Viewed

£249,995

NEWPORT PAGNELL

* Four Bedroom Detached
* Two Receptions
* Conservatory
* Double Glazed
* Gas Central Heating
* En suite Shower Room
* Garage
* Must be Viewed

£279,995

NORTH CRAWLEY

* Detached Bungalow
* Three Bedrooms
* Two Receptions
* Re- Fitted Kitchen
* Re- Bathroom
* Double Glazed
* Cul-de-sac Location
* Gardens

£299,995

NEWPORT PAGNELL

* Detached family Home
* Four Bedrooms
* Ensuite Shower Room
* Two Receptions
* Conservatory
* Gas To Radiator Heating
* Double Glazed
* Double Length Garage

£309,995

WOOLSTONE

* Detached Bungalow
* Four Bedrooms
* Re-Fitted Kitchen
* Re-Fitted Bathroom
* Conservatory
* Garage/Parking
* Front & Rear Gardens
* Sought after Location

£319,995

NORTH CRAWLEY

* Village Location
* Two Bedrooms
* Work Shop
* Large Garden
* Re-Fitted Bathroom
* Re-Fitted Kitchen
* Off Road Parking
* Conservatory

£339,995

NEWPORT PAGNELL

* Detached Four Bedroom Family Home
* Cloakroom
* Re Fitted Kitchen
* En suite to Master Bedroom
* Three Further Bedrooms
* Large Reception Room
* Double Garage
* Landscaped Garden
* Driveway
* Cul de sac Location

O.I.E.O. £325,000

NEWPORT PAGNELL

* Detached Family Home
* Four Bedrooms
* Two Receptions
* Conservatory
* Re- Fitted Kitchen
* Re- Bathroom
* Double Garage
* Double Glazed

£355,000

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moving in the right direction

BANCROFT **£199,950**

A two bedroom linked detached bungalow, undergoing refurbishment, situated in this popular residential area of silimar style properties within a quiet close. The property will have the benefit of a re-fitted kitchen and fully decorated throughout.

OLD STRATFORD **£225,000**

An extended three bedroom, semi-detached property situated in this established residential area with south facing rear gardens and views towards the ouse Valley. Features include: gas radiator central heating, two reception rooms,. UPVC double glazing, bathroom, upstairs cloakroom, garage with additional detached workshop.

BRADVILLE **£184,950**

A well appointed detahced bungalow, set on a corner plot and offered with no chain. The accommodation merits internal inspection at the earliest opportunity. Entrance hall, lounge, kitchen.diner, two bedrooms, bathroom, garage, front and rear gardens.

PROPERTY AUCTION

We are currently accepting properties for inclusion in our next property auction to be held on

WEDS 20TH FEBRUARY 2008

for a free market appraisal please contact Stephen Elvin or Nick Bosworth

01908 222020

COMING SOON

Newport Stables, Newport Pagnell

An outstanding development by Tegan Homes of 6/7, four bedroom homes combining traditional new homes with quality barn conversions situated within a private courtyard setting.
For further information and marketing prices
Call 01908 222020

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WOLVERTON - Coach House Conversion

2, one bedroom starter homes close to the town centre
Prices from £122,500

WOLVERTON **£625**

- * Two bedroom split level apartment
- * Fitted kitchen with integral appliances
- * Spacious lounge/lounge
- * Good sized bedrooms
- * Bathroom
- * Allocated parking

STANTONBURY **£495**

- * One bedroom first floor flat
- * Unfurnished
- * Fitted kitchen with white goods
- * Bathroom
- * Gas central heating
- * Available now

WOLVERTON **£500**

- * NOT AVAILABLE UNTIL JAN 08
- * One bedroom first floor flat
- * Newly carpeted and decorated
- * Kitchen
- * Bathroom
- * Unfurnished

BLUEBRIDGE **£625**

- * Two bedroom semi detached
- * Unfurnished
- * Newly carpeted throughout
- * Gas central heating
- * Garage
- * Garden

POTTERSPURY **£725**

- * Three bedroom semi detached
- * Lounge with separate dining area
- * Family Bathroom
- * Re-fitted kitchen
- * Good sized enclosed rear garden
- * Garage and driveway

CENTRAL MILTON KEYNES **£825**

- * One bedroom new luxury apartments situated in The Hub
- * Fitted kitchen and modern bathroom
- * Bedroom with fitted wardrobe
- * Third floor apartment with balcony & views over Central Milton Keynes
- * Secure parking, lift access and security systems
- * Fully furnished - available immediately

DEANSHANGER **£700**

LET

TOO NEW FOR PHOTO

- * Two bedroom mid terrace house
- * Two double bedrooms
- * Two en-suite bathrooms
- * Downstairs cloakroom
- * Newly fitted kitchen
- * Lounge/diner
- * Two parking spaces
- * Garden with decking
- * Available now - viewing recommended

WOBURN SANDS **£1,950**

- * Four bedroom country home
- * Two bathrooms
- * Two reception rooms
- * Mature gardens with gardener
- * Garage of off-road parking

KENTS HILL **£575**

- * Two bedroom cluster home
- * Unfurnished
- * Economy 7 heating
- * Kitchen
- * Lounge
- * Bathroom
- * Available now

01908 **222020** www.johnwoollett.co.uk

AA671638

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Milton Keynes, MK12 5LW

AVENUES
ESTATE AGENTS

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Email: avenues@btopenworld.com

BOLBECK PARK £209,995

- * 3 bedrooms
- * Extended semi detached
- * 22ft Lounge / diner
- * Downstairs cloakroom
- * Utility room
- * Gas to radiator heating
- * Part double glazed
- * Driveway & Garage
- * Cul-de-sac location
- * No upper chain

WOLVERTON £220,000

- * 3 bedrooms
- * 1930's semi detached
- * Separate reception rooms
- * UPVC double glazed windows
- * Kitchen with built in appliances
- * Gas to radiator heating
- * Approx. 234ft. rear garden backing onto allotments
- * Off road parking
- * No upper chain

WOLVERTON £169,950

- * 2 double bedrooms
- * Double bay fronted
- * 24'8 x 10'3 Lounge / diner
- * Kitchen / breakfast room with bay window
- * Re-fitted upstairs shower room
- * UPVC double glazed windows
- * Gas to radiator heating
- * Single garage to the rear

WOLVERTON £189,950

- * 3 bedroom semi detached
- * UPVC double glazed conservatory
- * Re-fitted kitchen
- * Downstairs cloakroom
- * UPVC double glazed windows
- * Gas to radiator heating
- * Situated on a corner plot
- * Single garage
- * No upper chain

WOLVERTON £139,950

- * 2 bedrooms
- * Victorian style ground floor flat
- * Sash windows
- * Open fireplace in the lounge with archway to dining room
- * Kitchen with built in oven & hob
- * Gas to radiator heating
- * Cellar converted bedrooms & bathroom
- * Communal rear garden

PROPERTY OF THE WEEK

WOLVERTON £195,000

NEW
FULL CELLAR

- * 3 bedrooms
- * Two separate reception rooms
- * Breakfast room leading to kitchen
- * 15'6 x 8'2 re-fitted kitchen suite
- * Re-fitted four piece upstairs bathroom
- * UPVC double glazing
- * 14'9 x 11'10 Full cellar / study
- * Re-fitted gas to radiator heating
- * No upper chain

WOLVERTON £179,995

- * 3 bedrooms
- * End of terrace Victorian style
- * Re-fitted kitchen
- * Re-fitted bathroom
- * Gas to radiator heating
- * UPVC double glazing (w/s)
- * Boarded attic room
- * Close proximity to local amenities

WOLVERTON £179,995

- * 3 double bedrooms
- * Victorian style mid terrace
- * Two reception rooms
- * Many original features
- * Open fireplaces
- * Sash windows
- * Exposed floorboards
- * Downstairs bathroom
- * Front & rear garden
- * No upper chain

WOLVERTON £179,950

- * 3 bedrooms
- * Double bay fronted property
- * Kitchen with breakfast area
- * Re-fitted upstairs bathroom
- * Original fireplace in the lounge
- * Sash cord windows
- * Gas to radiator heating
- * Front & rear gardens

WOLVERTON £175,000

- * Retail / office unit
- * 4 bedroom flat to rear & above
- * Gas to radiator heating
- * Double glazing (where specified)
- * Potential for flat conversions (stp)
- * Garage & off road parking
- * No upper chain

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web: www.harrisonmurray.co.uk / email: miltonkeynes@harrisonmurray.co.uk

TWO MILE ASH £275,000

- Four Bedrooms Detached
- Cul-De-Sac Location
- Refitted Downstairs Cloakroom
- Dining Room
- Living Room
- Double Garage
- Off Road Parking
- Front & Rear Gardens
- Double Glazing
- Gas Central Heating

GIFFARD PARK £214,950

- Three Bedroom Semi-Detached
- Extended
- Dining Room
- Double Glazed
- Garage & Driveway
- Garden

WOOLSTONE £310,000

- Detached House
- Garage Plus Parking for 3 cars
- Large Corner Plot
- Conservatory
- Downstairs Cloakroom
- Three Bedrooms
- Kitchen/Diner
- Gas Central Heating
- Double Glazing
- Alarm System

Downhead Park £239,995

Extended 4 bedroom semi-detached, En suite to Master bedroom, Large L-Shaped living room, Downstairs cloakroom, Gardens, NO UPPER CHAIN

NETHERFIELD £124,995

- Three Bedroom Terraced
- Downstairs Cloakroom
- Kitchen/Diner
- Front & Rear Gardens
- Double Glazing
- Central Heating
- Garage
- NO UPPER CHAIN

The Cat's Whiskers!

In a recent survey nine out of ten customers said they would recommend Harrison Murray Estate Agents to their friends and colleagues

HARRISON MURRAY

In a tough market it makes sense to use the agent that customers recommend.

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STONY STRATFORD £375,000

- Four Bedroom Character Property
- Many Original Features
- Conservatory
- Mature Gardens
- Downstairs Cloakroom
- Living Room with Inglenook Fireplace
- Utility Room
- Study/Office
- Central Heating
- Family Bathroom

NETHERFIELD OFFERS ABOVE £140,000

- Top Floor Apartment
- Private Gated Development
- Two Bedrooms
- Double Glazed
- Allocated Parking
- NHBC Guarantee

MONKSTON £354,995

- Four Double Bedrooms Detached
- Downstairs Cloakroom
- En-Suite to Master
- Double Glazing
- Utility Room
- Dining Room
- Living Room
- Garage
- Gardens

FURZTON £121,950

- Ground Floor Flat
- One Bedroom
- Private Rear Garden
- Very Well Presented
- Gas Central Heating
- Living Room
- Kitchen
- Bathroom

FURZTON £295,995

- Four Bedroom Detached House
- Downstairs Cloakroom
- Separate Dining Room
- Study
- Master Bedroom with En-Suite
- Single Garage
- Front & Rear Gardens
- Double Glazing
- Gas Central Heating
- Utility Room

OLDBROOK £275,000

- Four Bedroom Detached
- Newly Fitted En-Suite to Master
- Newly Fitted Bathroom
- Newly Fitted Kitchen
- Dining Room
- Utility Room
- Double Glazing
- Garage & Parking for 4 cars
- NO UPPER CHAIN
- Downstairs Cloakroom

NEATH HILL £199,950

- Three Bedroom Link Detached
- Potential to Extend & Improve
- Kitchen/Diner
- Gardens
- Garage
- NO UPPER CHAIN
- Gas Central Heating
- Double Glazing
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Wolverton £265 PW inc. bills

- 3 bed mid-terrace.
- 2 reception rooms.
- Fitted Kitchen.
- Family Bathroom.
- Ensuite to master.
- Parking to the rear.
- Various extra services available.

Deanshanger £295 PW inc. bills

- 3 bed mid-terrace.
- 2 reception rooms.
- Fitted Kitchen.
- Family Bathroom.
- Rear Garden.
- Various extra services available.

Oakhill £295 PW inc. bills

- 2 bed apartment.
- Fitted kitchen.
- Lounge.
- Bathroom.
- En-suite to master.
- Allocated Parking.
- Various extra services available.

Old Stratford £325 inc. bills

- 2 bed serviced apartment.
- Fitted bathroom.
- Lounge/diner.
- Fitted kitchen.
- This apartment is fully furnished with various extra services available.

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Great Linford £365 PW inc. bills

- 3 Bed end of terrace.
- Lounge.
- Re-Fitted Kitchen/Diner.
- Re-fitted Bathroom.
- Ensuite To Master.
- Rear Garden.
- Off Road Parking.
- Various extra services available.

Deanshanger £315 PW inc. bills

- 4 bed terrace.
- Fitted Kitchen.
- Family Bathroom.
- Ensuite to master.
- Downstairs W.C.
- Rear Garden.
- Allocated Parking.
- Various extra services. available.

New Bradwell £310 PW inc. bills

- 4 Bed townhouse.
- Downstairs W.C.
- Lounge.
- Re-Fitted Kitchen/Diner.
- En-suite to Master.
- Family bathroom.
- Garage and drive.
- Various extra services available.

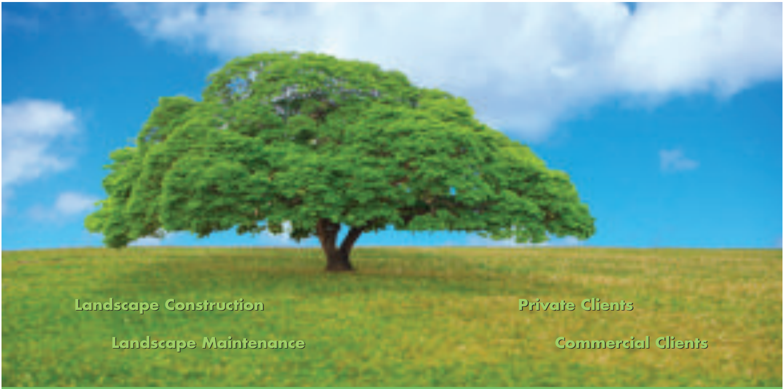
Buckingham £325 PW inc. bills

- 3 Bed Period property.
- Lounge.
- Kitchen.
- Close to town.
- Various extra services available.

Broughton £425 PW inc. bills

- 4 Bed detached.
- Downstairs W.C.
- 3 Reception rooms.
- Kitchen/Breakfast Room.
- En-suite To Master.
- Various extra services available.

AA675463



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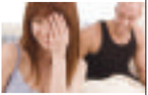

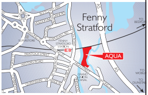

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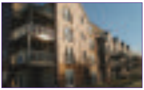

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Four double bedroom 1930's semi detached home (originally three bedroom now extended, offering spacious family accommodation, entrance hall, re-fitted downstairs shower room, re-fitted utility room, lounge, dining room, re-fitted kitchen with integrated appliances, re-fitted bathroom re-fitted upstairs shower room, double glazed windows, rear garden, off road parking for up to 6 vehicles.

MONKSTON £174,995

Two double bedroom top floor apartment with security entry system, offered for sale with NO UPPER CHAIN. Entrance hall, kitchen/dining room, lounge, en suite to master bedroom, bathroom, allocated parking, shared garden.

MIDDLELTON £219,995

Two bedroom duplex home, rarely available, set in Milton Keynes premier area, within walking distance of Willen Lake, entrance hall, open plan lounge/dining room with views over parkland, kitchen/breakfast room with integrated appliances, en suite to master bedroom, family bathroom, garage, parking space, double glazed windows.

FURZTON £179,995

Three bedroom end of terrace home, entrance hall, lounge, re fitted kitchen/dining room. family bathroom, front & rear gardens, driveway parking, garage, PVCu double glazed windows & doors.

COFFEE HALL £154,995

Two bedroom semi detached home, entrance hall, lounge, re fitted kitchen, re fitted bathroom, front & rear gardens, driveway parking, PVCu double glazed windows & doors.

SPRINGFIELD £174,995

Three bedroom terrace home, entrance hall, cloakroom, re-fitted kitchen/dining room, lounge, bathroom, front & rear gardens, driveway parking, PVCu double glazed windows & doors.

SPRINGFIELD £189,995

Three bedroom terrace home in our valuers opinion presented in excellent order throughout, entrance porch, entrance hall, cloakroom, re fitted kitchen/dining room, lounge, bathroom, front & rear gardens, garage, PVCu double glazed windows.

FURZTON £249,995

Three double bedroom detached home set in this most sought after location close to Furzton lake, NO UPPER CHAIN. entrance hall, cloakroom, lounge, kitchen/dining room, ensuite to bedroom one, family bathroom, garage, driveway parking, front & rear gardens.

MEDBOURNE £214,995

Two double bedroom three storey townhouse with study, set in this popular location close to local amenities, entrance hall, cloakroom, dining room, kitchen/breakfast room, lounge, study, family bathroom, rear garden, allocated parking. NO UPPER CHAIN.

OLDBROOK £279,995

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Moorlands Centre Manager

£31,606 - £36,657 Ref: 50011486/MKN

You will lead a multidisciplinary team, ensuring the smooth running of the centre across a range of community-focused activities while spearheading its continuous development. Your significant experience within a community-based project will be complemented by enthusiasm, passion, an innovative, people-focused approach, and strong management skills

For informal enquiries please contact Leslie O'Reilly on 01908 679819.

Interview date: w/c 14 February 2008.

Area Maintenance Officer

£17,154 - £28,172 Ref: 50010439/MKN

You will lead the delivery of services within a designated geographical area. Familiar with relevant IT applications, you will undertake highway safety inspections and remedy defects on the network. With or working towards the NRSWA supervisory modules, you will bring a proven track record in highway maintenance or construction.

For informal enquiries please contact Lilian Drew on 01908 252641

Safer Roads Technician

£20,099 - £24,545 Ref: 50010744/MKN

2 year fixed term contract (recurring dependant on funding)

Skilled in data analysis and presentation and the ability to read maps and plans, you will manage the Council's traffic collision and casualty database on a day-to-day basis, analysing and presenting data to colleagues to ensure our road safety programme is intelligence led. You will participate in the implementation of anti speed measures and road safety audit and have access to transport.

Interview date: 12 February 2008

Librarian (Children & Young People)

£17,154 - £24,545 Ref: 50011588/MKN

Your challenge will be to encourage more young people to use our libraries, develop our resources for young people, and promote the use of ICT as a learning resource. A qualified librarian, known for your lively personality and rapport with young people, you will bring effective communication and organisational skills.

This role is subject to an enhanced CRB disclosure.

For informal enquiries please contact Michelle Herriman or Emma Carrick on 01908 254081

Family Support Workers (8 posts)

£17,154 - £20,736 Ref: 50016851 - 50016859 /MKN

This is your chance to make a real difference to children and families in Milton Keynes. You will support the development of Sure Start Children's Centres while encouraging excluded parents to access services. You will need to be able to develop the confidence of parents and provide children under five with a diverse range of learning activities through play. You will have experience of working with children and parents in a community setting.

Informal enquiries please contact Julie Higgs or Charlotte Davies on 01908 258053

Pupil Support Officer

£17,154 - £20,736 pro rata -18 hours per week

Ref: 50016849/MKN

Acting as a facilitator, you will work with individual pupils to enable them to achieve and maintain their academic and social progress. Able to engage challenging pupils in a variety of settings, you will have an understanding of young people, good IT and organisation skills, and a current driving licence.

For informal enquiries please contact Lisa Hales on 07985 564474.

Parent Partnership Admin Assistant

£15,153 - £17,781 REF: 50012526/MKN

Milton Keynes Parent Partnership Service is a small team offering independent information, advice and support to the parents and carers of children with special educational needs. Based at the Galley Hill Education Centre, you will ensure that parents and carers receive timely information and support on special educational needs, working on the telephone helpline and liaising with professionals. Experience of providing a comprehensive administration service in a busy office environment, together with strong IT and communication skills, and an accurate and methodical approach will be vital.

A CRB check will be required.

For informal enquiries, please contact Jacqueline Hashemi, on 01908 254518.

Previous applicants need not apply.

Tenant Support Officer (2 posts)

£17,154 - £20,736 Ref: 50012036/50012434/MKN

Join our highly motivated team, and you will support vulnerable tenants across Milton Keynes, and in all types of tenure including promoting independent living and providing practical help and guidance. Able to oversee a range of important tasks and build relationships with tenants, landlords, and various support agencies, you will have experience in a similar role.

CRB checks will be required.

For informal enquiries please contact Andrea Vincent on 01908 253437.

Interview date: 12 February 2008.

Library Assistant

£13,062 - £15,470 pro rata 18.5 hours per week

Ref: 50015610/MKN

A team player able to work independently, you will assist in the day-to-day operations at Bletchley Library, answering enquiries, assisting customers with ICT, working at the counter, and undertaking shelving duties. Capable under pressure, you will have good communication skills and GCSEs in maths and English or equivalent.

To apply online visit: www.theplacetobe.info

For an application form, email: jobs@milton-keynes.gov.uk Call us 01908 253344 or 253462 (24 hour answerphone). If you have a hearing impairment and have access to Minicom please phone 01908 252727 (office hours only). Please quote appropriate reference. Salaries will normally start at the first point of the grade.

Closing date unless otherwise stated: 25 January 2008

We are unable to accept CVs, unless accompanied by a completed application form.

We are an Equal Opportunities Employer

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It's ability, not disability that counts

MILTON KEYNES COUNCIL

AA676168

Wavendon Gate School

January 2008

Teaching Assistant X 2

Grade MK3 or MK4 depending on qualifications and experience

Position 1: Actual Salary £4641 to £5497 Hours: 8.35am – 12.00pm
15.83 hours per week - Term Time only

Position 2: Actual Salary £7946 to £9421 Hours: 8.35am – 3.00pm
27.10 hours per week – Term Time only (salary based on MK3)

Class based working closely with the class teacher in supporting pupils learning. You will also assist with class displays, the preparation of resources and administration tasks.

Lunchtime Supervisor X 2

Grade MK 1 £6.00 per hour Hours: 12.00 – 1.00pm
Monday to Friday for Term Time only

Job Share would be considered. Casual staff welcome.

We wish to add to our strong team of lunchtime staff with two creative, flexible people who can help our pupils enjoy the most social time of the day!

We have spacious grounds, generous resources and well behaved pupils.

To join our friendly and supportive teams, please contact Debbie Hawkins at the school for further information or to arrange a visit.

Closing Date for applications: Friday 18th January 2008
Interviews: Week Commencing 21st January 2008

Telephone: 01908 586394
e-mail:wavendongate@milton-keynes.gov.uk
Website: www.wavendongate.milton-keynes.sch.uk

AA676170

The Willows School and Early Years Centre

Fishermead Boulevard, Fishermead, Milton Keynes MK6 2LP
(01908) 528803

Pebbles Sure Start Children's Centre Administrator

MK3 £13,062 - £15,470

Full time 37 hours per week, 52 weeks per year

We are looking for a very special person to help us with the administraio of the Children's Centre based at The Willows School. The duties will include meeting our visitors, producing newsletters and maintaining an efficient filing system.

Learning Support Assistant

MK3/4 £13,062 - £17,781 pro rata

(£6.77-£9.21 per hour)

20 hours per week term time only - fixed term post until July 2008

We need an LSA ASAP to support a Year 1 child who has language and communication difficulties. NNEB or NVQ level 3 qualifications an advantage.

The Willows School and Early Years Centre offers a friendly, caring environment for both staff and pupils. If you would like to discuss either position in more detail please either 'phone the Headteacher, Mrs Pauline Pickard, on 528803, or pop into the school.

The closing date for applications is Friday 18th January and interviews will be held on Thursday 24th January.

This school is committed to safeguarding and applicants will be required to have an enhanced CRB check.

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A staff reward scheme is in place with training opportunities available.

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Pease contact The Manager, Mr. Remi Wamala to complete an application form on 01234 266933.

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On-going training & NVQ's available.
All employees are subject to an enhanced CRB check.
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As full training will be provided, no experience is necessary; however, due to the nature of the work, a caring, compassionate flexible nature is essential.

You will also require your own transport and mobile phone.

For an informal chat and application pack, please contact Sue or Amy on 01908 679360 or alternatively, e-mail to sue@acsdomcare.co.uk

Successful candidates will be required to supply information for a CRB check. A.C.S. Care Services is not a recruitment agency.

AA675180

Open Day on Tuesday 15th January 2008 1pm-7pm at Oldbrook House, Boycott Ave, Oldbrook, Milton Keynes

The Saxon Clinic

Ward Staff Nurses
Full-time: 37.50hrs per week
We are looking for fully qualified experienced Staff Nurses to join our multi-specialty Ward team. The hospital provides individualised patient care for a predominantly acute surgical caseload.

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Fully qualified theatre practitioner with comprehensive orthopaedic experience required to join our Theatre team.
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A well-groomed, organised person is required to provide a clerical/admin role on the Ward.

For a role profile and application form please contact: Pam Wright

Tel: 01908 665533 (ext.392)

Closing date for applications: Friday 18 January 2008

AA676088

Litigation secretary	**c£22k**
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Secretary	**c£22K**
Customer Service Advisors	**c£19K**
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Reports Analyst	**c£23K**
Trainee Fleet controllers	**c£14,500**
Travel Advisor	**£16,000**
Workshop/project manager	**£30,000**
Warehouse operative (German speaking)	
Legal Assistant	**£18,000**
Appointment Setters	**£22,500 + Com**
Processing Administrator	**£15,500**
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Control room operator	**£16,000**
Vehicle Data Technician	**£17,000**
Customer Service Clerk	**£16,000**
Accountant	**£25,000**
Purchase ledger Clerk	**£18,000**
Operations Manager (Call Centre)	**£35,000**
Team Leader (Call Centre)	**£25,000**
Warehouse/Van Driver	**£16,000**

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AA675232

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Walton High & Walton Learning Centre

Fyfield Barrow Milton Keynes MK7 7WH Tel. 01908 677954
www.waltonhigh.org.uk Principal: Michelle Currie

Walton High has a reputation for innovative approaches to teaching and learning. We are the lead school in a Leading Edge Partnership, a Business & Enterprise specialist college and have recently been awarded Training School status. Our high quality team of teachers and support staff enable students to be successful across the curriculum.

We are looking to appoint the following for April/September 2008:

Subject Leader Food and Textiles **TLR 2b (£2,627)**

A higher TLR allowance may be available to an exceptional candidate who is able to take a leading role in the school's training & consultancy work.

Subject Leader Art and Media Production **TLR 2a (£4,203)**

Law Teacher* – A TLR may be payable to an exceptional candidate who is able to take a leading role in other aspects of the school's work.

Science Teacher* – Chemistry

Science Teacher*

Religious Studies Teacher* (Philosophy & Ethics)

Maths Teacher*

English Teacher*

*these posts would benefit someone on the Fast Track programme

We are looking for the following support staff for our Student Services team, who are responsible for the provision of our extended school study facility. Flexible hours would be required, incorporating at least two afternoons working until 5.30pm.

Library Assistant MK3
£13,062 - £15,470 (£11,127 - £13,179 pa pro rata)
Term Time, 37 hrs per week, library experience desirable. Required January '08.

Student Supervisor MK3
£13,062 - £15,470 (£11,127 - £13,170 pa pro rata)
Term Time, 37 hrs per week. Required January '08.

If you would like to join our team, please download an application pack at www.waltonhigh.org.uk. On-line applications are encouraged. Alternatively contact us on 01908 558765 (24 hrs)

Closing date: Friday 25 January 2008.
Interviews w/c 28 January 2008.

AA675135

www.waltonhigh.org.uk

The place to inspire

CEDARS COMBINED SCHOOL
Bury street, Newport Pagnell, MK16 0DT
Tel: 01908 610561
Email: cedarscombined@milton-keynes.gov.uk

OFFICE MANAGER AND BURSAR

MK7 (£23,749 - £28,172) pro rata

35 hours a week, 40 weeks per year

We are seeking to appoint an experienced Office Manager and Bursar for our welcoming and successful school. Cedars is a well established and popular school with fantastic children, friendly staff and supportive parents and governors. We are looking for a talented individual with a proven track record of success in a busy primary school.

We are looking for someone with:

- Excellent IT and organisational skills
- Excellent relationships and interpersonal skills
- Experience of school finance and personnel
- A flexible and self motivated attitude
- Commitment, energy and a sense of humour

Visits to the school are most welcome. For an application pack, please call the school office. If you would like an informal discussion about the post please call Steve Kelly, Interim Headteacher.

Closing date: 21 January 2008

Interview date: 30 January 2008

We are committed to safeguarding and promoting the welfare of children and young people and this post is subject to an enhanced CRB check.

We are an Equal Opportunities Employer

As a strong community leader, MKC operates a smoke free policy

It's ability not disability that counts

MILTON KEYNES COUNCIL

AA676084

The place to inspire

MEADFURLONG SCHOOL
1 Fishermead Boulevard, Fishermead
Milton Keynes, MK6 2LB
Tel: 01908 661952
Email: meadfurlongm@milton-keynes.gov.uk
Headteacher: Jim Bailey

SITE AGENT

MK3 (£13,098) pro rata

25 hrs per week

Start February 2008

The school is looking for a site agent to take over the responsibility for the efficient and safe running of the school premises.

The successful candidate is likely to be familiar with working in a school environment, have effective organisational and handy person skills. Supervisory and team orientated skills are very important as is the willingness to take pride in maintaining a high level of cleanliness and maintenance.

A full Criminal Records Bureau enhanced check will be needed and the nature of the post requires that the person appointed can be implicitly entrusted with the security of the school.

An application pack is available from Mrs Lynn, school secretary on receipt of an A4 SAE, or collected from the school in person.

Please enclose a completed application form along with a handwritten letter outlining why you think you are suitable for the post.

Closing date: 23 January 2008

Interview date: 29 January 2008

We are an Equal Opportunities Employer

As a strong community leader, MKC operates a smoke free policy

It's ability not disability that counts

MILTON KEYNES COUNCIL

AA676081

AA676085

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CRUITMENT

porary Vacancies

Production Operatives
Warehouse Operatives
9 x Drivers Mates

House East, 499 Silbury Boulevard,
ntral Milton Keynes MK9 2AH
Telephone: 01908 488142
ations Monday-Friday 9am-4.30pm
No appointments necessary

MKNEWS

We are a small artwork company seeking workers as part of expansion of our reputable firm, would you in any way be available to work for us as a part time worker spending 1-3 hours on daily basis from your work or your home.

Call us for more information at
davidmckown01@yahoo.com.ph

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THE RECRUITMENT SPECIALIST FOR TEMPORARY &

ANENT OFFICE AND
DUSTRIAL STAFF

Tel: 01908 540640
ax: 01908 540646

AA673046

Do you want to work in education?

We have vacancies for:
Primary teachers, Secondary teachers, SEN teachers and support staff

For more information contact us on 01908 251 178 or email

AA675670

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BAXTERSTOREY

Mercedes Benz, Tongwell

The successful team members will have our company values of Care, Enthusiasm, Loyalty, Creativity and Fun

BARISTA/CATERING ASSISTANT

8.15am - 3.30pm

You should have great customer care skills, give attention to detail, be reliable and smart. You also ideally will have hygiene training.

Please call Chris Papworth on

01908 245 228

for an informal initial discussion

AA675765

Mechline - Manufacturer and developer of innovative technical products for the commercial foodservice equipment industry.

Sales & Marketing Office Administrator

Person needed with good telephone manner and confidence in talking to customers. Able to communicate professionally, manage enquiries and assist with general information. Some telesales required. Will assist with CRM system and Sales Processing procedures. Responsible for general office operations, including post, office equipment, office supplies, general office assistance, sending out company information, maintaining stock of sales/marketing literature and filing.
Salary circa 12-14K.

Sales & Marketing Business Development Coordinator

New Position - Office-based sales role to manage and initiate B2B sales initiatives, programmes and strategies to develop new markets for dynamic sales-based company. Offering support to existing Territory Sales Executives. Sales experience and proven ability to introduce and develop new business are essential. Some telesales required and comfort with manufactured/technical products a plus. Must be able to work on own initiative, introduce new systems, communicate about products and industry, and professionally represent the business. Knowledge of foodservice industry is a benefit, but not essential. Contact Mechline on 01908 261511 or info@mechline.com. Salary commensurate with experience.

AA676148

HOUSEKEEPER

required

Part Time

6-8 hours per week in North Bedfordshire village.

Washing, ironing and general upkeep for a private home.
Own transport and references required.
Good rates of pay for the right candidate.

Call: 01234 781233
(answerphone)

AA675140

Required

CAR OWNER/ DRIVERS

£600 OTE P/W

FULL TIME

If you own a car & phone, CALL NOW ON:

0800 988 8252

AA675909

Catalogue Distributors required £100-£400pw. Flexi hours, 18+. 0208 3389161. www.biggerincome.info. AA671154

Catalogue Distributors required £100-£400pw. Flexi hours, 18+. 0208 3389161. www.biggerincome.info. AA675953

Earn £400-£600 P/M P/T 18+ delivering and collecting catalogues in your area. Call 01223 281063 AA675785

MKNEWS

CALL
01908
242490
...to advertise

Lenze

Caxton Road Bedford MK41 0HT

INTERNAL SALES ENGINEER

Based at our Bedford Offices.

To provide technical and commercial support to Area Sales Managers and customers as well as undertaking Key Account Management activities to develop new business opportunities. Other duties include occassional customer visits, maintaining/improving sales margins, improving customer satisfaction and maximising stock turns.

The successful applicant will have sales experience and an engineering background, ideally supported by an ONC, City & Guilds Mechanical/Electrical qualification.

Please contact our office for an application form on 01234 321253.

AA675878 www.lenze.co.uk

BEDFORD BOROUGH COUNCIL

Environment and Street Services

Engineer

Salary £25,320 - £28,919

plus leased car/enhanced lump sum and emergency response payment

This new post within the Environment & Street Services Group will be involved with the civil, municipal and environmental engineering services provided by the Council, which includes a diverse range of works from highways and street lighting to drainage works.

We are an 'Excellent' council looking for an exceptional person who will focus on providing a first class service to our customers. This is a varied role and will suit someone willing to lead by example, who has a proactive 'can do' approach to delivering excellent customer service, and is confident working in a multi-disciplinary environment.

You will need to demonstrate knowledge of municipal engineering and an understanding of highways maintenance. Sound financial, staff and contract management skills are essential, as is the ability to meet targets within given deadlines.

You will also be required to participate as one of six first contact officers who provide a rostered response to ensure that the Council can activate its response to major emergency incidents on a 24/7, 365 day basis, for which there will be additional payment of circa £1,100 per annum.

The Council is an Equal Opportunities Employer and positively welcomes applications from all members of the community irrespective of race, colour, gender, religious belief, sexual orientation, age and disability. Selection is on merit alone.

Closing Date: 25th January 2008

For further information and an application form contact the Personnel Department, Town Hall, St. Paul's Square, Bedford, MK40 1SJ, Telephone: (01234) 221609, Textphone (01234) 221827, email: Sgadsby@bedford.gov.uk or download details at **www.bedford.gov.uk**

AA675189

WHY?
SPEND MORE THAN YOU NEED RECRUITING THE RIGHT CANDIDATE FOR YOUR VACANCY?
?
MKNEWS

BEDFORD BOROUGH COUNCIL – AN EXCELLENT AUTHORITY

COMMERCIAL SERVICES DEPARTMENT

BEDFORD DESIGN GROUP

Project Engineer (Electrical)

Salary £25,770 - £29,469

plus £4,000 market supplement, Profit Share and Leased Car

Bedford Design Group is a multi-disciplinary consultancy, working in a commercially based environment, with a large portfolio of work for both Bedford Borough Council and other Clients. Our offices are located in pleasant riverside surroundings in the centre of Bedford.

As part of our plans for the future, we are seeking an Electrical Building Services Engineer to join our small busy, but friendly, M&E team. You will be involved in all aspects of the design, project management, and contract management for the full range of electrical services together with adopted street lighting and external amenity lighting installations in new build, refurbishment, alteration and repair/renewal projects, all on a wide variety of interesting buildings and facilities.

You should have a sound understanding, and recent relevant experience, of Electrical Building Services installations, be self-motivated, have good communication skills, and be IT literate. Preference will be given to applicants with CAD skills. You should be qualified to at least HNC/BTEC level.

We are offering an excellent package, including an attractive pension scheme, free life insurance, annual bonus, a minimum of 26 days holiday, essential user/leased car option, and subsidised restaurant and leisure facilities.

Bedford Borough Council is an Equal Opportunities Employer and positively welcomes applications from all members of the community irrespective of race, religious belief, colour, gender, sexual orientation, age and disability. Selection is on merit alone.

Closing date: 28th January 2008

For further information and an application form contact the Personnel Department, Town Hall, St. Paul's Square, Bedford, MK40 1SJ, Telephone: (01234) 221609, Textphone (01234) 221827, email: Sgadsby@bedford.gov.uk or download details at **www.bedford.gov.uk**

AA675192

STORM PERSONNEL SERVICES

RECRUITMENT CONSULTANT

DUNSTABLE

Salary £18 - £25k plus

GENEROUS INCENTIVES AND BONUS SCHEME

A Fantastic Opportunity Has Arisen To Join This Brand New Branch Of This Well Established Independent Recruitment Agency. If you are seeking a completely fresh challenge and believe you have something special to offer, then this may be the position for you.

Are you a recruitment consultant that has not realised their true potential?

Are you full of ideas but with no way of actioning them?

Are you looking for excitement, a challenge and a lot of fun?

If the answer is yes to these questions then we have a superb opportunity for a Customer Services orientated person to join this forward thinking, highly spirited Company. The ideal candidate will have experience of either running a Commercial or Industrial Temporary Desk.

If you are self – motivated, self- disciplined and enjoy working in a fast moving environment then Storm is the place for you!!

For further information please contact Paula West on 01582 660088/07880 556558 or alternatively you can submit your CV via email: paula@stormpersonnel.com

Storm Personnel Services Ltd,
16 West Street, Maypole Yard, Dunstable, Beds. LU6 1SX 9
(Agency)

AA675841

resolution

URGENT VACANCIES FOR 2008!

German - Customer Services Administrator – St Neots - £15K+ P1715
Must be fluent in German with a high level of spoken English. Processing orders, pricing products and responding to email/fax and telephone enquiries.

Electronics Sales Administrator – Beds – Salary Negotiable DOE P1700
Client is seeking an experienced individual who has a background in the electronics industry. Duties include customer account management, liaising with suppliers, costing materials, placing orders and dealing with all administration and paperwork.
Training to start in January.

Retail Account Manager - Luton – Salary Negotiable DOE P1714
Must have previous experience buying in a baby/children's ladies gifts environment. Managing own client development, networking, product research and a professional approach with key individuals is required. An excellent opportunity.

We are also looking for Graduates with administrative experience, MAC operators and experienced field and internal sales professionals. If you are looking for work please contact us NOW or visit our website for further details of all our vacancies at www.resolution-recruitment.com

tel: 01234 215000
email: office@resolution-recruitment.co.uk
address: 33 Harpur Street, Bedford MK40 1LA
Visit our website for further details of all vacancies
www.resolution-recruitment.com

AA675125

Grab this Opportunity!
FASTWAY
AA675065

Aimhigher Transition Learning Mentor

£20,099 - £22,122 p.a. pro rata

Fixed term contract until 31 October 2008

In this post you will target and support identified pupils and groups to ensure that they achieve their full potential and progress to further and higher education. You will lead group sessions and conduct 1:1 interviews with students in schools and colleges in Luton to encourage young people to consider further and higher education.

You should be: motivated, confident and able to work independently; able to form positive relationships with school/college staff and young people; a positive role model; an excellent communicator; able to plan and lead effective group work; able to empathise with young people facing challenging decisions; able to work flexibly and travel to schools and colleges across Luton.

You will be required to work 42 weeks per year, including some holiday and weekend commitments.

Previous applicants may re-apply.

Closing date: 18 January 2008. *Ref: 08/0742.*

To apply online visit www.luton.gov.uk/jobs

As one of the area's leading employers, we offer excellent benefits and consider our employees to be our greatest assets. To find out more please visit www.luton.gov.uk/jobs, email us at jobs@luton.gov.uk or phone (01582) 546621.

MINICOM users only (01582) 546296.

The Council is committed to safeguarding and promoting the welfare of children, young people and vulnerable adults and expects all staff to share this commitment.

We value equality because quality services need the best people - from the whole community.

INVESTOR IN PEOPLE

LUTON BOROUGH COUNCIL

AA675073

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EVENING VACANCIES

Join Pentagon's Call Centre Team
Priory Business Park, Bedford
Basic Rate £6.50 hr (on target earnings after training £9.50 hr)

Call 01234 836368 today

AA675080

RSPB

for birds
for people
for ever

INVESTOR IN PEOPLE

Regd charity England and Wales no. 207076. Scotland no. SC037654.

Membership Adviser

£14,000 - £15,000 per annum

The Lodge, Sandy

Membership Services hold a "frontline" role within the RSPB, being the first point of contact for our members and supporters who have enquiries.

You will provide an efficient, courteous and professional service to members, supporters and the general public. You will receive, respond to and resolve enquiries on all aspects of the RSPB's work, extracting information from our computerised system and other files. You will need to carry out data entry work/fulfilment work to a high level of accuracy.

You will need to have a clear understanding of the customer care ethic, a good telephone manner, as well as fast and accurate data entry skills and experience of Word. Experience in our Supporter System computer database would be an advantage. Also required are excellent written and verbal communication skills to at least GCSE level English or equivalent.

For further details and an application pack, please see our website www.rspb.org.uk/vacancies

Closing date: 22 January 2008.

AA675875

ROBINSON & HALL

Robinson & Hall is a well established and expanding multidiscipline surveying practice based in Bedford and Ipswich. We operate from the Cotswolds to the East Coast and our Building Surveying Department is looking for the following to join our Bedford Office.

SECRETARY

to provide full secretarial and administrative support for a team of busy building surveyors.

Experienced audio secretary fully conversant with Microsoft Office 2000. Able to work accurately under pressure and on own initiative. Must be able to prioritise and work to deadlines. Good telephone manner essential. Free on site car parking.

ARCHITECTURAL CAD TECHNICIAN

A good understanding of construction and experience in preparing Planning and Building Regulations drawings is essential. The successful candidate will be capable of carrying out measured building surveys, developing designs and producing technical and presentation drawings. Candidates must be AutoCad literate. Our current projects include domestic new build, commercial refurbishments, barn conversions, listed building works and bio fuel energy ventures.

We offer competitive remuneration package based on experience.

Please apply enclosing CV and handwritten covering letter to:
P W Goakes BSc FRICS ACIArb, Robinson & Hall LLP,
118 Bromham Road, Bedford MK40 2QN
Closing date 18th January 2008

01234 352201

AA675074

Market Research Field Interviewers

Local and throughout the UK

Interested in working with one of the largest Research Companies in the World?

Market Research is an opportunity for the public to give their views on things that may affect them and their families.

We offer flexible days to suit different lifestyles (including flexibility for school holidays), frequent working hours, good rates of pay and full training will be provided (no experience necessary).

For more information or an application form, please click:

www.waveadvertising.com/gfknop_microsite

Call the recruitment line: 0800 015 1421

Email: fieldrecruit@gfk.com

GfKNOP is an Equal Opportunities Employer

Find out about our £200 "Golden Hello" applicable to all new Interviewers on completion of 20 days' work.

GfK

AA675167

Safe & Secure Systems
Protecting & Enhancing your Property
Technical Installer of the Year 2007

Security Systems Engineer (Electrical)

Due to further growth and expansion we now require another positive team player to join our friendly and effective team, who are proud to demonstrate excellent service to our clients.

This is a key role with the potential to further develop skills and responsibilities. We require someone who has absolute attention to detail. You must be able to complete an installation/repair of external 240v power supplies in accordance with current 16th edition wiring regulations. Training is always available but a working knowledge of 12/24v circuits and test and inspect capability is essential.

Salary dependent upon proven experience.

www.safesecuresystems.com

Please forward a CV to: Safe & Secure Systems, Unit 6B, Shefford Mill, Stanford Road, Shefford, Beds.

AA675050

SKILLED TRADES PEOPLE REQUIRED

Crestel Property Services is a specialist contractor operating throughout the northern Home Counties. We pride ourselves in having a strong customer focus and a good team working approach to all our operations.

We are looking to recruit the following skilled individuals to support our ongoing expansion:

Shower / Bathroom installers
Multi-skilled / General Trades persons
Ceramic Tilers and Electricians

We are also happy to offer training to the right people, if they possess basic trade skills, but demonstrate the right customer and team working aptitude. The package will include a very competitive basic salary, performance bonus, van and provision of specialist tools.

Please call Niki, on 01462 734443, or email vacancies@crestelgroup.com

AA675883

WITHEY CONTRACTS

TEAM SECRETARY

We are seeking to appoint a Secretary/Administrator to work in our busy Contracts Department.

Duties will include some reception/switchboard cover.

Hours of work: 8.30am-5.30pm, Monday to Friday.

Applicants for this position should apply in writing marked "Private and Confidential" to:
Penny Tomlin, Withey Contracts Ltd,
3 Adams Close, Kempston,
Bedford, MK42 7JE.

AA675895

French/Spanish speakers

required to run fun language clubs for children (part-time). Teaching experience preferable, but not essential. Full training provided. Own transport required. **Call Helen at LCF Clubs on 07759 287 206** or **email on helenjones2005@yahoo.co.uk** for details

AA675652

BIDDENHAM UPPER SCHOOL & SPORTS COLLEGE
Biddenham Turn, Bedford MK40 4AZ
Tel: 01234 342521 Fax: 01234 334530
email: biddenhamupper@schools.bedfordshire.gov.uk

MANAGER OF PERSONAL & CAREERS EDUCATION

Full time

Required as soon as possible

Salary: Senior Officer Scale Point 31 £25,320 (negotiable)

The person appointed to this exciting new post, created for the new 14-19 curriculum, will liaise with employers and teachers to implement work-related learning and will offer high quality information, advice and guidance to our students.

Biddenham Upper School is a vibrant and successful multi – cultural school, which Ofsted have just graded a good school.

This post would suit an applicant who has drive, enthusiasm and the ability to work with people at all levels.

Closing date: Friday 18th January 2008

Application packs are available from the school.

All appointments at Biddenham Upper School are subject to enhanced CRB clearance

AA675888

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MKNEWS

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wsk

PART-TIME SALES EXECUTIVE

WSK Networks are currently recruiting for a Part-Time (25 hours per week) Telesales Executive to drive their Sales Department.

The successful applicant will possess experience within Telesales, the ability to work towards targets, first class communication skills, the ability to build relationships with prospective clients & a strong desire to succeed.

You will be researching new business opportunities via the telephone utilizing tools such as the Internet & Business Pages & securing appointments for the Managing Director.

This company is expanding rapidly so this is a great opportunity to make money within a fast growing industry.

Please send your CV to:
info@wsknetworks.co.uk or call 0870 600 7654

Applicants will be telephone interviewed. Please confirm a time during the day/evening when you are available.

AA676093

EARN UP TO £20 PER HOUR
Basic + Bonus

TRAINEE INSTORE DEMONSTRATORS

- Love to Chat?
- No Hard Sell
- Local Work
- Hours to Suit
- Weekly Pay
- Full Training

If you are interested in joining our sales team

CALL TODAY ON 01525 841110
Transport Required

AA675901

POTTON HOUSE CARE HOME

BIGGLESWADE

A 24 bedded residential nursing home that cares for people with Dementia and Mental Disorders.

Require an

EXPERIENCED PART TIME OFFICE ADMINISTRATOR

to work 20 hours per week over 5 days.
Excellent computer skills required.
This position is subject to a CRB being undertaken.

For an Application Form and further details please call Suzanne Edge, Business Support Manager 01767 314782

AA675896

NEW YEAR – NEW OPPORTUNITIES

Dial House Home Care requires the following additional staff:-

F/T AND P/T HOME CARERS

To work with our clients in Bedford, Woburn and the surrounding villages.

F/T RELIEF HOME CARERS

To work a guaranteed 40 hours a week between the hours of 7am to 10pm, 4 days on 4 days off.

If you are a caring person who enjoys a challenging and varied role, providing a comprehensive, quality personal Home Care Service, we would like to hear from you.

Full training is provided along with good rates of pay. A car and mobile phone are essential

For further information contact Mike Buckingham on 01234 402444 during normal office hours.

Dial House Home Care is an Equal Opportunities Employer

All staff are subject to CRB Disclosures

AA675876

Did 2007 deliver?
What about 2008?

Are you financially challenged?
Is your current job stressful?
Are you looking for a change?
We are looking for Independent, open-minded people who want to enjoy developing a sound, secure income with us. (Initially p/t).
In business for yourself but never by yourself.

Call Peter or Linda at
The Balance Group
08444532010 (24hr)

AA675898

FOSSIL

Concession Supervisor & Advisor

House of Fraser

FOSSIL is a unique company who designs, develops, markets and distributes fashion watches, sun wear, bags and accessories which are predicated on fashion and value

Fashion retail experience required. Full training and guidance on product knowledge will be given. Duties include merchandising within a watch concession inside the House of Fraser, including stock control, handling cash and serving customers. The supervisor will also be required to manage staff rotas and assist with recruitment and training for new starters. You must have excellent communication skills and be computer literate.

Supervisor is a full time position of 37.5 hours per week, Sales advisor is part time to include late nights and weekends on a rota basis.

Please email your cv and cover letter to: ukrecruitment@fossil.com or post to HR, Fossil UK, Featherstone House, Featherstone Road, Wolverton Mill, Milton Keynes, MK12 5TH Closing date: 25th January
No Agencies

AA675201

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AA675257

become a driving instructor

- earn up to £30,000 P.A.
- no previous experience required
- flexible local training
- instructors needed nationwide

Call **NOW** for more information
freephone
0800 840 3503
or visit **www.drivingschool.com** Ref 115

3½ year UK/EU driving licence required. Course fees apply. No more than 5 penalty points.

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neighbourhood nursery
Goldington Family Centre, 30 Meadway, Bedford, MK41 9HU
goldingtonfamilycentre@btinternet.com
01234 341977

NURSERY MANAGER

We require someone with a passion for young children's care and learning, good management experience and an enthusiasm for Partnership working within a Children's Centre.

They will lead the Nursery team in this developing setting.

NVQIII qualifications minimum required

NJC Scale SO2

Also seeking supply staff to support the teams

We wish to fill these posts a.s.a.p. Please send CV by email

Registered Charity Number 1108055

AA675362

The Radcliffe School

Aylesbury Street West, Wolverton,
Milton Keynes MK12 5BT
Telephone: 01908 682 222
Fax: 01908 682 200
Headteacher: John O'Donnell

LEARNING MENTOR

£14,976.76
(37 hours per week, 40 weeks per annum)

Would you like to make a difference to the lives, experiences and learning of our students? We require a Learning Mentor to join our well established team to plan, organise and deliver personal, social and learning support to specific students. You will link with staff, parents and a range of other support agencies to identify ways in which students can overcome barriers to learning and achieve their potential. Experience of helping young people to develop their emotional self-esteem and social skills is desirable.

DESIGN TECHNOLOGY TECHNICIAN

£12,909.14 (actual salary based on 37 hours per week, 39 weeks per annum)

or

TECHNICIAN TEAM LEADER WITH RESPONSIBILITY FOR DESIGN TECHNOLOGY

£17,122.80 (actual salary based on 37 hours per week, 39 weeks per annum)

We require an experienced Design Technology Technician to join our busy school as we develop our facilities and the courses on offer to our students. The successful candidate must enjoy working with students in a classroom environment and be confident in assuming departmental responsibility for health and safety. The possibility of line managing a team of school Technicians will be available for a strong candidate.

For more information and an application pack, please contact Jo Moloney on 01908 682 289 or via jo.moloney@radcliffeschool.org.uk. The closing date for applications is Friday 18 January 2008.

AA676069

NEW YEAR
NEW OPPORTUNITIES

SEECO (UK) LTD

Precision Sheet Metal Engineers

Due to new business contracts in 2008 we have the following Full Time vacancies:

FULLY SKILLED CNC PRESS BRAKE OPERATORS

GENERAL SHOP FLOOR OPERATIVES

and a

LASER-PUNCH COMBI OPERATOR

for an Amada EML 3510 NT.

This position would suit someone with CNC Punching or Laser cutting experience.

Training will be given to the successful applicant.

A Fork Lift Truck Licence would be an advantage.

Applicants can apply on line at
www.seeco.co.uk
Or by telephone: 01234 326800
Seeco (UK) Ltd,
31-33 Brunel Road, Bedford MK41 9TJ

AA672371

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35 Bedroom 3 Star Country House Hotel
3 miles from Bedford town centre.

Has the following vacancies

Restaurant Manager
Assistant Manager
Restaurant Supervisor
Receptionist
Night Porter

To make an application please e-mail your CV to gm@woodlandsmanorhotel.com or write to

FAO General manager
Woodlands Manor Hotel, Green Lane, Clapham, Bedford, MK41 6EP

Please be advised that only candidates considered for Interview will be contacted.

AA675082

WE ARE LOOKING FOR A

MECHANICAL AND ELECTRICAL INSTALLATIONS SUPERVISOR

FOR BEDFORDSHIRE AND EAST ANGLIA REGION

- Familiar with all types of Building Services?
- Good understanding of Health and Safety requirements?
- Approachable?
- Can do attitude?
- Reliable?
- Looking for new challenges and responsibilities?

If the answers to the above are yes then you are the person we are looking for.

Good package with company vehicle supplied.

Please send your up to date CV to:
EI.WHS Ltd, 1 London Road, Great Shelford, Cambridge, CB22 5DB

AA675894

PANEL WIRERS

URGENT!!! Contracts in Beds, Herts and Cambs

DRAUGHTSPERSONS

Contracts in Herts, Oxon, Cambs & Beds

Also required:

Fabricators / Welders

Call Richard Cherry or David James,
richard.cherry@ats.uk.com david.james@ats.uk.com

Action Technical Services Ltd (Agy)
Tel: 01536 536600
Fax: 01536 522664

Visit www.ats.uk.com

AA675330

AA675353

Thompson Motor Co.

require

ADMINISTRATOR/TELEPHONIST

You must be computer literate, have a good telephone manner and be able to carry out general administration duties.

The successful candidate will be of smart appearance, hardworking and trustworthy.

Please call Matthew on 01234 269090 for an immediate interview

AA675068

CALL CENTRE EVENING SUPERVISOR

Are you positive, motivated and pro-active? Do you love sales? Are you a strong people manager? If you also have experience of motivating and supervising a large telesales team, then we would like to meet you.

Salary c. £21k (depending on experience) plus benefits. Hours 1pm to 9.30pm

Apply to Linda Smith, HR Manager, Pentagon (UK) Ltd, 7 Franklin Court, Stannard Way, Priory Business Park, Bedford, MK44 3JZ or e-mail linda.smith@eurodebt.com

AA675076

Spurgeons
for children and young people

SPURGEONS (Registered Charity 1081182) is an International Christian Voluntary Agency providing a range of services for children and families.

3 x CHILDREN'S CENTRE WELCOMERS/ADMINISTRATORS

Starting salary in the range of £13,911 - 14,882 per annum rising to £15,470 per annum
37 hours per week (Ref: 2106)

We are looking for 3 enthusiastic, organised individuals with experience of office administration to join our existing admin team as we develop 3 new Children's Centres in Bedford.

You will have responsibility for the day to day organisation of the centre and it's activities. You will enjoy working with the general public and must have excellent communication and interpersonal skills.

You must have good IT skills and will have the opportunity to set up and develop office systems for the new centre. You will help us to collate statistical information for monitoring and evaluation purposes.

Sure Start Children's Centres aim to give the best start in life to every child by offering integrated education, care, play family support and health services from local centres in the community that families can readily access.

For more information or an informal discussion please contact: John Blair (Administration Manager) Tel: 01234 269512

For an application form and further details please visit our website **www.spurgeons.org** or telephone 01933 417425 (24 hour answering service)

Closing Date: 20 January 2008
Interview Date: 29 January 2008

creating hope • building futures

AA675871

The Chairs of NHS organisations need to be inspirational leaders with board skills gained in major complex organisations. Successful candidates will need to be able to demonstrate strategic vision and a portfolio of skills including governance, financial acumen, performance management, relationship building and the ability to champion change.

Chair

Bedfordshire Primary Care Trust Ref: E7867

The Bedfordshire Primary Care Trust covers the area formerly served by Bedford PCT and Bedfordshire Heartlands PCT. The PCT employs more than 1,400 staff, serving a population of over 420,000 people living in Bedfordshire. It manages an annual budget of £466 million - all NHS money spent on health care in Bedfordshire.

The Chair is expected to devote at least 3 to 3.5 days a week to the role for which the remuneration will be £35,455 a year.

If you think you might have the combination of skills, enthusiasm and commitment these highly visible roles demand, and would like to use them to help shape the NHS for the 21st Century, please visit www.appointments.org.uk or call 0870 240 3802.

Closing date: Thursday, 24th January 2008.

Interview date: Monday, 4th February 2008.

As they are sometimes under-represented on NHS boards, applications from candidates in the minority ethnic communities would be particularly welcome.

The Appointments Commission is committed to equality of opportunity for all and the principle of appointment based on merit following an open and transparent process and independent assessment. An interview access scheme is available for disabled candidates who meet the essential criteria for appointment.

Please note this is a public appointment, not employment.

See **www.appointments.org.uk** or **www.sector1.net** for more public appointments being filled by the Appointments Commission

AA675088

OFFICE ADMINISTRATOR

Due to Maternity leave we are looking for cover for the above role. The role encompasses both Sales & Purchasing duties. Some aspects of this role could lead to a permanent post with the Company at a later date.

The suitable candidate should have experience of working in a similar role, be numerate and computer literate and preferably have some experience of Word and Excel.

EXPERIENCED STORE PERSON

The suitable candidate should have experience of booking goods in & out and stock control, must be numerate and computer literate and able to work on their own.

Please apply in writing enclosing your CV to:

Burners Systems International Ltd
104 College Street, Kempston,
Bedford MK42 8LU

AA675244

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every patient matters

Bedford Hospital NHS
NHS Trust

Deputy Logistics Manager

Band 4 £16,853.00 - £20,261 p.a.
37.5 hours per week **Ref: FIN5**

For further information, please contact Mrs Debbie Banks on 01234 792174.

Closing Date: 13th January 2008
Interviews: 31st January 2008

Personal Assistant

Ref: COPS2

£16,853 - £20,261 p.a. **Full Time**

Required to assist the Director of Corporate Services and the Director of Finance & Performance.

For further information, please contact Kay Bloom on 01234 792100.

Closing Date: 18th January 2008

Operational Support Services Department
Estates Department

Telecommunications Assistants

Band 2 **Ref: EST5**

£12,577 - £15,523 p.a. pro rata
24 hours p.w. worked over a 7 day period, as and when required by the department.

Closing Date: 18th January 2008
Interview date for above posts: 31st January 2008

Operational Support Services Department

Health Records Assistants

1x Band 2 £12,577 - £15,523 p.a. pro rata
30 hours p.w. (9am - 3pm) **Ref: OPS21**

1x Band 1 £12,182 - £13,253 p.a. pro rata
20 hours p.w. (6pm - 10pm) **Ref: OPS20**

Both the above positions require individuals with excellent attention to detail and good communication skills. Recent clerical experience and keyboarding skills are desirable. The role involves a high level of manual handling of records, including lifting and carrying of records.

Closing Date: 13th January 2008

For an application pack and job description for any of the above posts, please apply online at www.jobs.nhs.uk

All disabled applicants who met the minimum criteria for the job will be invited for interview.

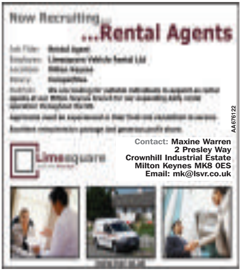
Applicants should note that the offer of employment would be subject to vetting procedures undertaken by the Criminal Records Bureau. We are committed to equality of opportunity and welcome applications from all sections of the community. Bedford NHS Trust is committed to flexible working arrangements. All NHS employees qualify immediately for membership of the NHS pension scheme.

www.bedfordhospital.nhs.uk

AA675100

MKRECRUITMENT

TO ADVERTISE YOUR VACANCY • CALL 01908 242490 • FAX 01908 689550 • EMAIL classified@mk-news.co.uk • ADVERTISING DEADLINE - TUESDAY 5.00PM



Now Recruiting...

...Rental Agents

Contact: **Maxine Warren**
2 Presley Way
Crownhill Industrial Estate
Milton Keynes MK8 0ES
Email: mk@lsvr.co.uk

AA676122

Human Resources Administrator

Primary Distribution Co-ordinator

AA675869

STUCK IN A
DEAD END JOB?
The average salary in IT is
£38k

@dvent

We train you to acquire valuable skills & IT industry qualifications. 97% of students trained by Advent have been offered jobs.

0800 138 1419 For a free brochure (quote ref: MKN)

AA675860

Queens Head Hotel

Milton Ernest, Bedford

We are currently looking for full and part time staff to join our small team.

Applicants must be over 18, have flexible availability and have some experience in relevant departments, however training will be given.

- **FULL TIME KITCHEN ASSISTANT**
- **FULL TIME GENERAL ASSISTANT**
- **PART TIME WEEKEND HOUSEKEEPER**
- **PART TIME BREAKFAST CHEF**

One applicant can take both part time positions.

For more information on all positions or to arrange an interview, please call Bev or Ian on 01234 822412.

Previous applicants need not apply.

AA6750038

Knowles Benning
require
CONVEYANCING PARALEGAL

to assist the conveyancers in our busy Luton office.

The candidate must have good knowledge of conveyancing procedures including exchange and completion formalities and be able to deal with our clients in person as well as by telephone.

Good secretarial skills are also needed.

Please send a C.V. to:
Alan Vernon, Knowles Benning,
2 George Street West,
Luton LU1 2BX.
alan.vernon@knowlesbenning.com

AA675892

Part Time Bookkeeper

required for

Successful expanding small company in Bedford 1 day a week. Must be Sage Line 50, payroll, CIS and Exel competent.

General good all round book keeper with the ability to carry out balance sheet reconciliation leading into management reporting. Happy positive attitude.

Please call 01234 838 789 or 07980 008497
Email CV's to enquiries@pristineltd.co.uk

AA675226

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*super**salon manager***

***super**cuts Milton Keynes*

*require a hands-on hair salon manager to lead a super**team**.*

are you...

- *proactive & have a positive attitude?*
- *committed to supporting & coaching a team?*
- *able to strive towards achieving salon targets?*
- *motivated & can lead by example?*

*in return we offer a super**career**, super**salary**, super**bonuses**, & personal development.*

*call **Julie** now on **07765 898631***
www.supercuts-uk.com

AA675880

Bedfordshire & Luton Mind

Volunteer Mentors

For 1:1 support in Bedfordshire and Luton
Training starts Tuesday 12 February 2008 and will be held in Flitwick

Have you two hours to spare once a week during the day?
Are you interested in people, non-judgmental, prepared to complete the 15-hour training course over four evenings and one Saturday?

We are keen to recruit from all over Bedfordshire and Luton.

Closedown: Noon on Mon 28 Jan 2008

For an application pack, contact 01525 631322, or email hq@bedsandlutonmind.org.uk
From 07.01.08, packs will also be available to download at www.bedsandlutonmind.org.uk

People with disabilities and other under-represented groups are encouraged to apply

Registered Charity No. 1068724

AA675317

WELDER FABRICATOR

Able to read drawings.
Control Panel experience would help.

DP Fabrications Ltd
Chantry Road, Woburn Industrial
Estate, Kempston, Beds MK42 7HU.
Tel: 01234 840166

AA675119

BEDFORD SCHOOL

Bedford School is a major HMC Boarding & Day School educating 1100 boys aged 7-18 years. The School is situated in an extensive and beautiful parkland estate adjacent to the centre of Bedford. Bedford School is part of the Bedford Charity (The Harpur Trust).

FINANCIAL BURSAR

Required to assist the Bursar with the overall financial control of the School including budget preparation, management reporting and year end financial statements. The Financial Bursar also acts as the Treasurer of Bedford School Trust and Bedford School Foundation, two associated charities.

You will have:

- A recognised professional accountancy qualification or be a part qualified accountant with relevant experience
- Knowledge and experience of charity accounts
- Excellent communication and inter-personal skills
- Expertise in the use of computer systems as a financial and accounting tool
- IT and management skills

For an application pack please contact
Tina Hazlewood, Personnel Officer,
Bedford School Bursary on 01234 362218 or
email thazlewood@bedfordschool.org.uk.

Bedford Charity is committed to safeguarding and promoting the welfare of children and is an equal opportunities employer.

www.bedfordschool.org.uk

Closing Date
24 January 2008

AA675886

STORM PERSONNEL SERVICES

BRANCH MANAGER

DUNSTABLE

Salary – Negotiable plus profit share

A Fantastic Opportunity Has Arisen To Join This Brand New Branch Of This Well Established Independent Recruitment Agency. If you are seeking a completely fresh challenge and believe you have something special to offer, then this may be the position for you.

The Role:

- You will be responsible for recruiting, training and managing of all branch staff
- Assisting with the initial setup and advertising
- Researching local markets and servicing existing business
- Through your strategic planning you will be targeted to increase sales, service levels and profitability

Required Experience:

- Industrial recruitment experience and good working knowledge of the local recruitment market.
- Previous management experience
- Track record of increasing both sales and profitability
- Excellent organisational skills with self discipline and a strong desire to succeed.

For further information please contact Paula West on 01582 660088/07880 556558 or alternatively you can submit your CV via email: paula@stormpersonnel.com

Storm Personnel Services Ltd,
16 West Street, Maypole Yard, Dunstable, Beds. LU6 1SX 9
(Agency)

AA675828

Community Sports Coach (Athletics & Disability Coach)

£17,781 - £;19,463 p.a. pro rata

25 hous per week (flexible with occasional evenings and weekends)

Initially a 2-year contract with the possibility of an extension if self funding

Team Beds and Luton with partnership agencies are looking to appoint a part time Community Athletics & Disability Coach.

Current funding allows 21 hours per week athletics coaching and in addition there will be 4 hours per week developing sport for the Disabled in Bedford Borough Area, including athletics and multi-skills work.

You will have the opportunity to work in both primary and secondary schools and you will be expected to contribute to both curriculum and extra-curricular developments. You will also play a significant role in developing pathways into local athletic clubs and disabled clubs.

Closing date: 23 January 2008. ***Ref: 08/0749.***

Interview date: 30 January 2008.

To apply online visit www.luton.gov.uk/jobs

As one of the area's leading employers, we offer excellent benefits and consider our employees to be our greatest assets. To find out more please visit www.luton.gov.uk/jobs, email us at jobs@luton.gov.uk or phone (01582) 546621.

■ ***MINICOM users only (01582) 546296.***

INVESTOR IN PEOPLE

AA675064

MKRECRUITMENT

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TAGG FURNITURE LIMITED

Bespoke Furniture Manufacturer based in Harpenden has a vacancy for a full time

EXPERIENCED CNC ROUTER WOOD MACHINIST

Other machining skills would be an advantage.
Salary to be negotiated.
Please contact: Julia on 01582 461933
or email julia@taggfurniture.co.uk
or Roland on 07850 962015

AA675147

TRAINEE TV AERIAL INSTALLER

required

Must live in the Ampthill/Flitwick area and be over 23 due to insurance purposes.
Training to take place in Bedford.
£300 p/w whilst training and up to £800 p/w once qualified.
Contact Colin on 07976 562749

AA675900

To work in our residential care home for elderly people, in the centre of Bedford. We have vacancies for:

PART-TIME MAINTENANCE ASSISTANT

NEW POSITION £7.10 per hour

BCHA are looking to employ a flexible, self motivated individual, used to working with minimum supervision, who can demonstrate a good standard of general DIY skills.

To undertake general maintenance and repair jobs, covering areas such as basic plumbing, carpentry, decorating, carpet shampooing. No electrical work, except light bulb changing. Some use of heavy equipment may be required.

The hours of work available are between 10 and 20 per week, split between our Residential Care Home and Sheltered Housing Schemes located in Bedford.

Working generally Monday to Friday with occasional weekend work on agreement. Actual working hours each day are flexible and will be agreed with the successful candidate. Candidates must have a car and hold a clean driving licence.

For an informal discussion about this position, please call our Operations Manager Judith Larsen between 09:30 and 16:00 Monday to Friday.

Closing date for applications is Friday 18 January 2008
Interviews will be held on Friday 25 January 2008

CARE STAFF

Carers - £6.60 per hour

Experience preferred but training will be given. Career development opportunities available.

AM shifts are 07.45am -14.30pm
PM shifts are 14.15pm – 21.15pm

BANK CARE WORKERS - £6.60 per hour

We wish to increase the pool of bank staff who we can call upon to provide cover for sickness and holidays within our residential care home.

If you have experience in care then please contact us to find out more.

Closing date for applications is Wednesday 16th January 2008
Interviews will be held on Monday 28th January 2008

Successful applicants for all positions will have to undertake a C.R.B and POVA Disclosure Check.

For an application forms and job descriptions, you can:

Telephone:	01234 321400 after 9am Mon 7th January 08
Fax:	01234 352004
Write to	1A Kimbolton Road, Bedford MK40 2PU
E-Mail	juliebean@bchal.org

AA675084

AA675195

bpha is a major housing association providing high quality housing and excellent customer service across central, southern and eastern England.

Money Advice Assistant

Salary: £17,205 - £19,579 pa **Ref: NC01**

Our Money Advice team provide a comprehensive welfare benefits and debt management service to all our customers, helping us to give excellent customer service. As a Money Advice Assistant, you will be supporting our Money Advisors to respond to customers' numerous queries regarding welfare benefit entitlement and debt management issues on a daily basis.

Relief Customer Services Officers

Salary: £8.91 per hour **Ref: NC02**

Would you like the opportunity to help out on a casual basis as a Relief Customer Services Officer? We would like to establish a small team who could provide relief cover for holiday, meetings, staff training and sickness periods. This will involve working with our Reception team.

Do you work part-time? Would you be interested in working extra hours or working for us on a casual basis?

For both of these posts you need to demonstrate good communication and customer service skills to enable you to liaise with colleagues and external contractors. Can you combine this with an understanding of customers' varied needs and remain calm and organised, whilst dealing confidently with sometimes difficult situations and retaining your sense of humour?

For an information pack please ring 01234 221238 or email jobs@bpha.org.uk quoting the appropriate job reference number.

Closing date for both posts: Monday 21 January 2008.

We offer a good working environment with excellent benefits.

INVESTOR IN PEOPLE

POSITIVE ABOUT DISABLED PEOPLE

www.bpha.org.uk

BPHA is a diverse organisation which actively promotes equality and diversity and encourages applicants from all sectors of the community.

SECRETARY / OFFICE ADMINISTRATOR

required for busy office in Marston Moreteyne, Bedford

Applicants must be experienced in Microsoft Word and Excel, have accurate typing skills and a good telephone manner
Hours: 30 – 35 p.w.

Please apply in writing including current CV to:
Mrs Pat Rogers
NEIL JOHNSON ASSOCIATES
Consulting Civil & Structural Engineers
Unit 9, Beancroft Farm, Marston Moreteyne, Bedford MK43 0QE
e-mail: pat@nja-group.co.uk

AA675950

GENERAL ASSISTANT & WEEKEND CHEF

required for cafe in
Cranfield
Weekend work
9-3 Sat/Sun
Experience an advantage.
Immediate start.
07951 604586

AA675903

Residential / Day Care for People with Learning Disabilities

Payroll/Accounts/Admin Clerk

Numerically minded and computer literate person required to work in Town Centre office.
Mon-Fri, 9-5 (part time hours considered).

Must have competent knowledge of Word & Excel, good organisation skills, ability to follow guidelines and instructions. Support and supervision is provided.

For Application Pack tel. 01234 342626 or email info@lansdownecare.com

Closing date for applications 16/01/08
Interviews to be held in w/c 21/01/08
All posts subject to CRB & POVA

AA675213

Bedfordshire Bathroom Distributors Ltd

19 SHUTTLEWORTH ROAD, ELMS FARM INDUSTRIAL ESTATE,
BEDFORD MK41 0EP

FULL TIME SALES OFFICE PERSON

Good computer skills and telephone manner are essential.
Experience of a similar position would be an advantage.
Hours: 8.30am-5.30pm, Monday to Friday.
Salary in the region of £14,000 per annum.
Please apply in writing including CV to: G. H. Deller.

FULL TIME MULTI DROP DRIVER

(3.5 Transit type vehicle)

Must be 25 or over, have experience of a similar position and a clean driving licence.
Hours from 6.00am to finish.
Competitive salary for the right applicant.
Please apply in writing including CV with salary details to: G. H. Deller.

AA675159

Customer Service Specialists

£16,000* plus bonus and loads of benefits
Caxton Road, Bedford

Can you feel it?

Change. It's in the air, as we develop new ways to generate, distribute and sell energy for the better. And it's in our Customer Service centres, as we encourage our teams to deliver the sort of service they've always wanted to. E.ON is saying goodbye to high volume call targets and standard responses. Instead, we want you to take ownership for each customer interaction, analysing challenging enquiries to find the right solution. In return for your expertise and experience, we're offering great benefits and long-term career satisfaction in a business that will support you to do the right thing. Feel the difference in a business where your energy shapes the future.

To apply, please go to eon-uk.com/careers
or call us on 0800 068 4112

Text **SUNDAY** and your name to **82082**. Please quote reference 45440. For minicom applications, please call 020 7406 5790. Your call may be monitored or recorded for training and quality purposes.

We also have other opportunities available within E.ON, please visit our website for more details.

We actively promote equal opportunities and ensure that all applicants eligible to work in the UK are considered fairly and on merit. We are also committed to customer security and carry out a criminal record check as part of our referencing procedure.

*Starting salary: £15,250 rising to £16,000 after completion of 12 months' satisfactory service.

e·on

AA675062

MKRECRUITMENT

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FRENCH CONNECTION

House of Fraser
Milton Keynes

[illegible]

Concession Manager and Part Time Staff

[illegible]

AA676217

Prince Freight Services Limited

require a

7½ TON DRIVER

for pallet delivery. Good knowledge of Bucks and Herts would be preferred.

Please call Keith on 01908 607919

AA675981

HOLYWELL SCHOOL C of E (VA)

Red Lion Close
Cranfield
Bedfordshire
MK43 0JA
Acting Headteachers:
Miss C. McMaster
Mr D. Hall
Tel: 01234 750381

Required for April 2008 (or earlier)

Music Co-ordinator
MPS + TLR (£2364)

Holywells' music department is very successful and thriving, making a significant contribution to the ethos of the school.

Please telephone the school for a recruitment pack 01234 750381.
Closing date 28th January 2008

Visits to the school are welcomed.

Holywell is a highly successful oversubscribed 9-13 middle school with excellent facilities throughout 542 pupils on roll

Ofsed: "Pupils achieve very good results in national tests. Pupils with special educational needs are encouraged and make good progress.
The high proportion of good teaching is a strength. The provision of extra-curricular activities is a significant strength"

In accordance with the Police Act 1997, all posts in schools are subject to disclosure of criminal records.

AA675172

BIDDENHAM UPPER SCHOOL & SPORTS COLLEGE

Biddenham Turn, Bedford MK40 4AZ
Tel: 01234 342521 Fax: 01234 334530
email: biddenhamupper@schools.bedfordshire.gov.uk

PERSONNEL OFFICER

30 hours per week (term time only + 5 days)
Required as soon as possible
Salary: Level 4A (£18,430-£20,099 pro rata)

A Personnel Officer is required to take responsibility for the recruitment process, contracts, day to day maintenance of personnel files, safer recruitment and all aspects of personnel within the school, together with supporting the Finance Officer and Finance Director when required.

We are looking for a friendly and flexible person who has good ICT skills, is a great organiser, has a flexible approach and is an excellent communicator.

Biddenham Upper School is a vibrant and successful multi – cultural school.

Closing date: Thursday 24th January 2008
Interviews: Thursday 6th February 2008

Application packs are available from the school.

All appointments at Biddenham Upper School are subject to enhanced CRB clearance

AA675890

VEHICLE DELIVERY DRIVERS

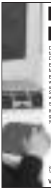
Urgently Required

Based in the local area you will deliver both new & used vehicles to locations throughout the UK.

Appicants must be a minimum of 30 years old, hold a full clean current driving licence and be of SMART APPEARANCE. We offer full-time PAYE employment at competitive rates.

Phone Car Carrying Ltd on
0207 538 8460
for further information

AA655454



Desktop Publisher

Due to expansion Fastway Couriers have a fabulous career driven role for a top flight Desktop Publisher.

Excellent Adobe Creative Suite Design, Microsoft Office and PC skills are required.

Based in Milton Keynes, the Desktop Publisher works within the Marketing team, providing services to franchisees throughout the country. Specifically this entails PC artwork generation, website and manual updates.

Salary £17,500 per annum.

If you are interested in a career role with a fast growing dynamic organisation, please forward your resume to Melvin Hurley.

Mail: Fastway Couriers
Unit 111, MK Two Business Cetre,
Barton Road, Milton Keynes MK2 3HU
Email: melvin@fastwaycouriers.co.uk

FASTWAY COURIERS
www.fastwaycouriers.co.uk

AA675391

KEMPSTON DENTAL PRACTICE

FULL TIME PRACTICE MANAGER

for start early 2008.

Competitive salary to recognise the skills required. The successful candidate should have previous Practice Management or similar experience.

Areas of importance are:
- HR skills to manage a team of 11 people
- Management of day to day running of practice
- Legislation and compliance (both clinical and non clinical)
- Accounts and Bookkeeping
- General office and computer skills

QUALIFIED DENTAL NURSE

Full time for maternity cover, 6 month contract from February '08.
Possible part time future position.

PART TIME DENTAL NURSE

One day per week (Thursdays), experience preferred.

For a full job description and application form for all above positions telephone: 01234 851192

AA675891

AC SOLUTIONS (UK) LTD

Electrical Contractors

Due to expanding workload we require

FULLY QUALIFIED ELECTRICIANS

New build and refurbishment contracts.
Must be able to work on own initiative
Fully conversant in testing and inspection.
Must have 2391 & 16th Edition
Excellent rates of pay, price work available.
Van supplied (CIS or PAYE)
We also require

STOREPERSON

Good knowledge of ordering and stock control
Electrical knowledge helpful but not essential.
Good organisational skills and able to work on own initiative essential.
Full time position based in Shefford
Tel: 01462 850090
Fax: 01462 850035
Email: info@acsolutionsuk.co.uk

A C Solutions is an equal opportunities employer.

COLPAC

EXPERIENCED WAREHOUSEPERSON

Looking for an interesting job with good prospects, pay and conditions, Look no further.

We need an experienced senior warehouseperson to pick orders and generally help in our warehouse. You will need to learn all aspects of operating the finished goods warehouse at Colpac.

You will need at least two years warehouse experience an the ability to drive a counterbalance or side reach or fork truck.

Please apply in writing to:

The Warehouse Manager, Colpac Ltd
Maulden Road, Flitwick, Beds MK45 5BW

AA675215

St Thomas More Catholic School
Tyne Crescent, Bedford, MK41 7UL

FULL TIME TEACHING ASSISTANT

37 Hours per week term time only
Level 2
Required as soon as possible

The successful applicants will be required to work with children with Special Educational Needs at Key Stages 3 and 4. Whilst experience is preferred it is not essential however applicants should have a good level of literacy and numeracy and some experience of working with this age group.

St Thomas More School is committed to safeguarding and promoting the welfare of children and applicants must be willing to undertake child protection screening.

Salary Scale 2A (10-13) £11,561 - £12,901 (term time only)

Closing date 18th January 2008

Application form and further details from School Office
01234 400222 email@stm.beds.sch.uk

AA675058

ANGLO PUMPS LTD

WORKSHOP ENGINEER REQUIRED

We are a rapidly expanding Industrial Pump repair and service company based in Bedford. We require an experienced Workshop Engineer to undertake repair, rebuild and maintenance of industrial pumps and associated equipment.

Electrical and welding experience desirable as is any previous experience in a similar industry. A fork lift truck licence is preferable.

If you are reliable, flexible and keen to join a successful team we would like to hear from you.

Please apply in writing and enclose your CV quoting your current salary to Phil Smallridge.

Anglo Pumps Ltd, 4A/C Aston Road, Cambridge Road Industrial Estate
Bedford, MK42 0LJ

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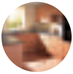

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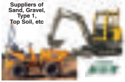

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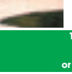

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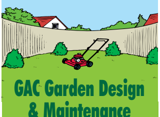

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Public Notices

Violent Crime Reduction Act 2006
Criminal Evidence and Police Act 2001
The Local Authorities (Alcohol Consumption in designated Public Places) Regulations 2001

Milton Keynes Council is proposing to designate the public land bounded by the boundary line on the map of the following parish areas:

a) Newport Pagnell
b) Wolverton & Greenleys

by Order made under the above mentioned Regulations due to recent incidents of anti-social behaviour by persons using alcohol at these locations.

If an Order is made, then a Thames Valley Police Constable or Police Community Support Officer will be able to require the person consuming alcohol in a manner that may result in nuisance or annoyance to members of the public, or disorder, to cease that activity, and if necessary surrender containers of alcohol for disposal as considered appropriate.

The Order would not prevent a person consuming alcohol in a manner that does not give rise to any anti-social behaviour.

Background information on this issue is available for inspection at the Environmental Health Division, Civic Offices, 1 Saxon Gate East, Central Milton Keynes, MK9 3HH, between 9am and 5.15pm, Monday to Friday.

The Council is now consulting widely on this proposal, and observations from members of the general public would be welcomed by noon Wednesday 6 February 2008 at the address below.

Philip Winsor
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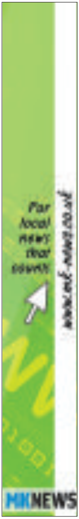

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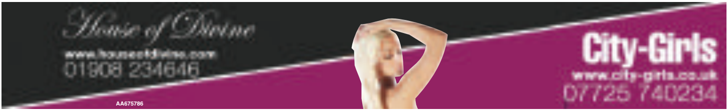

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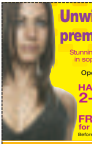

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A NEW flagship Toyota Auris hits the streets this month, giving the range a new sporting edge.

The SR180 does not stint on eye-appeal, with Toyota Motorsport lowered suspension springs giving it a ground-hugging stance and a neat new rear spoiler positioned atop the tailgate.

Dark-tinted rear privacy glass and five-spoke 17-inch alloys add further to the style factor, while the choice of body colours includes an über-cool Pure White.

The SR180 is far from being all-show-and-no-do. The 2.2-litre D-4D engine generates 175bhp, giving responsive and rewarding driving performance through the six-speed manual transmission.

Benchmark acceleration from 0 to 62mph is 8.1 seconds, while the D-4D engine's strong fuel efficiency returns an official 45.6mpg in combined cycle driving.

Further driving rewards are delivered by the dedicated, lightweight double wishbone rear suspension tailored specifically to meet the demands of the model's higher performance characteristics. Vehicle stability control (VSC) with traction control (TRC) are provided as standard.

In keeping with its flagship status, the SR180 has a high equipment specification with automatic dual-zone air conditioning, dusk-sensing headlamps, rain-sensing wipers and cruise control all part of the standard package.

The new model is available to order now, with both three and five-door versions available, priced respectively £17,995 and £18,495 on the road.

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47.1MPG Combined

Retail Price	Our Price	Save
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APR	10.5%
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GFV	£3166.00

DEPOSIT £2798.25

PER MONTH £89.09

NEW
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9.9% APR TYPICAL

47.1MPG Combined

Retail Price	Our Price	Save
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FINANCE EXAMPLE

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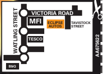

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57K with F/S/H. Metallic blue with grey interior, alloys, CD and full electrics. Excellent condition. 12 months MOT and 12 months warranty with 2/3 years optional.

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Mercedes C320 EVO Panorama AMG SE AUTO 2004 (04) Reg

3 owners, 57K with F/S/H. Black with black leather. Air con, cruise, panoramic glass roof, full electrics, alloys, remote locking, CD and AMG body styling. Immaculate condition. 12 months MOT and 12 months warranty with 2/3 years optional.

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Jaguar X-Type 3.0 V6 SE 4dr Saloon 2002 (51) Reg.

2 owners, 46K with F/S/H. Black with cream leather. Air con, electric windows, electric seats, CD changer, remote locking and alloys. Immaculate condition. 12 months MOT and 12 months warranty with 2/3 years optional.

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Bentley Continental GT Coupé 6.0 W12 2dr AUTO 2004 (04) Reg.
31K with F/S/H. Black with Saffron leather and stained Burr Walnut trim. Air con, full electrics, heated mirrors, heated seats, sat nav, CD, TV, 22" alloys and Bi Xenon. Excellent condition. 12 months MOT and 12 months warranty with 2/3 years optional. **£69,995**

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Mercedes Benz E320 3.2 Avantgarde AUTO Tip Saloon 2004 (54) Reg.
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Jaguar X-Type 2.0 Diesel SE Saloon 2004 (04) Reg.
2 owners, 31K with F/S/H. Metallic blue with cream leather, air con, full electrics, sat nav, CD, remote locking and BBS sport alloys. Immaculate condition. 12 months MOT and 12 months warranty with 2/3 years optional. **SOLD**

Mercedes Benz C180 1.8 Avantagrde SE AUTO Saloon 2002 (52) Reg.
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Jaguar X-Type 3.0 V6 SE 4dr Saloon 2002 (51) Reg.
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SPORTS

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Jaguar X-Type 2.0 Diesel SE Saloon 2004 (04) Reg.
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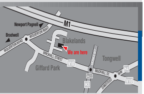

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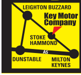

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01 (Y)	**Mondeo 2.0 Ghia Automatic 5dr Hatch,** Blue, Climate Control, Quick Clear Screen	£3,995
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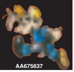

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DONS STATS **RESULTS AND FIXTURES**

		F A
AUGUST		
11 Bury	(H)	1-2
14 Ipswich Town (Carling Cup)	(H)	3-3
Dons win 5-3 on penalties		
18 Macclesfield	(A)	3-3
25 Shrewsbury	(H)	3-0
28 Sheff Utd (CC)	(H) (AET)	2-3
SEPTEMBER		
1 Rochdale	(A)	2-3
7 Notts County	(H)	3-0
15 Brentford	(A)	3-0
22 Darlington	(H)	1-0
29 Morecambe	(A)	1-0
OCTOBER		
2 Mansfield	(A)	2-1
6 Bradford	(H)	2-1
9 Peterborough (JPT)	(H)	3-1
14 Lincoln City	(H)	4-0
20 Hereford	(A)	1-0
27 Stockport	(H)	0-2
NOVEMBER		
3 Wycombe	(A)	1-1
6 Grimsby	(H)	2-0
10 Crewe (FA Cup)	(A)	1-2
13 Bournemouth (JPT)	(A)	2-0
17 Chester	(A)	2-0
24 Chesterfield	(H)	1-2
DECEMBER		
4 Dagenham & Redbridge	(A)	1-0
8 Accrington	(H)	5-0
15 Peterborough	(A)	2-1
21 Brentford	(H)	1-1
26 Notts County	(A)	1-0
29 Darlington	(A)	1-0
JANUARY		
1 Mansfield	(H)	1-0
5 Rotherham	(A)	1-0
8 Gillingham (JPT)	(A)	
12 Barnet	(H)	
19 Wrexham	(A)	
26 Rochdale	(H)	
29 Macclesfield	(H)	
FEBRUARY		
2 Bury	A)	
9 Rotherham	(H)	
12 Shrewsbury	(A)	
16 Wrexham	(H)	
23 Barnet	A)	
MARCH		
1 Chester	(H)	
8 Grimsby	(A)	
10 Chesterfield	(A)	
15 Dag & Red	H)	
22 Peterborough	(H)	
24 Accrington	(A)	
29 Hereford	(H)	
APRIL		
4 Lincoln City	(A)	
12 Wycombe	(H)	
19 Stockport	(A)	
26 Bradford	(A)	
MAY		
3 Morecambe	(H)	

LEAGUE TWO TABLE

			HOME					AWAY						
		P	W	D	L	F	A	W	D	L	F	A	GD	PTS
1	MK Dons	25	8	1	3	24	8	10	2	1	22	10	28	57
2	Hereford	24	5	4	3	17	11	8	3	1	23	12	17	46
3	Rotherham	24	8	2	3	25	15	5	5	1	12	7	15	46
4	Chesterfield	24	4	5	3	17	14	8	2	2	23	11	15	43
5	Peterborough	24	8	2	2	28	13	5	2	5	14	15	14	43
6	Wycombe	25	7	4	1	17	7	5	3	5	17	19	8	43
7	Darlington	22	5	5	1	16	6	6	2	3	20	9	21	40
8	Morecambe	24	6	2	3	18	14	5	4	4	17	16	5	39
9	Chester	24	4	3	5	16	14	6	3	3	21	20	3	36
10	Stockport	25	4	3	5	22	20	6	3	4	18	19	1	36
11	Rochdale	22	4	3	4	13	13	5	5	1	19	15	4	35
12	Shrewsbury	25	7	1	5	20	13	3	3	6	13	18	2	34
13	Accrington S	25	4	1	8	15	23	6	2	4	15	16	-9	33
14	Brentford	25	3	2	7	12	19	6	3	4	15	18	-10	32
15	Grimsby	25	3	4	5	12	17	5	2	6	16	19	-8	30
16	Barnet	23	4	5	3	16	16	3	3	5	10	16	-6	29
17	Bradford	23	4	3	4	11	14	3	3	6	16	17	-4	27
18	Bury	23	3	3	6	11	13	3	3	5	15	17	-4	24
19	Notts County	24	4	2	7	13	17	1	6	4	10	16	-10	23
20	Macclesfield	25	2	6	5	16	20	2	5	5	12	22	-14	23
21	Lincoln City	25	3	3	6	15	22	3	1	9	11	19	-15	22
22	Dag & Red	24	2	4	6	12	20	3	2	7	10	21	-19	21
23	Mansfield	23	4	1	6	17	17	0	3	9	7	18	-11	16
24	Wrexham	23	2	2	8	6	19	2	1	8	9	19	-23	15

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PREVIEW

BARNET
League Two
Saturday, January 12. KO 3pm
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AFTER briefly turning their attentions to the Johnstone's Paint Trophy the Dons are back at home hosting mid-table Barnet.

While the gap at the top was extended to 11 points, the teams in the bottom half of the table are a lot closer with ten point separating the Bees in 16th place and eighth placed Morecambe.

Adam Birchall will be hoping his heroic substitute appearance against Swindon in the FA Cup will help him grab a place in the starting line up. His strike five minutes from time ensured the Bees have another stab at over hauling their League One opposition in a replay.

Drissa Diallo is expected to revert back to right-back following Sean O'Hanlon's return to fitness, he will join Danny Swailes at centre back.

Sean O'Hanlon

If the previous three meetings are anything to go by goals should be expected as the Dons have scored three every time. Last year it was a Clive Platt hat-trick, the first ever for a Dons player, that secured the points.

Steve Bratt has been appointed as referee for the match, he has taken charge of 17 games this season and has handed out 61 yellow cards and one red.

VIEW FROM THE MOOCAMP

PAUL Ince has rubbished rumours that he is on his way to Hibernian.

The Dons boss had been linked to the Scottish Premier League outfit but Ince said the exit talks were 'a bit far fetched'.

He told sky sports.com: "Not to say it's not flattering to be linked with all these clubs, but Scotland is a no for me.

"I'm happy where I am, I've got a job to do, not just this season but long term and I aim to do it.

"As flattering as it is to be linked with clubs here in England and abroad, I am just focusing on everything at Milton Keynes."

MK Dons Under-18s got 2008 under way with a scrappy 1-0 win over Watford.

Stephane Koffi's simple tap-in just before the hour mark was enough to ensure Mike Dove's side took the points.

Troy Farden set up the winner when he turned inside a Watford defender before sending a neat cross into the box for Koffi to slot home.

ON Friday Wycombe Wanderers confirmed the signing of Leon Knight.

As revealed by MK NEWS the striker sealed the deal for an undisclosed fee in an 18-month deal. The former-Dons player told Wycombe's official site he saw the move as a new challenge: "I wasn't playing much at Milton Keynes and I had been out of the team for a month. They're top of the league but they're there to be caught, and Wycombe have been climbing up the table recently so hopefully we can get within touching distance of them."

MK DONS v **ROTHERHAM** SATURDAY, JANUARY 29

Dons goalscorer Mark Wright in a first-half battle with the Rotherham defence

Millmoor ghosts are laid to rest

Keeper tops

WILLY Gueret has picked up the League Two Player of the Month award.

The Dons' shot-stopper conceded just three goals last month as the side went unbeaten and collected 16 points from a possible 18.

It is the second award to recognise the Dons' fantastic December form, following boss Paul Ince collecting Manager of the Month last week.

The Frenchman fought off competition from Hereford United's Theo Robinson, Rochdale's Glenn Murray and Scott McGliesh from Wycombe Wanderers to pick up the award which was won by team mate Lloyd Dyer in October.

Chris Kamara, chairman of the Powerade Player of the Month Awards panel, said: "Willy Gueret enjoyed another fantastic month. His impressive displays saw Paul Ince's side concede just three goals in their six league games to extend their lead at the top of League Two."

BY SIMONE CORGAN
simone.corgan@mk-news.co.uk

LEAVING it late seems to have become a habit for MK Dons, but when the side are 11 points clear at the top fans are certainly not complaining.

The Dons notched up another 1-0 win, their fourth in a row, away at Rotherham and once again it was another goal in the final ten minutes which won them the game.

It was the kind of performance that the Dons will look back on come the end of the season and remember it was far from a convincing display, yet it was another three points in the bag against one of their promotion-hunting rivals.

Millmoor is one ground that stirs up a lot of emotions for the Dons, the last time they travelled to Rotherham it was a date sealed with destiny as they suffered relegation from League One.

But a sneaky win, one which they hope will help reinstate their League One status come May, helped put those ghosts to bed.

On the day the Dons' defence were nothing short of awesome as the Millers threw every player and every ball forward with no result.

And the winner came from some excellent defending in the Dons' box, the Millers had a free-kick cleared by Danny Swailes before Lloyd Dyer picked up possession on the left.

Jemal Johnson was played in and ran from deep inside his own half, into the host's box before squaring for Mark Wright who squeezed it passed keeper Andy Warrington to give the Dons the lead with eight minutes remaining.

Rotherham, who had Derek Holmes head wide and Ryan Taylor's shot go inches passed the top corner, were left to pay for their brief switch off as they handed the Dons the three points.

It was another demonstration of the ruthlessness installed in the Dons player by manager Paul Ince. Despite not being on top form and spending a large part of the match trying to close out attacking threats they were still sent on their travels with a win.

The Millers had plenty of chances to go ahead, but they never did, meanwhile when the Dons were presented a golden opportunity at goal they grabbed it with both hands and buried it into the net.

FIRST WITH THE DONS MATCH REPORT **www.mk-news.co.uk** AFTER THE FINAL WHISTLE

MK DONS

MK DONS v GILLINGHAM (JP TROPHY)

Drewe Broughton fires in a shot against Gillingham last night

Alan Navarro looks to get the ball across

FANS' FAVOURITE WRITES FOR YOU

PAUL MITCHELL

FIRST of all let me start by saying a big thank you to all the supporters for the reception they gave me on Saturday when I turned up for the game.

That type of support has been there all the way through my injury so far and has really helped me in my fight to regain fitness.

Once again Saturday was another massive game in what has been a busy couple of months but 22 points out of a possible 24 is incredible.

Every member of the squad and management deserves a massive pat on the back.

If you look at the fixtures we are more or less at the half way point and if we carry on in the same fashion we are going, come May we will definitely be there or there about.

As I predicted before Christmas, our squad was going to be heavily tested and in my eyes we have passed each test with flying colours.

Looking at the standard of the teams we have beaten there must have been a massive psychological blow to every team in the league waiting for us to slip up.

Let me tell you that the Gaffer and everyone at the club will do everything in their power to make sure that doesn't happen.

As another month passes us by our achievements are again rightly rewarded with the Gaffer receiving Manager of the Month award and Willy collecting the Player of the Month award. This, in my eyes, is long overdue. I cannot stress enough what a difference he has made as he has been absolutely fantastic this season so far.

Usually I would finish by saying see you all Saturday but this week I'll be having my second and, fingers crossed, last operation and hopefully taking a massive leap towards playing once again.

So it's back to cold toast and even colder shepherd's pie for a couple of days.

See you all soon

MITCH

ICE HOCKEY

Twin wins keep Lightning third

LIGHTNING turned on the style at the weekend with two impressive wins to maintain their third spot in the EPL table.

The double win keeps the pressure up on first placed Guildford Flames, who are seven points clear, but Lightning have three games in hand.

Once again in-form Adam Carr was the star of the show following up his hat-trick last week with five goals against Swindon Wildcats.

Despite their guests having a decent run of form ahead of the clash Lightning looked a class above from the offset.

It took nine minutes for them to break the deadlock with Clarke finding plenty of room through the Swindon defence and firing in his first and two minutes later he grabbed his second.

At 2-0 down Swindon would have been optimistic heading into the second period but that confidence was dealt a massive blow when Clarke sealed his hattrick on the 22nd minute.

From then on it never got any better for the visitors as their sloppy play and individual mistakes cost the team and invited Lightning to extend the lead further.

The fourth of the night came on the 32nd minute with goal scoring machine Clarke on the end of swift Lightning movement.

The real nail in the coffin came in the final period as Toni Alassarela scored seconds after face-off before Clarke bagged his fifth of the night.

Lightning's Gary Clarke scores against Swindon

Picture Jez Tibbetts

John Wheaton managed to pulled one back for Swindon on the 47th minute from a power play, but the shot of the evening came from Dan Croft who fired in a super goal from inside the blue line.

Adam Radmall completed another fine display from Lightning five minutes from time to give his side a 8-1 victory.

Their game against Telford Tigers proved tougher than expected with a scoreless first period.

And it took until the final minute of the second period for the first goal to come courtesy of Ales Parez. Adam Carr slotted in the second before Mikko Skinnari made it 3-0 and secured the two points.

■ ON Saturday Lightning host Bracknell Bees at Planet Ice, face-off is at 7pm. They then travel to Guildford Flames on Sunday for the 6pm face-off.

BASKETBALL

Lions up for the cup

MK Lions 90
Williams 27, Windless 18, Jamison 17
Plymouth Raiders 80
Beasley 15, Durham 15, Lasker 15

Cheshire Jets 90
Obazuaye 25, Otten 17, Hamilton 16
MK Lions 87
New 17, Jamison 17, Brown 16

PREPARATIONS are under way as MK Lions head off to their second ever major final and their first in the BBL Cup where they take on Newcastle Eagles Birmingham at the National Indoor Arena this Sunday.

The Lions' owner, Vince Macaulay, who has won Coach of the Month for December said: "It is a very exciting time for Milton Keynes, the Dons are flying high the Lightning are doing well and we are at the top of our league.

"With regards to the game itself it is going to be a very tough physical battle. We are facing a team who know how to win, what we are doing is showing that we have learnt over the years and we are now ready to eat at the top table."

At the weekend the Lions suffered a narrow defeat to Cheshire Jets to leave them second in their BBL Trophy group.

But a win over defending champions Plymouth Raiders keeps them in the mix to qualify for the later stages.

Tony Windless had started the scoring with eight points of his own to give MK a 18-12 lead, only for Gavin Love to hit back with a triple.

In the second quarter Shawn Jamison added six to the board but the Raiders finished with a final 11-5 push.

Macauley's side went back in front after Jamison and Yorick Williams linked up for a 61-55 lead going into the decisive quarter. James Noel scored four early points for the Raiders, but Williams bagged four three-pointers before the visitors responded with a 14-6 run. However, Williams wrapped it up 30 seconds from time following a Windless basket.

A frantic finish against Cheshire Jets cost the Lions a chance to go top of the group. The Lions were trailing 68-64 going into the final quarter, before a 9-3 start gave them their first lead of the match. The Jets hit straight back with a 12-5 tear to retake the lead at 83-80.

Windless nailed a three-pointer to tie with just over a minute remaining. But the Jets' Jason Obazuaye netted with 35 seconds left before Jamison had a chance to level the score but missed the basket.

LOCAL RUGBY

OLNEY stay five points clear at the top of the Southern Counties north league after hammering Amersham and Chiltern 36-0.

Fly half Rhys Peakman was the first Olney player to score when he collected from a scrum to cross the line before captain Dave Smith claimed a try of his own to give his side a 12-0 lead at half-time.

Amersham and Chiltern were worn down in the second-half. Olney's Ian Bennent grabbed two tries and man of the match Tom Stanton helped out the backs as he gathered Steve Gunther's off-load to claim the fifth try of the afternoon.

Peakman bagged the last of the match to round off a superb Olney performance.

THE last time MK lost in the league was in November at the hands of Slough but they got their revenge as they beat their guests 27-10.

MK started the game strongly with Dan Walker collecting the ball on the wing and running through to score in the corner.

A moment of magic from Dan Pearson put them 10-0 up moments later when he chipped the ball over the defence, gathered himself and dived over.

Slough struck twice to score before half-time but not before Walker had grabbed his second try.

After the break Steve Christie and Mads Jesen added two more unconverted tries .

BLETCHLEY suffered defeat to Swanage in the West Two east division.

After seven minutes Bletchley were 3-0 down before a simple chip over their defence took a wicked bounce which the Swanage winger collected and dived over the line for a converted try.

Bletchley were caught off guard when their hosts took a quick line-out on 22 metres and raced to the line for their second try, giving them a 17-0 lead at half-time.

Bletchley's Phil Harman sent a terrific cross kick down field which was fed out to flanker Carl Miller, who beat the Swanage defence to score under the posts for their only score of the match.

MKSPORTSSHORTS

Local Football

IN the South Midlands division one STONY STRATFORD TOWN emerged victorious in an eight-goal feast as they beat Haringey Borough 5-3, while NEW BRADWELL ST PETER won their match against Sun Postal Sports 3-1 and

BUCKINGHAM ATHLETIC won 1-0 against Bedford Town Reserves.

OLD BRADWELL UNITED had their fixture with Markyate postponed.

NEWPORT PAGNELL lost 3-2 away to Wellingborough Town in the United Counties premier division, while division one side OLNEY TOWN were held to a goalless draw with Peterborough Northern Star.

Lightning strikes stwice

MK Lightning have changed their face-off times for two upcoming fixtures.

Their match against Wightlink on Sunday, January 20 will start at 6pm and the tie against Telford Tigers will face-off at 6pm.

Eager Pickering

MK athlete Craig Pickering is eager to start the 2008 season.

With the Olympics taking place this year in Beijing it will be a massive test for the highly-rated sprinter.

The indoor season starts later this month in Glasgow and a year ago Pickering, a European junior 100metres champion, defeated training partner Jason Gardener in a thrilling 60m clash.

Pickering said: "I was overwhelmed with the outcome at last year's event. It was slightly daunting being against so many top athletes, but this year I feel a lot more confident and am again looking to better my times."

The Norwich Union International meeting will take place on January, 26.

MKSPORT

Wednesday, January 9, 2008 | Issue no279 | www.mk-news.co.uk | 50p where sold

Vince ready for Lions' big game

PAGE **103**

One step from Wembley

'No missa' Drissa seals dramatic penalty shoot-out

Johnstone's Paint Trophy Area Semi-Final
Priestfield Stadium

Gillingham 1 MK Dons 1

Dons win 5-4 on penalties

REPORT BY SIMONE CORGAN
simone.corgan@mk-news.co.uk

Goal hero: Jemal Johnson fires in a shot last night

UNLIKELY hero Drissa Diallo sent MK Dons into the Johnstone's Paint Trophy area final, where they will meet Swansea, as they beat Gillingham 5-4 on penalties.

In a dramatic shoot-out the defender scored the all-important winning spot-kick to keep the Dons' Wembley dream alive.

The Gills' Luis Cumbers paid the highest price for hitting the post as Sean O'Hanlon, Mark Wright, Drewe Broughton and Alan Navarro all buried their penalties.

It seemed an impossible feat when Craig Stone fired the home side into the lead on the 84th minute but Jemal Johnson had other thoughts as he raced upfield to knock in the equaliser a minute later.

Although a league separates the two sides they were neck and neck throughout.

The game kicked off at a fierce pace with Jemal Johnson having a super effort blocked in the first five minutes.

Dean Lewington set Johnson on his way from a throw-in and the striker turned winger slinked in the box before blasting an on-the-turn strike but keeper Simon Royce was able to block at his near post.

The Gills were working the offside line well with Gary Mullighan sneaking through to meet a long ball. Drissa Diallo, the only covering defender, could have been in trouble for a high kick instead Mulligan shrugged off the challenge to go one on one with the keeper.

Yet the advancing Willy Gueret did enough to hurry the shot which went high over the bar.

Drewe Broughton should have fired the Dons into the lead on the 31st minute when he found his way through the defence only for his 18-yard strike to be pushed away by Royce for a corner.

Lewington had a last stab at putting the Dons ahead in stoppage time with a 25-yard drive which was parried by Royce and Mark Wright could not make a connection for the follow-up.

And it was the left-back who had the opening chance of the second-half when he sent a free-kick from 20-yards curling over the bar.

The evenly matched sides were not only battling against one another but the elements too.

The wet blustery conditions were making both goalkeepers reassess their clearances while long punts down field were assisted by the strong winds.

Gillingham were left wondering how they were not a goal up in the 74th minute when Mulligan got his head on the end of John Nutter's free-kick, as Gueret's fingertips failed to stop the ball home fans thought they were ahead. But Jude Stirling made a heroic clearance on the line to keep the Dons on level terms.

The moment inspired the Gills and after a period of sustained pressure they took the lead as Craig Stone finished well from Southall's corner.

But like most cup ties there was a twist to come and the Dons response was instant. Johnson burst down the left from the restart and from an almost impossible angle squeezed a shot beyond the keeper and into the back of the net.

Paul Ince's side then kept their cool in the shoot-out to dump their League One opponents out.

TEAMS

GILLINGHAM: Royce, King (c), Mulligan, Facey (Griffiths 45), Southall, Brown (Cumbers 59), Stone, Clohessy, Cogan (Howard 59), Bygrave, Nutter.
Booked: Southall.
Goal: Stone 84

MK DONS: Gueret, Stirling, Lewington, Diallo, O'Hanlon (c), Wright, Broughton, Navarro, Howell, Johnson, Baldock (Taylor 59).
Booked: O'Hanlon.
Goal: Johnson 85

Referee: Dean Whitestone

Attendance: 3, 717

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education and training 2008

Your 8 page comprehensive guide to Education & Training in and around Milton Keynes

Produced by MKNEWS

West End star and nation's favourite Bonnie Langford set to open new Expressive Arts Facility

Thornton College's new Expressive Arts Facility will be opened by Bonnie Langford at the end of the month.

The purpose built facility which has been built within the historic courtyard at the centre of the 11th century manor house building, will be used for dance, music and drama by the School's Nursery, Junior and Senior pupils.

Local building contractor Edgar Taylor has worked closely with specialist architects Acanthus Clews and the Historic Buildings Society to ensure that the new building is in keeping with the School's beautiful architecture.

The Facility has a sprung floor, specialist acoustic and sound system, 3 level lighting system and an automatic ventilation system.

Thornton pupils excel in the expressive arts and this is a wonderful addition to the School's facilities for performance and rehearsals. Girls achieve excellent results in Royal Academy of Dance (RAD), GSCE Dance, London Academy of Music and Dramatic Arts (LAMDA) and the Associated Board of the Royal Schools of Music examinations. All pupils are encouraged to embrace the wealth of opportunities at Thornton to develop their expressive and creative talents.

Bonnie will officially open the Facility for use, watch some of the Junior pupils perform and talk to pupils about her career and about the girls' own aspirations.

Aerial view of the new facility with 6 weeks to go before completion.

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The Rise and Rise of Eaton Mill Primary School

The government league tables for Milton Keynes published this December tell only a part of the success story of a school that has gone from strength to strength in recent years. The League table indicates that Eaton Mill pupils have made the most progress between the end of Key Stage 1 (at age 7) and the end of Key Stage 2 (at age 11).The table is based on a government measure called Contextual Value Added (CVA). This looks at schools nationally, taking account of their broader circumstances, and compares the progress of pupils from age 7 to 11. In Milton Keynes, Eaton Mill shows the most progress.

There has been a steady improvement at the school for a number of years, a fact that is apparent to the local community and reflected in the growing number of parents who are requesting places for their children at the school. In 2002 there were 36 children admitted to the Reception class however last year demand outstripped the number of places available. Warren Harrison, the Headteacher, commented that, "the Local Authority has been very supportive in the school exceeding its admission number which demonstrates a commitment to its revised plan to promote choice, diversity and high standards and indeed a duty to respond to parental concerns about the quality of local schools."

There has been a steady upward trend in children's CVA from 2005 to 2007 in all the core subjects of English, maths and science.

What the raw score tables do not show are some key successes that contribute to these figures and which promise further improvements in the future. There is no unauthorised absence at the school. This is a credit to the partnership that exists between the parents and the school. The school sets out to make it possible for families to know well in advance when holidays are planned and assists families to take advantage of cheaper deals. Warren Harrison, the Head teacher explained; "Rather than talk about the legal threats parents face if their children miss school we aim to help parents spend quality time with their children. It helps the families and it helps the school. We are partners with parents in the education of young people in MK and partners work together. This also applies to other events. Only the other week 500 Eaton Mill family members were at MK Dons together on a Saturday".

Supporting children to get a flying start is the main priority currently at Eaton Mill. The school has established a nursery that is also oversubscribed. In the past many children started Eaton Mill School with little or no high quality pre-school Nursery experience. That situation is rapidly changing which promises further success for Eaton Mill pupils in the future.

Warren Harrison paid tribute to the hard work and dedication of the staff, to the commitment of the Governing Body and to the tremendous support from the community all of which have contributed to the recent success of the school. "We are pleased with what has been achieved here but no one is complacent. We all want to see this school continue to make steady improvement for the benefit of all our families and the wider community"

At what age does your child's education become important?

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Health & Complementary Therapies

Course Code	Course Title	Venues	Start date	Week Days	Start Time	Finish Time	Course Length	Full Fee	Concessionary Fee
01M701KA	Anxiety/Stress Management	Knowles ACE Centre	28-Feb-08	Th, Fr	14:00	17:00	2 days	£36.00	£27.00
01F702KA	Aromatherapy & massage - an Introduction	Knowles ACE Centre	09-Feb-08	Sat	10:00	16:00	1day	£36.00	£27.00
01A703KA	Aromatherapy & massage - Beginners	Knowles ACE Centre	25-Feb-08	Mo	19:00	21:00	10 wks	£89.00	£67.00
01B707KA	Counselling - an Introduction	Knowles ACE Centre	26-Feb-08	Tu	19:00	21:00	10 wks	£89.00	£67.00
01B708XA	Counselling - an Introduction	Stony Stratford ACE Centre	26-Feb-08	Tu	13:00	15:00	10 wks	£89.00	£67.00
01C709XA	Crystal Therapy	Stony Stratford ACE Centre	27-Feb-08	We	19:00	21:00	5 wks	£45.00	£34.00
01D718KA	Reflexology	Knowles ACE Centre	28-Feb-08	Th	19:00	21:00	10 wks	£89.00	£67.00
01F720XA	Reiki Practitioners - Level 2	Stony Stratford ACE Centre	02-Feb-08	Sat	10:00	16:00	2 wks	£60.00	£45.00
01B722SA	Slimming with NLP	Denbigh School	26-Feb-08	Tu	19:00	21:00	5 wks	£45.00	£34.00

Flowers & Gardens

Course Code	Course Title	Venues	Start date	Week Days	Start Time	Finish Time	Course Length	Full Fee	Concessionary Fee
03F701ZA	Bridal Flowers for Your Wedding	Middleton Centre	09-Feb-08	Sat	10:00	16:00	1 day	£36.00	£27.00
03B702SA	Floristry - Beginners	Denbigh School	26-Feb-08	Tu	19:30	21:30	10 wks	£89.00	£67.00
03D206KA	Flower Arranging - Improvers	Knowles ACE Centre	17-Jan-08	Th	19:15	21:15	10 wks	£89.00	£67.00
03D704KA	Flower Arranging Beginners	Knowles ACE Centre	28-Feb-08	Th	14:00	16:00	10 wks	£89.00	£67.00
03C707WA	Latin for Gardeners	Woughton Campus East	27-Feb-08	We	19:00	21:00	3 wks	£36.00	£27.00

Computer Skills

Course Code	Course Title	Venues	Start date	Week Days	Start Time	Finish Time	Course Length	Full Fee	Concessionary Fee
06F234XA	Be a Blogger	Stony Stratford ACE Centre	02-Feb-08	Sat	10:00	13:00	1 day	£18.00	£14.00
06A702KA	Computers for the Terrified	Knowles ACE Centre	25-Feb-08	Mo	19:00	21:00	2 wks	£24.00	£18.00
06C704XA	Computers for the Terrified	Stony Stratford ACE Centre	27-Feb-08	We	10:00	12:00	2 wks	£24.00	£18.00
06B712ZA	Downloading Photos, Videos and music	Christ the Vine Community Centre	26-Feb-08	Tu	19:00	21:00	2 wks	£24.00	£18.00
06F235XA	e-Bay - all you need to know about selling	Stony Stratford ACE Centre	19-Jan-08	Sat	10:00	16:00	1 day	£36.00	£27.00
06A711XA	Excel - an Introduction	Stony Stratford ACE Centre	25-Feb-08	Mo	10:00	12:00	2 wks	£24.00	£18.00
06D700KA	HTML Web Design - an Introduction	Knowles ACE Centre	28-Feb-08	Th	19:00	21:00	5 wks	£45.00	£34.00
06C707BA	Learn to Touch Type	Shenley Brook End School	27-Feb-08	We	19:00	21:00	8 wks	£71.00	£53.00
06F215XA	Love your Laptop!	Stony Stratford ACE Centre	26-Jan-08	Sat	10:00	13:00	1 day	£18.00	£14.00
06E717ZA	Photoshop - an introduction to image manipulation	Old Bath House	29-Feb-08	Fri	10:00	12:00	6 wks	£54.00	£41.00

Cookery, Hair & Beauty

Course Code	Course Title	Venues	Start date	Week Days	Start Time	Finish Time	Course Length	Full Fee	Concessionary Fee
07C700SA	Cookery - African Beginners	Denbigh School	27-Feb-08	We	19:15	21:15	5 wks	£45.00	£34.00
07A703SA	Cookery - Easy Chinese Dishes	Denbigh School	25-Feb-08	Mo	19:15	21:15	5 wks	£45.00	£34.00
07A220SA	Cookery - How to Cook the Basics - More Ideas	Denbigh School	14-Jan-08	Mo	19:15	21:15	5 wks	£45.00	£34.00
07B221SA	Cookery - Indian Beginners	Denbigh School	15-Jan-08	Tu	19:15	21:15	5 wks	£45.00	£34.00
07B706SA	Cookery - Indian Improvers	Denbigh School	26-Feb-08	Tu	19:15	21:15	5 wks	£45.00	£34.00
07E709XQ	Food Safety - CIEH Level 2	Stony Stratford ACE Centre	15-Feb-08	Fr	09:30	17:15	1 day	£60.00	£30.00
07F710KA	Hair Styling - Plaiting & Braiding	Knowles ACE Centre	09-Feb-08	Sat	10:00	16:00	1 day	£36.00	£27.00
07F716KA	Manicure/Pedicure	Knowles ACE Centre	09-Feb-08	Sat	10:00	16:00	1 day	£40.00	£30.00
07C723KA	Theatrical & Media Makeup	Knowles ACE Centre	27-Feb-08	We	17:30	19:30	10 wks	£89.00	£67.00
07B725SA	Threading depilation - an Introduction	Denbigh School	26-Feb-08	Tu	19:00	21:30	1 day	£15.00	£11.00

Sports & Leisure

Course Code	Course Title	Venues	Start date	Week Days	Start Time	Finish Time	Course Length	Full Fee	Concessionary Fee
08C700ZA	Aquacise for All	Watling Way Pool	27-Feb-08	We	18:30	19:15	5 wks	£18.00	£14.00
08A237SA	Badminton - Beginners Plus	Denbigh School	14-Jan-08	Mon	18:30	20:00	8 wks	£54.00	£40.00
08A238SA	Badminton - Improving Your Game	Denbigh School	14-Jan-08	Mon	20:00	21:30	8 wks	£54.00	£40.00
08C235ZA	Golf Beginners	Abbey Hill Golf Centre	27-Feb-08	We	11:30	12:30	4 wks	£24.00	£18.00
08D709ZA	Golf Improvers	Abbey Hill Golf Centre	28-Feb-08	Th	11:30	12:30	4 wks	£24.00	£18.00
08D240ZA	Pilates - Beginners Plus	Tickford Street Community Centre	17-Jan-08	Th	10:45	11:45	10 wks	£45.00	£34.00
08A239ZA	Pilates – Improvers	Green Park Community Centre	14-Jan-08	Mo	11:15	12:15	8 wks	£36.00	£27.00
08D724ZA	Pilates Beginners	Stantonbury Leisure Centre	28-Feb-08	Th	20:30	21:30	5 wks	£24.00	£18.00
08D726LA	Play Netball!	Leon School	31-Jan-08	Thu	18:00	19:00	8 wks	£36.00	£27.00
08A247ZA	Swimming Beginners - Mixed Group	Watling Way Pool	14-Jan-08	Mo	19:00	20:00	10 wks	£45.00	£34.00
08A248ZA	Swimming Improvers - Mixed Group	Watling Way Pool	14-Jan-08	Mo	20:00	21:00	10 wks	£45.00	£34.00
08B245ZA	Swimming Improvers - Women Only	Watling Way Pool	15-Jan-08	Tu	19:30	20:30	10 wks	£45.00	£34.00
08A241SA	Tai Chi - Beginners Plus	Denbigh School	14-Jan-08	Mo	19:30	20:30	8 wks	£36.00	£27.00
08A242SA	Tai Chi - Improvers	Denbigh School	14-Jan-08	Mo	20:30	21:30	8 wks	£36.00	£27.00

Creative & Media

Course Code	Course Title	Venues	Start date	Week Days	Start Time	Finish Time	Course Length	Full Fee	Concessionary Fee
09F779ZA	Acting for Beginners	Madcap Arts Centre	23-Feb-08	Sat	10:00	16:00	1 day	£36.00	£27.00
09F508ZA	Acting Improvers - Stanislavsky and his Method	Madcap Arts Centre	26-Jan-08	Sat	10:00	16:00	1 day	£36.00	£27.00
09E806KA	All that Glitters - craft techniques for cardmaking	Knowles ACE Centre	29-Feb-08	Fri	10:00	12:30	3 wks	£36.00	£27.00
09E760KA	Cardmaking - an introduction	Knowles ACE Centre	08-Feb-08	Fr	10:00	12:00	2 wks	£18.00	£14.00
09B816SQ	Creative Embroidery - City & Guilds Level 1	Denbigh School	26-Feb-08	Tu	19:00	21:00	15 wks	£155.00	£60.00
09C715XA	Creative Writing - Novel Writers' Workshop	Stony Stratford ACE Centre	27-Feb-08	We	19:00	21:00	10 wks	£89.00	£67.00
09B811ZA	Dance - Ballet - an Introduction	Madcap Arts Centre	26-Feb-08	Tu	10:00	11:00	5 wks	£24.00	£18.00
09C787SA	Dance - Ballroom & Latin American - Absolute Beginners	Denbigh School	27-Feb-08	We	18:30	19:30	5 wks	£24.00	£18.00
09C833ZA	Dance - Create & Perform	Watling Way Centre	27-Feb-08	We	19:30	20:30	10 wks	£45.00	£34.00
09D570ZA	Dance - Flamenco Beginners Plus	Queensway Methodist Hall	17-Jan-08	Th	20:00	21:00	10 wks	£45.00	£34.00
09D554ZA	Dance - Salsa Beginners Plus	Queensway Methodist Hall	17-Jan-08	Th	18:45	19:45	10 wks	£45.00	£34.00
09B813ZA	Dance - Tap - an Introduction	Madcap Arts Centre	26-Feb-08	Tu	11:15	12:15	5 wks	£24.00	£18.00
09F509XA	Digital Photography - an introduction using Paintshop Pro	Stony Stratford ACE Centre	12-Jan-08	Sat	10:00	16:00	1 day	£36.00	£27.00
09B831XA	Digital Photography - Improvers	Stony Stratford ACE Centre	26-Feb-08	Tu	19:00	21:00	10 wks	£89.00	£67.00

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Course Code	Course Title	Venues	Start date	Week Days	Start Time	Finish Time	Course Length	Full Fee	Concessionary Fee

Creative & Media (cont)

09A717KA	Digital Photography and Photoshop Elements	Knowles ACE Centre	25-Feb-08	Mo	19:00	21:30	4 wks	£45.00	£34.00
09F553KA	Drawing - the Bigger Picture	Knowles ACE Centre	09-Feb-08	Sat	10:00	16:00	1 day	£36.00	£27.00
09B719KA	Drawing & Painting - Absolute Beginners	Knowles ACE Centre	26-Feb-08	Tu	14:00	16:00	10 wks	£89.00	£67.00
09C720SQ	Drawing & Painting - City & Guilds Level 1	Denbigh School	27-Feb-08	We	19:30	21:30	15 wks	£155.00	£60.00
09D710ZA	Drawing & Painting - unlock the artist within	Milton Keynes Gallery	28-Feb-08	Th	18:15	20:15	5 wks	£45.00	£34.00
09A770KA	Drawing for beginners - observational drawing	Knowles ACE Centre	25-Feb-08	Mo	19:00	21:30	4 wks	£45.00	£34.00
09C721BA	Drawing for those who can't	Shenley Brook End School	27-Feb-08	We	18:30	20:30	5 wks	£45.00	£34.00
09A801WA	Drawing Step-by-Step - Basic Techniques - Further Steps	Woughton Campus East	25-Feb-08	Mo	19:00	21:00	10 wks	£89.00	£67.00
09B571GA	Drawing Step-by-step - Further Steps	Great Linford Arts Workshop	15-Jan-08	Tu	13:00	15:00	10 wks	£89.00	£67.00
09D552XA	Drawing Step-by-step - Further Steps	Stony Stratford ACE Centre	17-Jan-08	Th	10:00	12:00	10 wks	£89.00	£67.00
09C729SA	Dressmaking - Beginners	Denbigh School	27-Feb-08	We	19:00	21:00	15 wks	£134.00	£100.00
09B826KA	Flower Painting for All	Knowles ACE Centre	26-Feb-08	Tu	10:00	12:00	5 wks	£45.00	£34.00
09A783ZA	Guitar – Acoustic - Beginners	Bushfield School	25-Feb-08	Mo	18:30	20:00	15 wks	£100.00	£75.00
09A784ZA	Guitar – Acoustic - Improvers	Bushfield School	25-Feb-08	Mo	20:00	21:30	15 wks	£100.00	£75.00
09D786ZA	Guitar – Electric - Beginners	Bushfield School	28-Feb-08	Th	18:30	20:00	15 wks	£100.00	£75.00
09D785ZA	Guitar – Electric - Improvers	Bushfield School	28-Feb-08	Th	20:00	21:30	15 wks	£100.00	£75.00
09B733GQ	Interior Design - City & Guilds Level 1	Great Linford Arts Workshop	26-Feb-08	Tu	19:30	21:30	15 wks	£155.00	£60.00
09A825GQ	Interior Design - City & Guilds Level 2 - Module 1	Great Linford Arts Workshop	25-Feb-08	Mo	19:30	21:30	15 wks	£155.00	£60.00
09F823GA	Jewellery & Silversmithing - Enamelling Workshop	Great Linford Arts Workshop	09-Feb-08	Sat	10:00	16:00	1 day	£36.00	£27.00
09C749ZA	Life Drawing/Painting	Westbury Farm	27-Feb-08	We	19:30	21:30	10 wks	£120.00	£90.00
09D552GA	Life Drawing/Painting	Great Linford Arts Workshop	17-Jan-08	Th	10:00	12:00	10 wks	£120.00	£90.00
09B828GA	Mixed Media for All	Great Linford Arts Workshop	26-Feb-08	Tu	13:00	15:00	5 wks	£45.00	£34.00
09D789ZA	Morris Dancing - Beginners	Woolstone Community Centre	28-Feb-08	Th	20:00	21:30	5 wks	£36.00	£27.00
09D541GA	Painting in Oils/Acrylics	Great Linford Arts Workshop	17-Jan-08	Th	19:30	21:30	10 wks	£89.00	£67.00
09B825XA	Patchwork Beginners	Stony Stratford ACE Centre	26-Feb-08	Tu	13:00	15:00	10 wks	£89.00	£67.00
09B538GA	Pottery - Beginners and Improvers	Great Linford Arts Workshop	15-Jan-08	Tu	19:30	21:30	10 wks	£89.00	£67.00
09B542GA	Pottery - Beginners and Improvers	Great Linford Arts Workshop	15-Jan-08	Tu	13:00	15:00	10 wks	£89.00	£67.00
09D539GA	Pottery - Beginners and Improvers	Great Linford Arts Workshop	17-Jan-08	Th	19:00	21:30	10 wks	£111.00	£83.00
09B820ZA	Singing for Pleasure	The Walnuts, Simpson	26-Feb-08	Tu	11:00	12:00	5 wks	£30.00	£22.00
09A810KA	Stained Glass - Beginners	Knowles ACE Centre	25-Feb-08	Mo	10:00	12:30	4 wks	£45.00	£34.00
09C764BQ	Stained Glass - City & Guilds 7722 Level 1 - Copper Foil	Shenley Brook End School	27-Feb-08	We	19:30	21:30	15 wks	£155.00	£60.00
09D548ZA	Watercolour Painting - Improvers	Milton Keynes Gallery	17-Jan-08	Th	10:15	12:15	10 wks	£89.00	£67.00
09D549ZA	Watercolour Painting - Post Beginners	Milton Keynes Gallery	17-Jan-08	Th	12:45	14:45	10 wks	£89.00	£67.00
09F775XA	Wirework Jewellery - an Introduction	Stony Stratford ACE Centre	09-Feb-08	Sat	10:00	16:00	1 day	£40.00	£30.00
09A545GA	Woodturning - Mixed Ability	Great Linford Arts Workshop	14-Jan-08	Mo	10:00	12:30	8 wks	£120.00	£90.00

History & Humanities

10A709ZA	Archaeology - First Steps	Central Milton Keynes Library	25-Feb-08	Mo	18:30	20:30	4 wks	£36.00	£27.00
10C206ZA	Family History - First Steps	CMK Library	16-Jan-08	We	18:30	20:30	5 wks	£45.00	£34.00
10C700ZA	Family History - Next Steps	Central Milton Keynes Library	27-Feb-08	We	18:30	20:30	5 wks	£45.00	£34.00

Languages

12F519XA	All Day French – Absolute Beginners	Stony Stratford ACE Centre	09-Feb-08	Sat	10:00	16:00	1 day	£36.00	£27.00
12F518XA	All Day Spanish – Absolute Beginners	Stony Stratford ACE Centre	02-Feb-08	Sat	10:00	16:00	1 day	£36.00	£27.00
12B503WA	French – Advanced Conversation	Woughton Campus East	15-Jan-08	Tu	19:00	21:00	10 wks	£89.00	£67.00
12A502WA	French – Beginners Fast Track	Woughton Campus East	14-Jan-08	Mo	19:00	21:00	20 wks	£178.00	£134.00
12C520SA	French – Beginners Fast Track	Denbigh School	16-Jan-08	We	19:00	21:00	20 wks	£178.00	£134.00
12B521XA	French - Moving on to Advanced 2	Stony Stratford ACE Centre	15-Jan-08	Tu	10:00	12:00	10 wks	£89.00	£67.00
12B504SA	German – Beginners Fast Track	Denbigh School	15-Jan-08	Tu	19:00	21:00	20 wks	£178.00	£134.00
12B508WA	Italian – Advanced Conversation	Woughton Campus East	15-Jan-08	Tu	19:00	21:00	10 wks	£89.00	£67.00
12A506ZA	Italian – Beginners Fast Track	Knowles ACE Centre	14-Jan-08	Mo	12:00	13:00	20 wks	£89.00	£67.00
12B507WA	Italian – Beginners Fast Track	Woughton Campus East	15-Jan-08	Tu	19:00	21:00	20 wks	£178.00	£134.00
12C519WA	Polish – Beginners Fast Track	Woughton Campus East	16-Jan-08	We	19:00	21:00	20 wks	£178.00	£134.00
12C509SA	Russian – Beginners Fast Track	Denbigh School	16-Jan-08	We	19:00	21:00	20 wks	£178.00	£134.00
12A512WA	Spanish – Beginners Fast Track	Woughton Campus East	14-Jan-08	Mo	19:00	21:00	20 wks	£178.00	£134.00
12A516WA	Spanish – Beginners Fast Track	Woughton Campus East	14-Jan-08	Mo	19:00	21:00	20 wks	£178.00	£134.00
12B510ZA	Spanish – Beginners Fast Track	Knowles ACE Centre	15-Jan-08	Tu	12:30	13:30	20 wks	£89.00	£67.00
12C513BA	Spanish – Beginners Fast Track	Shenley Brook End School	16-Jan-08	We	19:00	21:00	20 wks	£178.00	£134.00
12D514ZA	Spanish – Beginners Fast Track	CMK ACE Centre	17-Jan-08	Th	17:30	18:30	20 wks	£89.00	£67.00
12D515ZA	Spanish – Beginners Fast Track	Open University Library	17-Jan-08	Th	19:00	21:00	20 wks	£178.00	£134.00
12F511XA	Spanish – Beginners Fast Track	Stony Stratford ACE Centre	19-Jan-08	Sat	10:00	12:00	20 wks	£178.00	£134.00

Education & Training

13D702XQ	Certificate in Teaching in the Lifelong Learning Sector - Core Unit 1	Stony Stratford ACE Centre	28-Feb-08	Th	18:30	21:15	15 wks	£275.00	£60.00
13D703XQ	Certificate in Teaching in the Lifelong Learning Sector C&G 7304	Stony Stratford ACE Centre	28-Feb-08	Th	09:30	14:30	15 wks	£350.00	£60.00
13B700XQ	Preparing to Teach in the Lifelong Learning Sector C&G 7303	Stony Stratford ACE Centre	26-Feb-08	Tu	09:30	12:00	16 wks	£240.00	£60.00
13B701XQ	Preparing to Teach in the Lifelong Learning Sector C&G 7303	Stony Stratford ACE Centre	26-Feb-08	Tu	18:30	21:00	16 wks	£240.00	£60.00

Business Skills

15D713XQ	Business Administration - OCR Level 2 - Unit 1	Stony Stratford ACE Centre	28-Feb-08	Th	09:30	12:30	12 wks	£175.00	£30.00
15F239XA	Interview Techniques	Stony Stratford ACE Centre	02-Feb-08	Sat	10:00	16:00	1 day	£36.00	£27.00
15A715XF	Manual Book-keeping - OCR level 1 Certificate	Stony Stratford ACE Centre	25-Feb-08	Mo	09:30	12:30	13 wks	£225.00	£30.00
15E231XA	Minute Taking Skills	Stony Stratford ACE Centre	01-Feb-08	Fr	09:30	15:30	1 day	£36.00	£27.00
15A723SA	NLP – Neuro-Linguistic Programming - Improvers	Denbigh School	25-Feb-08	Mo	19:00	21:00	5 wks	£45.00	£34.00
15A230BA	NLP – Neuro-Linguistic Programming – Improvers	Shenley Brook End School	14-Jan-08	Mo	19:00	21:00	5 wks	£45.00	£34.00
15B711XQ	Sage – Computerised Accounts - Level 1	Stony Stratford ACE Centre	26-Feb-08	Tu	19:00	21:00	10 wks	£135.00	£30.00
15C709KQ	Sage – Computerised Accounts - Level 1 - Fast Track	Knowles ACE Centre	27-Feb-08	We	09:30	15:30	4 wks	£110.00	£30.00
15D701XQ	Sage – Computerised Accounts - Level 2	Stony Stratford ACE Centre	28-Feb-08	Th	19:00	21:30	10 wks	£135.00	£30.00
15F207KA	Sage Payroll - an introduction	Knowles ACE Centre	02-Feb-08	Sat	10:00	16:00	1 day	£36.00	£27.00
15A237KA	Starting up a Small Business	Knowles ACE Centre	26-Feb-08	Tu	19:00	21:00	10 wks	£89.00	£67.00

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Best Training Milton Keynes appoints new Centre Manager to cope with growth and expansion

Milton Keynes 2nd Jan 2008 – Best Training Milton Keynes today announced that senior tutor Ann Paisley as been promoted to the new role of Centre Manager in charge of all courses and exams offered at the centre.

Best Training Milton Keynes has more than doubled its workload and turnover in two years as a result of the success of the learndirect* and other contracts it runs. Over 150 learners gained a first Basic Skills qualification in Maths or English with us last year, and many more worked towards an IT qualification. Staff numbers in turn have therefore grown and so we now need to further develop and formalise our staff structure.

Following a long and interesting career in the public sector, Ann Paisley looked for a new challenge and has now worked in the adult education sector for nearly 6 years. Qualified to teach Literacy, IT and ESOL* to adult learners Ann has been with Best Training for the last 3 years. She has been mainly responsible for the success of the learndirect work at the centre and is looking forward to the wider challenge of her new role. "I am very excited at the opportunity to continue helping our learners learn new skills and achieve valuable national qualifications" said Ann today. "Having just opened a brand new training room we have plenty of space to enrol additional learners. Places are available immediately – call me on 01908 261204 to talk about the available options".

- Best Training Milton Keynes is a private-sector training centre established in Milton Keynes in 2002.
- learndirect is a Government-sponsored programme to enable individuals to gain important skills and qualifications. The great advantage of learndirect courses is that whether the learner chooses a Maths, English, IT or business and management course, they're all flexible enough to fit around other commitments. This means anyone can learn at the pace that suits themselves. Courses can generally be followed at a centre or online at work or at home.*
- All learndirect courses are very affordable and many are eligible for government funding. Maths and English courses will be free to most adults (some qualifications apply). In addition, many learndirect courses lead to nationally recognised qualifications.
- ESOL: English for Speakers of Other Languages is a special learning programme to help those whose first language is not English to improve their English skills.

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Resolving to Change: make or break?

Do you believe in New Year resolutions? Admittedly New Year resolutions are in a totally different league to the tooth fairy or Father Christmas, so perhaps the question should be rephrased: Do you believe that New Year resolutions are an effective way to introduce a lasting change in someone's life? Although the question is simple, the answer is not always straight forward.

According to a new poll undertaken by Pitman Training, 50% of all adults made one or more New Year resolutions this January. However, of the half of us who decided to make a change, a third admitted to having their resolve dissolve within the first few days. While it is impossible to say at this stage what percentage of resolutions will be successful, these numbers are not inspiring. Often people have mixed feelings about the subject, as one respondent explained:

"I don't agree with making New Year 'revolutions.' The idea that we go to sleep as one person and wake up and behave totally differently just because it is the first of January seems silly to me. But I do agree that the start of a new year is a great time to question if you are happy with the direction your life is headed in and how it could be made better."

Whether you are in favour of New Year resolutions, think they are a waste of time, or find yourself somewhere in the middle, knowing how to maximise your success at making positive and enduring changes is invaluable knowledge.

Although it sounds obvious, the first step of successful goal achievement is spending time selecting the right goals. It is vital to identify what you really want to achieve, not just what sounds good or you think you should do. Goals must also be consistent with your values or they will not be sustainable in the long term. A good way to start is by writing a 'dream list', of the elements your ideal life would contain.

One mistake that is commonly made when deciding which goals to target is focusing on one thing without considering how that will impact on the rest of your life. To avoid choosing goals which contradict each other, look at how a potential goal will feed your overall development. Broadly speaking there are six life 'areas' to consider: Family & Home, Spiritual/ Ethical, Social & Cultural, Career and Finances, Physical & Health and Mental & Educational. To prevent a one-sided development, it is important that your goals should work towards improving all of these areas together.

For example, the fact that fitness and weight loss were the most popular New Year resolutions identified by Pitman Training's poll is not surprising. Step into a gym in January and you will feel like the proverbial sardine in a tin. The connection between exercise and losing weight is obvious, but failing to consider other factors such as boredom, stress, or loneliness - which could be the root cause of a poor diet and excess weight – could undermine even the most sincere desire to shed pounds.

In order to sustain focus, it is important not to set too many goals. One suggestion is to select goals that overlap your life 'areas'. Pitman Training's poll uncovered that over 25 % of us put changing career or finding a better job as the top priority this year, which can easily be combined with improving other areas. For example, training for a new career would also fulfil mental and educational development needs. By joining social or networking organisations to advance your career you could improve your social sphere at the same time.

Once you have a clear idea of what you want to achieve, the next step is to figure out how to go about it. Break your goal down into key milestones to be attained, i.e. quarterly, monthly and weekly. It is especially important to consider how much time you need to dedicate toward your goals on a day-to-day basis and set it aside. Above all, don't get so hung up on achieving your goals that you forget to enjoy the process of working toward them!

Finally, seek out an organisation who are experienced at supporting people achieve the goals you have identified. Pitman Training Milton Keynes is an example of a local organisation that provides a complete range of services to help people to develop their career. They have a wide range of options; from short courses to develop a specific skill to full vocational diplomas, which impart all the skills you would need for a new career.

Pitman Training is unique in that 98% of all people who enrol on their courses complete them, and of those who complete 99% pass. One reason for these unparalleled figures is the way in which courses are delivered. The time and pace of training is entirely flexible and set by the individual themselves, with experienced tutors on hand to provide advice and support when it is needed. As the UK's largest training provider they have discovered that offering a wide range of end to end services helps people to stay the course. From free goal setting workshops, support with writing CVs and introductions to organisations looking for people with the skills that they train in, their goal is to help the individual to develop as a whole.

Nicki Lloyd, from Pitman Training Milton Keynes adds that:
"Lack of confidence is one of the main obstacles people face when they are thinking about changing or finding a new job. So many people never fulfil their potential because of their fear of failure," she said.

"Here at Pitman Training Milton Keynes, our goal is to help people overcome any self doubts by making learning not only easy but enjoyable. When people have the right training and skills, they develop the confidence they need to get the job of their dreams."

For further information call Pitman Training Milton Keynes on 01908 888627 or visit them online at www.pitman-training.com/miltonkeynes.

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ACCA – 25th February 2008 (10am – 8pm)
AAT – 29th February 2008 (1pm – 8pm)

Contact details
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Fax – 01908 233502
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